

RECREATION CENTER POOL SCHEDULE - MONTH of OCTOBER



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00	Lap swim	Lap swim Masters Swimming	Lap swim Masters Swimming	Lap swim	Lap swim Masters Swimming	Rec Center Pool opens at 7:00AM Saturday & Sunday	
6:30							
7:00							
7:15	Aqua fitness	Lap swim	Aqua fitness	Lap swim	Aqua fitness	Lap swim Masters Swimming	Lap swim
8:00	Lap swim		Lap swim		Lap swim		
8:15	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim
9:00							
9:30	Aqua fitness	Aqua fitness	Aqua fitness	Aqua fitness	Aqua fitness	Aqua fitness	Lap swim
10:00	lap swim	Lap swim	Lap swim	Lap swim	Lap swim	lap swim	
10:30	Lap swim Private lessons	Lap swim Private lessons	Lap swim Private lessons	Lap swim Private lessons	Lap swim Private lessons	Lap swim Private lessons	Lap swim Private lessons
11:00							
11:30							
12:00	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons IMS Students 1/2 pool 12:15 - 1:15 on Wednesdays	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons	Lap swim Private Lessons Open swim
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00	Limited lap swim & Open swim, Private Lessons Group Lessons	Limited lap swim & Open swim, Private Lessons Group Lessons	Limited lap swim & Open swim, Private Lessons Group Lessons	Limited lap swim & Open swim, Private Lessons Group Lessons	Limited lap swim & Open swim, Private Lessons	Limited lap swim & Open swim, Private Lessons	Lap swim Private Lessons Open swim
4:15							
4:30							
4:45	pre-swim team/limited lap & open swim/Private lessons Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons Group Lessons	pre-swim team/limited lap & open swim/Private lessons Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons Group Lessons Youth Swim Clinic	pre-swim team limited lap & open swim Private lessons	pre-swim team limited lap & open swim Private lessons	Rec Center pool closes at 4:45PM on Sundays
5:00							
5:15							
5:30	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	Group Lessons
5:45							
6:00							
6:15							
6:30	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Rec Center pool closes at 6:45PM on Saturday
6:45							
7:00							
7:15							
7:30	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Rec Center pool closes at 6:45PM on Saturday
7:45							
Rec Center pool closes at 7:45PM on weekdays							

Please contact the Rec Center front desk with any questions 775.832.1310