



# Aqua Fitness Schedule

## May 2024



**\*\*As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website during the month.\*\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:15am LIQUID CARDIO Shirley 9:30am COMBO Sally	2 9:30am COMBO Shawna	3 7:15am LIQUID CARDIO Shirley 9:30am COMBO Debi	4 9:30am COMBO Shirley
5	6 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	7 9:30am COMBO Kathy	8 7:15am LIQUID CARDIO Shirley 9:30am COMBO Sally	9 9:30am COMBO Debi	10 7:15am LIQUID CARDIO Shirley 9:30am COMBO Debi	11 9:30am COMBO Shirley
12	13 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	14 9:30am COMBO Kathy	15 7:15am LIQUID CARDIO Shirley 9:30am COMBO Sally	16 9:30am COMBO Kathy	17 7:15am LIQUID CARDIO Shirley 9:30am COMBO Molly	18 9:30am COMBO Kathy
19	20 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	21 9:30am COMBO Shawna	22 7:15am LIQUID CARDIO Kathy 9:30am COMBO Sally	23 9:30am COMBO Shawna	24 7:15am LIQUID CARDIO Molly 9:30am COMBO Molly	25 9:30am COMBO Molly
26	27 MEMORIAL DAY No Classes	28 9:30am COMBO Shawna	29 7:15am LIQUID CARDIO Shirley 9:30am COMBO Sally	30 9:30am COMBO Shawna	31 7:15am LIQUID CARDIO Shirley 9:30am COMBO Molly	