

RECREATION CENTER POOL SCHEDULE - MONTH of MARCH



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00	Lap swim	Lap swim & Masters Swimming	Lap swim & Masters Swimming	Lap swim	Lap swim & Masters Swimming	Rec Center Pool opens at 7:00AM Saturday & Sunday	
6:30							
7:00							
7:15	Aqua fitness & Lap swim	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim & Masters Swimming	Lap swim
8:00	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim
8:15							
9:00							
9:30	Aqua fitness & Lap swim	Aqua fitness & Lap swim	Aqua fitness & Lap swim	Aqua fitness & Lap swim	Aqua fitness & Lap swim	Aqua fitness & Lap swim	Lap swim
10:00	Lap swim & Private lessons	Lap swim & Private lessons	Lap swim & Private lessons	Lap swim & Private lessons	Lap swim & Private lessons	Lap swim & Private lessons	Lap swim & Private lessons
10:30							
11:00							
11:30	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons IMS Students 1/2 pool 12:15 - 1:15 on Wednesdays	Limited lap swim Open swim Private Lessons	Limited lap swim Open swim Private Lessons	Lap swim Private Lessons Open swim	Lap swim Private Lessons Open swim
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
3:45							
4:00	IHS swim practice 3:30 - 4:45	IHS swim practice 3:30 - 4:45	POOL CLOSED FOR SWIM PROGRAMS 3:30 - 4:45 Go Highlanders!	IHS swim practice 3:30 - 4:45	IHS swim practice 3:30 - 4:45	Lap swim Private Lessons Open swim	Lap swim Private Lessons Open swim
4:15	Limited lap & open swim, Private/Group Lessons	Limited lap & open swim, Private/Group Lessons		Limited lap & open swim, Private/Group Lessons	Limited lap & open swim, Private/Group Lessons		
4:30							
4:45	pre-swim team/limited lap & open swim/Private lessons/Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons/Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons/Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons/Group Lessons Youth Swim Clinic	pre-swim team/limited lap & open swim/Private lessons/Group Lessons Youth Swim Clinic	Open/Lap Swim *starting 1/18 swim lessons 5:00-6:00pm	Rec Center pool closes at 4:45PM on Sundays
5:00	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim	NNA Swim Team limited lap & open swim		
5:15							
5:30							
5:45							
6:00	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Limited lap & Open swim	Rec Center pool closes at 6:45PM on Saturday	
6:15	Lap swim	Lap swim	Lap swim	Lap swim	Lap swim		
6:30							
6:45							
7:00							
7:15	Rec Center pool closes at 7:45PM on weekdays						
7:30							
7:45							

Please contact the Rec Center front desk with any questions 775.832.1310