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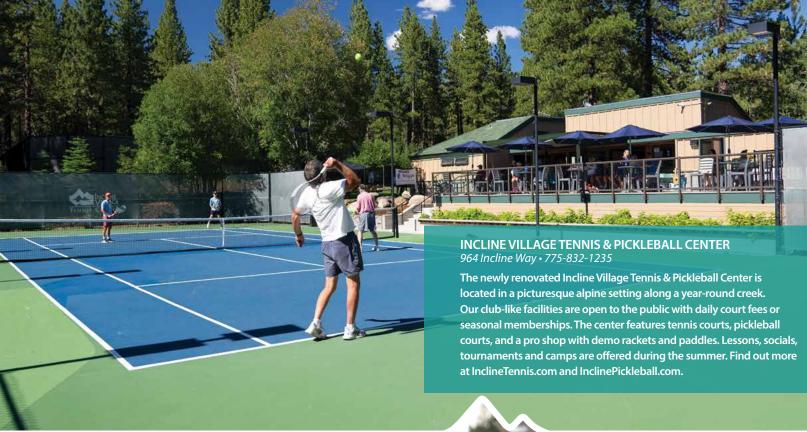


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INCLINE VILLAGE PARKS & RECREATION 980 Incline Way • 775-832-1310

The Incline Village Recreation Center offers a holistic approach to fitness, health and wellness, including a range of specialty services you won't find at your ordinary gym or recreation center. Purchase a membership or daily pass to use the 25-yard indoor pool, cardiovascular/strength room and gymnasium or attend a variety of group and water fitness classes. For rates, activities, sports leagues and community events organized by the Parks & Recreation Department visit InclineRecreation.com.

INCLINE VILLAGE GOLF COURSES

Championship Course • 955 Fairway Blvd 775-832-1146 (May-0ct)

A classic 18-hole public course featuring a Robert Trent Jones Sr. design and lake views. This par-72 course was listed "Best in State" 2012 - 2015 by Golf Digest and top ranked on the 2022 Golf Pass Golfers' Choice lists - #17 overall, #2 for conditions and #3 for layout in the U.S.

Mountain Course • 690 Wilson Way 775-832-1150 (May-Oct)

Our 18-hole, par-58 course is fun, affordable, and quick to play with special 9-hole and twilight rates. Bring the family to enjoy the outdoors together.

Book tee times for both courses at GolfIncline.com.

INCLINE VILLAGE WEDDINGS & EVENTS

955 Fairway Blvd • 775-832-1240

Create an unforgettable experience for your Lake Tahoe wedding, meeting, celebration or golf event. Our facilities include The Chateau at Incline Village, Aspen Grove, The **Championship and Mountain Golf** Courses.

The Chateau features a 5,200 sq. ft. ballroom that can be divided for large or small meetings and events. Aspen Grove is the perfect outdoor venue for up to 120 people. View rates and fill out an inquiry form at InclineFacilities.com.

DIAMOND PEAK SKI RESORT (DEC-APR) 1210 Ski Way • 775-832-1177

Enjoy acres of wide open spaces and fresh air, perfectly groomed trails, tree skiing and 1,840 feet of vertical. Easy access from parking lot to lifts, ski schools for all ages and the most breathtaking views of Lake Tahoe.

Purchase 2022-23 season passes online. Rates increase November 1st. Visit DiamondPeak.com for pricing and details.



Volume 8, Number 3

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COVER PHOTO

Photo by Matt Forsythe

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IVGID FACILITIES & CONTACT INFO

Aspen Grove Community Center	960 Lakeshore Blvd.	775.832.1240
Burnt Cedar Beach	665 Lakeshore Blvd.	775.832.1232
Championship Golf Course	955 Fairway Blvd.	775.832.1146
Diamond Peak Ski Resort	1210 Ski Way	775.832.1177
Incline Beach	967 Lakeshore Blvd.	775.832.1233
Ridgeline Park Fields	939 Southwood Blvd.	775.832.1310
Incline Skate Park	Tahoe Blvd. & Southwood	775.832.1310
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Mountain Golf Course	690 Wilson Way	775.832.1150
Preston Field	700 Tahoe Blvd.	775.832.1310
Public Works	1220 Sweetwater Rd.	775.832.1203
Recreation Center	980 Incline Way	775.832.1310
Ski Beach	967 Lakeshore Blvd.	775.832.1156
Tennis & Pickleball Center	964 Incline Way	775.832.1235
The Chateau at Incline Village $^{\text{\tiny{TM}}}$	955 Fairway Blvd.	775.832.1240
The Grille at the Chateau	955 Fairway Blvd.	775.832.1178
Village Green	960 Lakeshore Blvd.	775.832.1310



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WELCOME MESSAGE FROM TIM KELLY



Welcome to fall in Incline Village, or as I like to call it, "the most sports-crazy village in America."

As we bid farewell to a beautiful Tahoe summer, we welcome autumn to our amazing village and introduce you to the sports programs available this fall. From our youngest community members to our not so youngest, we love to keep our community active, fit and prepared for the snow to fall this winter.

By far the most exciting offering this fall is our "Friday Night Lights" youth coed flag football program. This fastpaced youth program is going into its third season and has attracted over 200 players and volunteers. Friday Night Lights is a 5 vs. 5 coed league that has girls and boys from 1st grade to 8th grade competing from late August to late October. This sanctioned NFL youth flag football league is a part of the national organization where every player receives an official NFL reversible jersey and gets to represent their favorite team. Every Friday night this must-see family favorite takes place on the Ridgeline Park fields. Come out and enjoy the excitement of youth flag football.

An all-time favorite for adults who want to relive their glory days on the gridiron is our Monday night football league. Just like on TV, our 18-and-over coed league is 5 vs. 5 and is loaded with lots of offensive touchdowns and amazing defensive interceptions. Playing under the lights at the Ridgeline Park fields, this league provides a phenomenal way to compete like the good old days while making amazing new friends. Form your own team or come as a free agent. If you want to play some football, this league is for you!

If inside activities are more your kids' jam, then get them into our very popular Gymnastics and Ninja programs.

