

# RECREATION CENTER POOL

## JULY 2024



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
6:00-7:15 am	Lap Swim	Lap Swim/ Masters Swimming	Lap Swim/ Masters Swimming	Lap Swim	Lap Swim/ Masters Swimming	CLOSED	CLOSED	CLOSED
7:15-8:15 am	Aqua Fit- ness/ Lap Swim	Lap Swim	Aqua Fitness/ Lap Swim	Lap Swim	Aqua Fit- ness/Lap Swim	7:00-8:15 am	Lap Swim/ Masters Swimming	Lap Swim
8:15-9:30 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:15-9:30 am	Lap Swim	
9:30-10:30 am	Aqua Fitness Lap Swim *Fridays at Burnt Cedar					9:30-10:30 am	Aqua Fit- ness Lap Swim *At Burnt Cedar	Lap Swim
10:30am- 12:00 pm	Lap Swim/Private Lessons					10:30 am - 12:00 pm	Lap Swim/Private Lessons	
12:00-3:00 pm	Limited Lap Swim & Open Swim/Private Lessons					12:00- 1:30 pm	Lap Swim/Private Lessons/ Open Swim	
3:00-4:45 pm	Limited Lap Swim & Open Swim/Private Lessons					1:30-4:00 pm	Lap Swim /Private Les- sons/Open Swim	
4:45-5:30pm	Pre-Swim Team /Limited Lap Swim & Limited Open Swim/Private Lessons					4:00-5:00pm	Lap Swim / Private Lessons/Open Swim/Group Lessons 5- 6:45PM Saturdays	
5:30-7:45pm	NNA Swim Team 5:30-6:45pm/Limited Lap Swim/Open Swim					7:00pm Sat 4:45pm Sun	CLOSED	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15am LIQUID CARDIO 9:30am COMBO	9:30am COMBO	7:15am COMBO 9:30am COMBO	9:30am COMBO	7:15am COMBO *9:30am & 10:45am COMBO At Burnt Cedar	9:30am COMBO *At Burnt Cedar

Please contact the Host Desk at (775) 832-1300 or visit us online at [www.inclinerecreation.com](http://www.inclinerecreation.com) for more information  
\*Pool schedule subject to change