For girls who dream of being the next Simone Biles, we offer three different levels of gymnastics:

- Mini gymnastics provides an opportunity for the youngest students to learn gymnastic basics.
- Once the basics are mastered, students are invited to move up to the beginner/intermediate group, which pushes abilities on disciplines such as floor, beam and bars.
- Finally, for students who want to be pushed to the highest level we have the competitive team level. Team level gymnasts travel to meets and compete against gymnasts from other competitive gymnastics studios. Led by our phenomenal coaches, this program is extremely popular and very exciting for gymnasts and parents alike.

The Ninja program is a part of our gymnastics program and is offered for girls and boys who want to fly around and be the next American Ninja Warrior! Navigating obstacle courses and flying over barricades is why our Ninja program is very popular with our youngest residents. From Mini Ninjas to our Elementary Ninjas, this program gets the energy up (and out!) at the Recreation Center.

A long running favorite for adults is the Coed Indoor Volleyball League. This 6 vs. 6 league has been going on longer than many of us residents have been alive, and makes for an active, fun night at the Recreation Center for many residents. Make your own team with guys and girls or join as a free agent. We play volleyball from September to November every week.

Your Incline Village Parks & Recreation team wants to celebrate this fall with programs that are welcoming, inclusive and build community. Please come and join one of our leagues - they are for everyone! Whether you're an oldschool legend, or you don't know the difference between a pig skin and an actual pig but just want to make some friends, we will find a spot for you to have fun.

For all of you parents that need a great activity for your kiddos, please sign up for our flag football league or come over to the Recreation Center to watch them learn some flips and tricks. Our team in the Parks & Recreation department loves living and working in the most sports crazy village in America, and we would love to meet you in person.

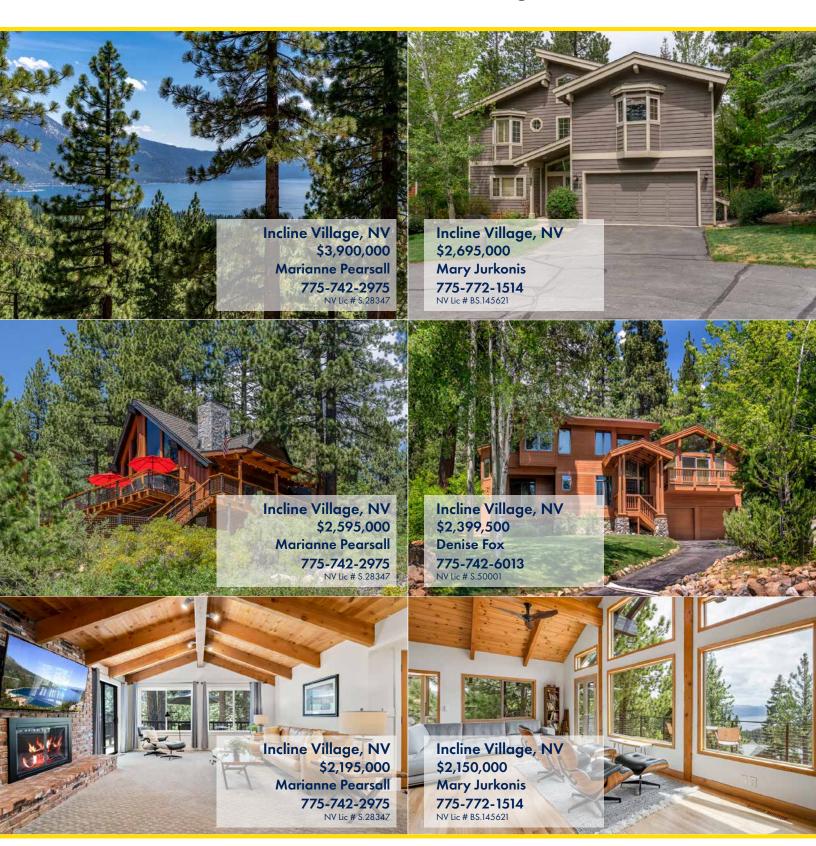
Tim "TK" Kelly,

/im Kelly

Sports and Community Programming Supervisor

Incline Village Parks & Recreation

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INCLINE VILLAGE **RECREATION CENTER**

The Incline Village Recreation Center is among Lake Tahoe's finest fitness and recreation centers: a 37.000 square foot, first-class complex offering activities for all ages. Check out the complete selection of programs, activities and equipment for you and your family to enjoy throughout the year.

The Incline Village Recreation Center is excited to announce the renovation of the upstairs restrooms, and we've also added a LifeFitness Synergy Multi Station to the Cardio Room that includes a low row, lat pulldown. adjustable cable pulley, dip, TRX station and more! It is beautiful and versatile.

Recreation Center Memberships & Rates

The Incline Village Recreation Center offers memberships at affordable rates, with discounts offered for IVGID Picture Pass holders. You can pay annually or monthly to receive an additional discount. Rates are available for singles, couples, families, seniors and students (ages 6-23). Please see inclinerecreation.com for rates and special offers.

Corporate Membership Program:

Keep your company's greatest assets (your employees) happy and healthy with a corporate membership. Research proves a healthy employee is a more productive employee. Check out corporate rates online at inclinerecreation.com, stop by the Parks & Recreation Counter, or call 775.832.1300.

Lap Swim and Gymnasium use

Call 775.831.1300 or pick up a pool and/ or Gym schedule at the Rec Center.

Cardiovascular Room

We offer 30 industry recognized cardiovascular machines including: LifeFitness Powermill stepper, elliptical cross-trainers and bikes, Precor elliptical cross-trainers, treadmills and recumbent bikes. Matrix treadmills, ellipticals and stepper, SciFit upper body ergometer, a Versaclimber and a Concept II Rower. Most cardiovascular fitness equipment has a personal television or is connected to the Broadcast Vision Group Cardio Theater System.

Strength Area

This space includes individual Cybex Eagle and Matrix Strength Circuit machines, a LifeFitness Dual Pulley system and Synrgy Strength system with multiple stations, Free Motion Squat machine, dumbbells up to 100 pounds, several fixed barbells, three flat bench stations and a variety of small equipment for resistance, balance, core, flexibility and agility training. Fitness equipment is maintained and serviced regularly.

Group and Water Fitness Classes

42 weekly group and water fitness classes are offered including: Cardio Cycle, Yoga, Zumba, Cardio/Strength, HIIT, Strength Conditioning, Flexibility/ Balance/Core, TRX Blast, 55+ Fitness and Yoga, plus Liquid Cardio and Combo (deep & shallow water workout).

Snack Bar/Pro Shop

Located in the main lobby, the snack bar and pro shop are your stops for disc golf sets, yoga mats, seasonal logo clothing, headphones, swim wear, goggles, ear plugs, socks, energy bars, nuts, sports drinks, water, and snacks.

Kid Zone

Want to workout but don't know what to do with your little one? The Recreation Center offers childcare by reservation for Recreation Center members. Children ages 1 to 10 years are welcome. Space is limited. View the Kid Zone policy and sign the waiver at the Recreation Counter.



Days of operation: Tuesdays, Thursdays, Fridays & Saturdays

Hours of operation: Reservations are for 70-minute time slots starting at 8:45am, 10am & 11:15am

Available to: Children of 3-month, 6-month, annual, and ongoing Recreation Center membership plan holders

Cost: Kid Zone care is included in the cost of the above membership plans

Other limits: Maximum of six (6) reservations per 7-day period

To reserve a spot:

Call 775.832.1300

In person at the Recreation Center (980 Incline Way).

Reservations must be made at least 16 hours ahead of time

Totally Active (Ages 6-17)

During the school year the Totally Active hours are: 2-5pm Monday - Friday and 12-5pm Saturday and Sunday. Totally Active ends promptly at 5pm; all participants must exit the gymnasium and pool at 5pm. Totally Active hours may vary for special events, and holidays, so please call ahead for gymnasium and pool schedules.

Youth ages 6-10, must be supervised by a parent or adult age 18 years or older.

Totally active participants can use the gymnasium to practice a sport or workout, and a pool lane for lap or free swim when available. Youth (ages 11-17), may be unsupervised for the above activities. To use fitness equipment in the cardio/strength workout area, users must be at least 12 years old, and trained

by a staff member.

Daily Totally Active Fee: \$5/person



The word restaurant means to restore, which is exactly the goal of Fourk Kitchen. Our goal is simple. "We want guests to leave happier than when they came in, provide a reprieve from our chaotic lives and have a feeling of restoration when they leave."

Fourk was created by Executive Chef, Restaurateur and 24-year Military Veteran Paul Jansen. Paul started his culinary journey in 2015 when he left his corporate career of 14 years to start his successful wine bar & tapas concept, Citizen Vine.

In 2019, Paul created Fourk Kitchen, a restaurant concept created to change the way people think about a four-course dining experience. The experience at Fourk is truly unique and very interactive. We are open four nights a week Wed-Sat with limited seating per night. The cost is always \$54 per person for food and our menu consists of four set courses that change monthly. Wine pairings are also available at additional cost.

Our environment is warm, comfortable, and casual while maintaining a classy feel. There are no dining "rules" at Fourk except this: Be yourself, have a great time, and most importantly, enjoy the people you're with.

FOURK KITCHEN RENO

Wednesday through Saturday 5:30 pm Happy Hour 6:15 pm Dinner Service

Private Events - Holiday Parties - Rehearsal Dinners

Gift Cards

Reservations Required

www.fourkkitchen.com









AQUATICS UPDATES

Youth & Adult Private, Semi-Private Swim Lessons, Dive Lessons, all ages

Private lessons are available for all ages and abilities with certified Water Safety Instructors, as well as stroke clinics with our swim coaches. To make a private lesson request,





email the Aquatics Office at aquaticschedule@ivgid.org. All private lessons are subject to availability of instructor staff. Lessons must be paid for in advance; payment must be made at the Recreation Center counter.

Pre-Swim Team/Northern Nevada Aquatics Swim Team (NNA)

Come join Incline's premier swim team for both competitive and novice swimmers. Our USA Swimming certified coaches will evaluate appropriate levels and practice times for each participant. For those who are participating in USA Swimming, the opportunity to travel to USA Swim meets will be available. Swim team fees are due monthly. Please refer to the swim team level descriptions on the website. Ages 6+.

Splashes and Glasses

Swim, connect and indulge with other women on Thursday evenings. The program is focused on beginner, intermediate and advanced skills. Swim and then join the group for an optional après swim outing at various locations around town. Fee: \$12. \$10 w/ IVGID Pass.

Swim Around Tahoe

Complete this program by swimming in the pool, the lake, or whatever facility you desire! Just record your yardage and we will track your progress. Upon completion of the 71-mile journey you will receive a T-shirt and your name on the "Finisher's Plaque" at the Incline Recreation Center pool. This is an ongoing program for all ages with annual registration. Fee: \$35, \$28 w/ IVGID Pass.



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Aqua Fitness Classes

Aqua fitness classes are included with a Recreation Center membership or daily access but there is a special rate (\$11, \$6 w/ IVGID Pass) for those 55+ who just want to attend a class, but not use the other facilities

Liquid Cardio

Get your morning started with one full hour of this kicked up aqua fitness class packed with endurance and strength training exercises. This is not your typical water fitness experience, but rather one that creates a liquid blast of energy, exercise and enthusiasm. Available for all ages.

H2O Basics

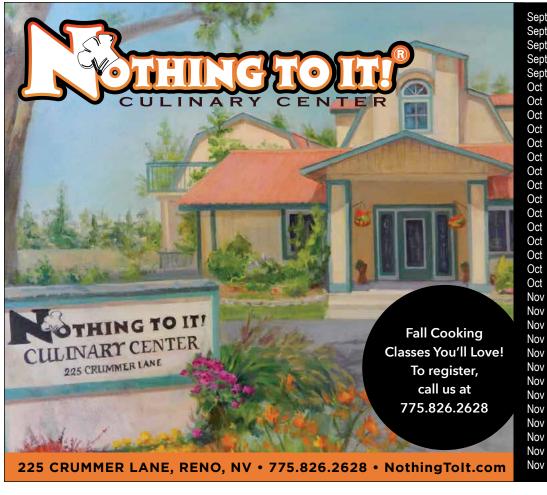
This class offers a low impact way to help increase flexibility, range of motion and focuses on cardiovascular endurance, mobility and muscle toning.

Combo

A combination of all our aqua fitness classes to round out your workout.

Aqua Fitness Personal Training

Training in the water provides a three-dimensional variable resistance environment to strengthen the body and can accommodate any fitness level and most injury limitations. Strength, muscle endurance, cardiovascular endurance, range of motion and fat-burning elements of fitness can be achieved simultaneously in the water with very little impact. Please call 775.832.1350 to arrange for an appointment. Cost: \$50/hour. Available for ages 18+.



Date Night-Italian Sept 16 Artisan Bread 17 Sept 22 Sauces of India Sept 24 Shaped Pasta Workshop Sept 29 Date Night- Tapas Sept Oct 05 Techniques 3 Oct 06 Taste of Burgundy Oct 07 Cooking with German Beers Gluten Free Baking Workshop Oct 80 Kids Cook Oct 11 Knife Skills Workshop Oct 11 12 Oct Techniques 4 Oct 13 Fish & Seafood 14 Oct Taste of Tuscany 18 Oct Teens Cook 20 Oct Sushi Oct 21 Girls' Night Out - Mediterranean Oct 26 Techniques 5 Oct 28 Ramen & Asian Dumplings Oct 29 Autumn Soups & Breads 02 Nov Techniques 6 Nov 03 Basque Table Nov 04 Cannoli & Cannelloni 80 Nov Kids Cook Nov Vietnamese Cuisine Nov Thanksgiving Sides & Desserts Taste of Southern Italy Nov 11 Nov 12 Sauces Workshop Nov 15 Teens Cook Nov 16 Private Team building Couples Pre-Holiday Night Out Nov 18 Pie Crust & Pie Workshop Nov 19

Gifts from the Kitchen

30

SENIOR PROGRAMS



SENIOR PROGRAMS

Senior Mountain Biking/E-Biking

This summer, 55+ mountain bike and e-bike riders can sign up and explore bike paths and off-road trails throughout the Lake Tahoe Basin and Truckee. This program welcomes riders of all abilities from beginning levels to moderate intermediates. Bring water, lunch, sunglasses, sunscreen, and your bike (helmets highly recommended). Wear appropriate shoes and clothing. All sessions are weather permitting when safety is affected.

Dates: Wednesdays through Sept. 28, meet at 8:45am for a prompt 9am departure

Fee: \$14, \$11 w/ IVGID Pass

Locations: Various local bike trails, meet in the Recreation

Center parking lot

Registration: In advance online, via phone or in-person at the

Recreation Center

Schedule & Details: Check inclinerecreation.com

55+ Jabber Walkies

Join IVGID Senior Programs in a new hiking opportunity! Walk and talk at a leisurely pace in these 3-4 mile hikes with gentle elevation gain. Enjoy the views, take photos, and make friends! Bring water, lunch, sunglasses/hat, sunscreen and hiking poles. Wear appropriate shoes and clothing. All hikes are weather permitting when safety is affected.

Dates: Mondays through Oct. 24, meet at 8:15am for a prompt 8:30am departure

Fee: \$14, \$11 w/ IVGID Pass

Locations: Various local trails and walking paths, meet in the

Recreation Center lobby

Schedule & Details: Check inclinerecreation.com

55+ Hiking Series

Join IVGID Senior Programs every Tuesday for guided hikes to beautiful Lake Tahoe locations. Meet in the back of the Recreation Center parking lot. Bring water, lunch and sunscreen (camera and hiking poles optional). Wear appropriate shoes and clothing.



Dates: Tuesdays through Oct. 25

Time: 8:30am - 3:30pm* Fee: \$14, \$11 w/ IVGID Pass

Registration: In advance online, via phone or in-person at the

Recreation Center

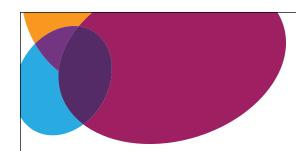
Schedule & Details: Check inclinerecreation.com

* some hikes require more/less time.

Fall Moonlight Hikes & Socials

One-mile, paved road hikes to the Crystal Bay lookout site that usually include a spectacular sunset and ensuing moonrise. The outing includes transportation, wine, cheese, and snacks provided by IVGID Senior Programs. Sign up and enjoy the views, friends, refreshments and fun! Participants are encouraged to wear warm clothing and bring a flashlight. If you would like to participate, but are unable to hike either or both ways, you may ride in the van to join the group at the top and enjoy the views and the fun! Open to all adults and seniors ages 21+.

Continued on page 14



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SENIOR PROGRAMS

Fee: \$25, \$20 w/ IVGID Pass.

Dates: Sept. 9, Oct. 10

Location: meet at the Recreation Center at 5:45pm for checkin and prompt departure at 6pm

Registration: In advance online, via phone or in-person at the **Recreation Center**

Schedule & Details: Check inclinerecreation.com

Conversation Café

Conversation Café is a drop-in forum hosted by the Senior Programs staff. Interact with people, share diverse views and a passion for engaging with others over interesting topics, local issues, and world news items. Candid discussions about selected topics elicit frank comments, and the dissemination of information, often with humorous anecdotes and interjections. Do you have a Conversation Café topic idea? Contact IVGID Senior Programs at 775.832.1310 or email ideas to jennifer_moore@ivgid.org.

Location: Aspen Grove, 960 Lakeshore Blvd.

Dates: Thursdays, except holidays, 10am - 11:15am Fee: Free. Donations accepted for coffee and snacks.







Senior Transportation

The Senior Transportation Program services include regular transportation opportunities for shopping, errands, outings, and medical or personal appointments. This door-to-door, reliable, affordable service provides local seniors a way to get around, run errands, make appointments, and take care of business. Reservations are required. Please call the Senior Transportation Hotline at 775.886.1020 and leave the requested information for local errands at least 24 hours in advance for the Tuesday, Wednesday and Friday services. The fee for regular Tuesday, Wednesday or Friday weekly transportation is \$5.

"On Demand" transportation is available for other individual needs. \$35 per person includes a same-day round trip for errands, appointments, personal services, etc. (additional fees apply after 3 hours). Airport transportation services (drop-off or pick up), are \$45 per person. Book "On Demand" transportation services at least 72 business hours in advance at 775.886.1020.

Transportation services may be subject to alteration or cancellation in extreme weather and are subject to driver and vehicle availability. Requested destinations are limited to Washoe County and adjacent communities (i.e. Carson City, Stateline, Truckee, and Kings Beach).

Incline Village/Crystal Bay Veterans Club

Veterans, supporters and community members are always welcome to join the club and the monthly lunchtime meetings! General Membership meetings are held the last Thursday of the month, January through October, from 12 - 2pm at the Chateau, 955 Fairway Blvd, in Incline Village. Join this dynamic group and be involved with special events and unique opportunities to honor and support local veterans, military service agencies, and special veteran support operations in the community, state, country and world. Lunches are free for dues paying members - \$30 Annual Membership - and \$7 for nonmembers and guests.

BEPREPARED FOR Wildfire Season





Public Safety Outage Management (PSOM) is a key measure of defense against wildfires. During a PSOM event, power is shut off for safety in extreme and elevated fire risk areas when certain environmental conditions are met to help prevent wildfires.

- Be prepared for a PSOM event: Update your contact information at nvenergy.com/myaccount.
- If you or permanent members of your household are dependent on electrically operated medical equipment 24/7, we encourage you to enroll in our Green Cross program.
- Know your PSOM Zone.
- Identify backup charging methods for phones, including a cell phone charger that can be used in the car.

- Have a personal safety plan in place for every member of your household including pets and livestock.
- Know how to manually open your garage door.
- Build or restock your emergency kit with flashlights, fresh batteries, first-aid supplies, food and bottled water per the guidelines found at ready.gov.
- Sign up for emergency alerts from your county so that you can be informed of other wildfire safety-related updates.



SENIOR PROGRAMS

Incliners

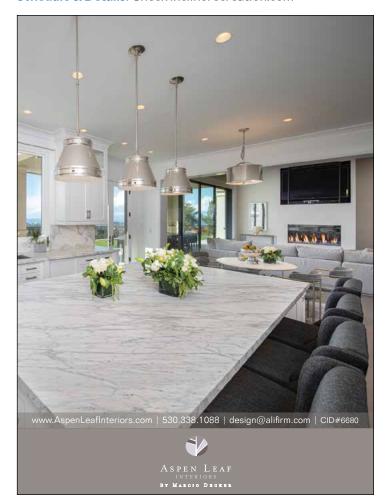
The Incliners is the longest-running IVGID senior program providing social, recreational, and educational opportunities for more than 500 seniors ages 49+. The group usually meets at The Chateau or Aspen Grove from 5:30 - 9pm on the third Tuesday of each month for a themed catered dinner, followed by music and dancing. Periodically, the group meets on the first Tuesday of the month for member appreciation nights which may include bingo, trivia, or guest speakers. During the winter ski season, an après ski lunch event is held on Wednesdays at Diamond Peak.

For membership information and details on the current month's events, visit www.incliners.org. If you have questions, email us at incliners@hotmail.com.

Trips, Tours & Adventures!

Join the fun and venture out! Travel to various destinations around Lake Tahoe and the surrounding areas. Visit places you've always wanted to see or see again like Apple Hill and Nevada City. Check with IVGID Senior Programs for last minute trip additions. Trip ideas and requests are always welcome.

Schedule & Details: Check inclinerecreation.com





Dashing Through the Snow 55+ Snowshoe Hikes & Lunch

Trekkers of all abilities are welcome to join IVGID Senior Programs for weekly light to moderate level snowshoe hikes at various locations throughout the beautiful North Tahoe area. Following the hikes, relax and socialize with fellow snowshoers and enjoy a delicious lunch at a local eating establishment. Hikes are subject to current weather conditions. Bring your own gear.

When: Tuesdays, 10am – 2pm (November* – March) Fee: \$21, \$17 w/IVGID pass. Fee includes staff guides, transportation & lunch.

* November dates are weather dependent - snow is required.

55+ Cross Country Ski Excursions

Beginner through intermediate levels welcome! Call Senior Programs for more info!

55+ Ski Clinics At Diamond Peak

Don't miss this great opportunity to hone your skills, master safe skiing, and meet fellow skiers at Diamond Peak. PSIA Certified Instructors provide intermediate (Lakeview), and advanced (Crystal) level instruction in these weekly ski clinics. Novice skiers are welcome to attend, but should start with a lesson from Diamond Peak Ski School (group or private) until they can reasonably and comfortably get down a blue run (intermediate terrain) to join the program.

Instruction is designed to help skiers improve, adjust, or modify techniques plus encourage skills and habits that support lifelong skiing. Re-entry skiers are welcome! Learn about the latest equipment and skiing technology. Meet upstairs in the Loft Bar at Diamond Peak's Main Lodge. Skiers must have a Diamond Peak day pass or season pass. Bring your own equipment - rental equipment is available for a fee.

Dates: Wednesdays, January 5 - April 13 (No clinic the week of the President's Day holiday)

Time: 9:30am - 12pm

Fees: \$250/10 weeks or \$200/10 weeks; \$150/5 weeks or \$125/5 weeks w/IVGID pass; Drop-in rate \$45 per day or \$35 w/IVGID pass. YOU choose the weeks you want to attend!

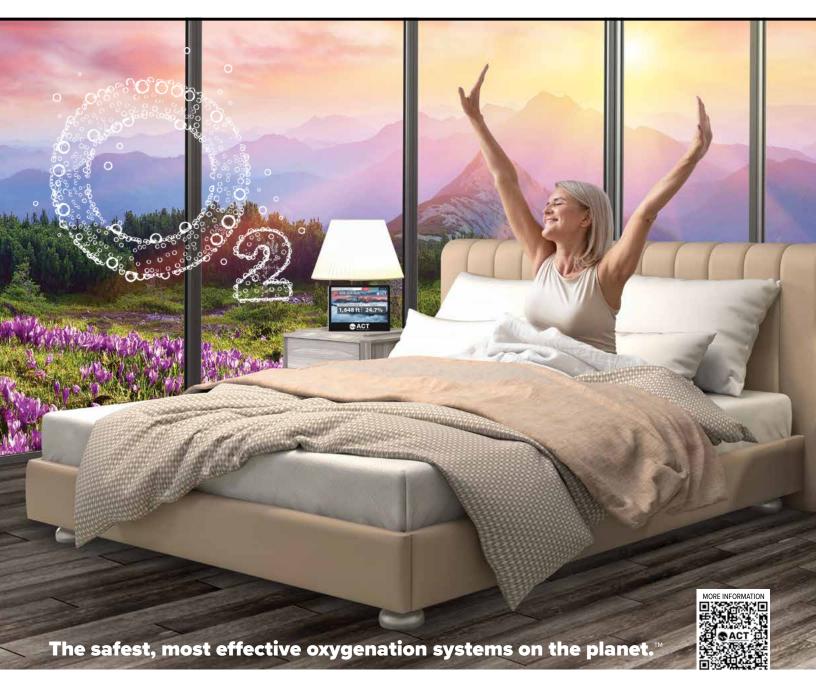
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For more information about what oxygenating your home can do for you, call:

(435) 222.7437 or visit AltitudeControl.com

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Interested in becoming an ACT Partner? Contact partners@altitudecontrol.com

YOUTH & ADULT SPORTS LEAGUES



FALL YOUTH SPORTS

Incline Gymnastics Club

Led by Coach Reghan Stuart and assisted by Coach Jasmine Lance, our girls gymnastics program is off-thecharts popular. From first-time tumbling to our advanced competition team, the Incline Gymnastics Club has a level for all. This program is held at the Incline Village Recreation Center in the rear of the gymnasium. Fall sessions begin Oct. 10 and full details can be found online at inclinerecreation.com.

Ninja Warriors

Led by Coach Jasmine Lance, our Incline Ninja Warriors fly around doing tricks and having a great time. This program is great for all kids to learn the basics of tumbling and body control while pushing themselves with exciting tricks in a fun atmosphere. All boys and girls ages

18 months - 10 years are welcome to join the excitement, but space is limited! This program is held at the Incline Village Recreation Center in the front side of the gym. Fall sessions begin Oct. 10 and full details can be found online at

FALL ADULT SPORTS

inclinerecreation.com.

Free Agent List

Anyone interested in participating in any of our adult sports programs should call the Parks & Recreation Sports Department at 775.833.7014. Contact information will be given to managers seeking players.

Adult Volleyball Leagues

Looking for some friendly competition? Here's your chance to test your skills and have some fun. Join other local volleyball enthusiasts and play in a great facility. Our leagues offer social opportunities and challenging competition for players of all abilities. These leagues are supervised and are self-officiated. All teams will play up to 8 league games with the top four teams in each league advancing to the season ending playoffs.

Division: Recreational Coed 6-on-6 **Location:** Recreation Center Gym Dates/Times: Tuesdays, Oct. 11 - Dec. 13, 5:30pm - 8pm

Fee: \$250 per team

Adult Basketball Drop-In Play

Jump into a game of pickup basketball in the Recreation Center Gymnasium. Gym schedule is subject to change. Please call the Host Desk at 775.832.1300 to verify open gym hours.

Dates/Times: Tuesdays & Thursdays from 12pm - 2pm

Fee: Requires Rec. Center membership or daily drop-in fee

Adult Ballroom Dancing

Join instructor Judy Lee for this enjoyable class open to adult dancers ages 18+. Dancing is uplifting and fun, burns fat, improves muscle tone, flexibility and endurance. It strengthens bones and joints while stimulating the brain. Dancing provides a creative and much-needed social outlet. Previous dance experience is not necessary to participate in this class. Please wear appropriate dance shoes and comfortable, easy-to-move-in clothing.

Dates/Times: Fridays from 5:45pm -6:45pm

Where: Incline Village Recreation Center

Fee: \$18 per person per class, \$15 w/ IVGID Pass or Recreation Center Membership (Payment is required no later than 3pm the day of the class)



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SAVE THE DATE



UPCOMING EVENTS

Trail of Treats and Terror

An event to provide a fun Halloween experience to the Incline Village/Crystal Bay community. Travel through the haunted forest, snap a family photo, and enjoy some spooky fun!

Date: Thursday, October 27

Location: Village Green & Fitness Trails

(960 Lakeshore Blvd.)



Brunch with Santa

Join in the fun for a festive Brunch with Santa, Mrs. Claus and the elves. Held at The Chateau at Incline Village, this family event features many fun activities including a delicious brunch, a photo with Santa and Mrs. Claus and much more. This event is a collaboration with Tahoe Family Solutions.

Date: Saturday, December 10

Time: Multiple seatings

Location: The Chateau at Incline Village

(955 Fairway Blvd.)



Santa Stop Drive Through

Join the holiday fun at this drive-through event at The Chateau. See Santa and Mrs. Claus, and bring along your prewritten letter for Santa to drop in the North Pole Express Mailbox!

Date: TBD. see inclinerecreation.com

for details

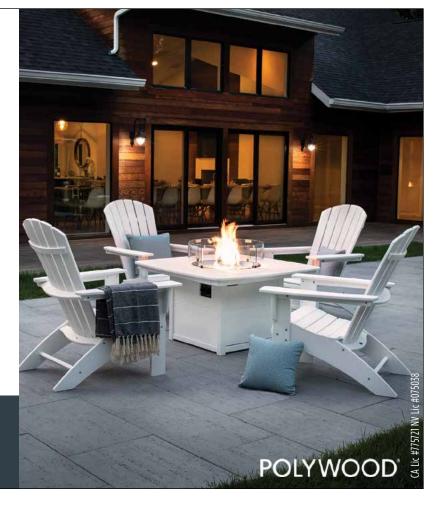
Location: The Chateau at Incline Village

(955 Fairway Blvd.)

SUMMER EVENINGS ON REPEAT.

Light the fire pit, gather friends & family, toast smores, put your feet up, gaze at the stars, exhale - repeat.





INCLINE OPEN PHOTO RECAP

Thank you to all of the competitors, spectators, and tournament organizers who made the 2022 Incline Open Tennis & Pickleball Tournaments a huge success this year. We saw well over 200 players enjoying the friendly competition and the camaraderie that's been built up at the Tennis & Pickleball Center this summer. Please see the Incline Village Tennis & Pickleball Center's Facebook page for full photo galleries from both tournaments.

























Tennis & Pickleball Center



















TENNIS & PICKLEBALI



TENNIS TIP:

How and When To Hit the Half Volley

Competitive pickleball and tennis are games of rallies where you mostly need consistency, intermingled with emergencies where something special is needed to return your opponent's attempt at a winner or "put-away shot."

In those instances, whether you are returning a deep shot at the baseline, or a hard shot at your feet, you will need to have tools that can neutralize the attempted winner and get you back in the rally.



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One of the more useful shots you can have in your quiver is what I call the "DaDa" shot, though the official name of the stroke is a half volley.

In both tennis and pickleball, backswing equals power. Generally the more backswing you use to initiate your shot, the more power you'll get.

But when a hard shot is hit at your feet, there is no need to add power; you just need to get the ball back across the net and get back into rally mode. So there is no backswing in the half volley shot. Whether you're hitting a forehand or backhand, you merely drop your racket/paddle directly in front of the ball - using your volley grip, not your groundstroke grip - and pick it up immediately after the bounce with a very short follow through.

The farther you are back in the court, the longer your follow through should be.

If you do it correctly, the ball will make the sound "DaDa" as it hits the ground and then your paddle/racket, and you'll have the control to direct the ball where you need it to go to extend the rally.

It's so much fun to see the surprise in your opponent's eyes as you return their put away shot! So practice the half volley during your next training session so you can add this valuable shot to your competition arsenal.

Deanne Larsell.

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TENNIS CLINICS & PROGRAMS

Daily Adult Clinics (3.5+)

Develop your game with our pros.

Dates: daily Monday - Saturday through September

Times: 9am - 10am

Fees: \$27, \$22 w/ IVGID Pass



Ladies Doubles Clinic (3.0+)

Come out for clinics and match plays with coaching and finish up with a beverage and good conversation. Reservations required.

Dates: Mondays through September

Times: 4:00pm - 5:30pm Fees: \$35, \$30 w/ IVGID Pass

Ladies' Day Doubles Round Robin (3.0+)

This program is designed to bring members and guests together in a competitive and social session of round robin doubles play. All levels of play are welcome.

Dates: Wednesdays through September

Times: 8am - 10am

Fees: \$20. \$15 w/ IVGID Pass

Continued on page 26





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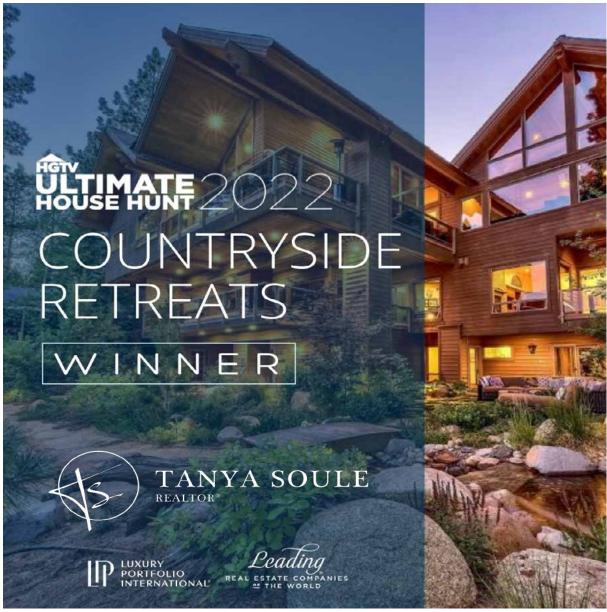
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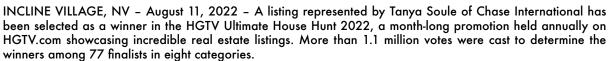
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547 Sugarpine Drive in Incline Village's Ponderosa neighborhood sold June 2022 for \$11,500,000. Tanya represented both the seller and buyer.



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TENNIS CLINICS CONT.

Intro Adult Clinics (2.0 - 3.0)

Dates: Mondays, Wednesdays & Saturdays through September

Times: 10am - 11am

Fees: \$27, \$22 w/ IVGID Pass

Mens' Day Doubles Round Robin (3.0+)

This program is designed to bring members and guests together in a competitive and social session of round robin doubles play. All levels of play are welcome.

Dates: Thursdays through September

Times: 8:00am - 10:00am Fees: \$20, \$15 w/ IVGID Pass

Thursday Night Mixers

Come play a friendly round robin with a different partner every time you switch. Stay after the game for a social drink! Reservations required. No potluck.

Dates: Thursdays through September

Times: 5:00pm - 7:00pm Fees: \$20, \$15 w/ IVGID Pass

Extreme Drill and Play (4.0+)

High-paced drill for the top player, conditioning drills and points, serve and return practice and match play.

Dates: Fridays through September

Times: 10:00am - 12:00pm Fees: \$45, \$40 w/ IVGID Pass

PICKLEBALL TIP:

Learn To Turn By Beverly Keil

When I stand facing the net with the paddle in my hand and my arm stretched out fully from my side for a forehand shot, I can reach about 36 inches from my body. That's more than half my height!

But, when I move my arm across my body to make a backhand shot, I can only reach about 24 inches from my body. No wonder those pesky backhand shots are so difficult.

Some of us can change paddle hands quickly, transforming a backhand shot into a forehand shot with our non-dominant hand. But that's tricky to pull off consistently.

The best way to extend your backhand reach is to turn your body 90 degrees, facing the sideline instead of the net. It's easy. You only have to move one leg and pivot to gain 50% more reach.

Returning a backhand while standing facing the sideline also gives you room for a full swing when you need it.

Doesn't matter your size or body shape, when you learn to turn, backhands are no concern.

Playing Tip from "Pickleball: The Bitchin' Kitchen and Dinks for All" by Beverly Keil, available at the Tennis & Pickleball Center Pro Shop.



PICKLEBALL CLINICS & PROGRAMS

Drop-In Play

Everyone is welcome but first-time players must participate in an Introduction to Pickleball Clinic before participating in drop-in play. Players will rotate into different games with others. Please use the paddle boxes to secure your place in the rotation. Courts 1 and 2 are for highly competitive players and have a separate paddle box. Courts 3 - 8 are for all levels



of play. When a game is finished, two winners stay on and split up, while the next two waiting players go onto the court. When more than four players are waiting, rotation will be four players off and four new players on. Registration is not required but all players must check in at the pro shop, even Season Pass holders.

Regular Season: Daily from 9am - 12pm plus Tuesdays & Thursdays at 4:30pm. (schedule is subject to change)

Introduction to Pickleball Clinics

Have you always wanted to play but don't know where to begin? We can help you with the basics to get you started. New players must attend a clinic before joining drop-in play.

Dates/Times: Mondays & Saturdays through September,

12:15pm - 1:15pm

Fees: \$30, \$25 w/ IVGID Pass



INCLINE VILLAGE GOLF



WELCOME TO OUR NEW HEAD GOLF PRO

We would like to welcome Nick Holligan, our new Head Golf Professional at the Golf Courses at Incline Village.

Nick comes to Incline Village with over 20 years of experience in the golf industry, most recently as the Head Golf Professional at The Clubs at Houston Oaks (the #2 rated course in Texas) since 2016. Prior to this Nick was the Head Golf Professional at The Renaissance Club in Scotland - host of the European & PGA co-sanctioned Genesis Scottish Open.

Nick enjoys planning and running entertaining programs and golf events and brings a clear understanding of guest expectations in the most demanding club settings. He has also played a role in growing the game as a Junior Golf Coach at the Dundas Golf Club in Ediburgh, Scotland.

Nick studied golf management in Edinburgh, Scotland, receiving the equivalent of a bachelor's degree



in professional golf management in 2005. In 2020. Nick was awarded Distinguished Achievement by The Boardroom magazine for his exceptional contribution in leadership to the member experience, and he has also received Trackman level two fitter and various golf ball fitting certifications.

Outside of golf, Nick enjoys soccer, tennis and skiing, and looks forward to exploring all of the year-round amenities that the Incline Village and Crystal Bay region has to offer.



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INCLINE VILLAGE GOLF

NINE & WINE PHOTO RECAP

Nine & Wine golf and wine tastings tee off on select Thursday evenings throughout the summer months with a casual 9-hole scramble at the Incline Village Mountain Course followed by gourmet appetizers paired with wines provided by a different vintner every week. This local-favorite event series was more popular than ever in 2022, with all events selling out quickly. Tickets for 2023 events will likely go on sale in May. Subscribe to our golf email newsletter for updates - www.yourtahoeplace.com/email-subscribe.





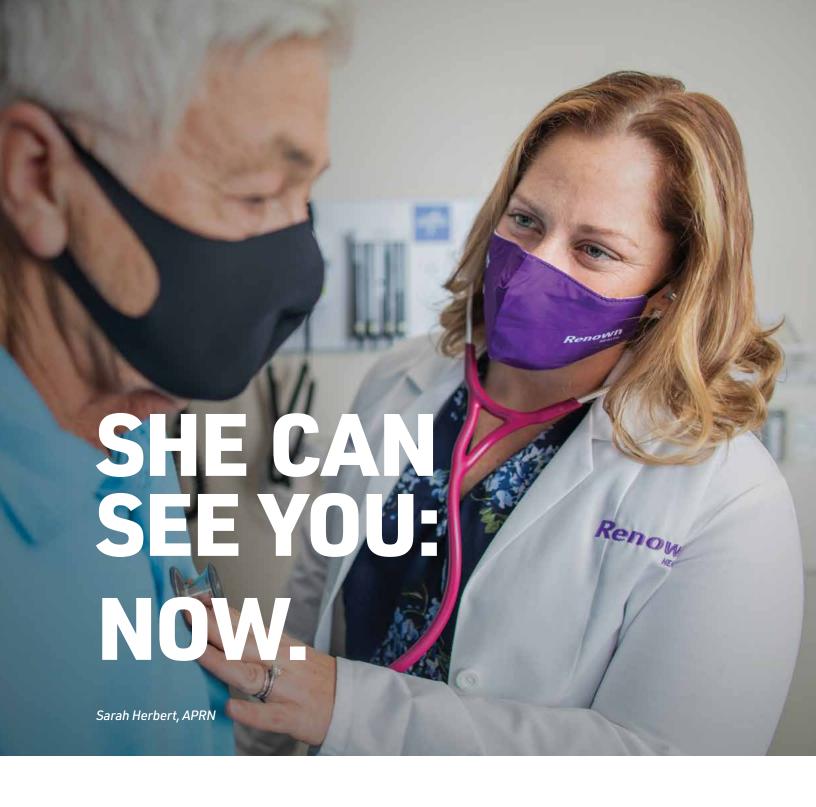












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INCLINE VILLAGE GOLF



GOLF TIP

Mental toughness - it can be the difference between a frustrating day on the golf course and a great day on the course. Having a pre-shot and post-shot routine is one of the best ways to get your mind in a place to find the consistency we all are striving for on the golf course.



Routines create habits, habits create consistency. Golf can be very dynamic, and many factors are not in our control; however, our emotions and readiness to hit can be under our control.

You don't have to be robotic about your pre-shot routine, you just want to make sure you are physically and mentally prepared for your shot each time.

"A good routine gives your mind a specific and creative job. It keeps your mind occupied with something productive instead of letting it fill up with tension and worry about the consequences of a bad shot." - From Imagine Golf's 7-Day Series on Own Your Game by Dave Stockton. This app is a great listening tool.

Next time you are on the range, think about some of the tough tee shots or approach shots to the green you might find on the course. Visualize what you want the ball to do and what you want to do; then take a few breaths to calm your nerves and swing away.

Keep it positive and keep it consistent. Your mind will be less distracted by negative thoughts and nerves. Practice with a purpose, and you will see results on the golf course a lot sooner!

hley Wood Ashley Wood,

Head of Player Development

GOLF SHOP UPDATES

The golf shop is fully stocked with the latest summer and autumn styles for both women and men. As the days get cooler (especially for those early-morning tee times), be sure you've got layers you can put on and take off to maintain your body heat and swing efficiently, without overheating once the sun is fully up.

We have some great pieces by Greg Norman, Travis Mathew, Turtleson, and Johnnie-O on the men's side. For the ladies we have new arrivals from Foray Golf, Lucky in Love, and EP Pro. Come see what's new and find your new favorite golf outfit.

And don't forget the sun protection for your face! We also have many styles of head wear from Titleist golf hats to Cappelli sun hats and visors by Dorman-Pacific.

Greg Merritt,

Golf Shop Merchandiser

reg Merritt

INCLINE VILLAGE GOLF



FALL MAINTENANCE

The Golf Course Maintenance Staff hopes you have enjoyed both golf courses this season and we are already working to provide great conditions for next year as well. The maintenance crews have worked hard to produce great conditions with smaller than usual staffing, but with the same dedication to provide an excellent golfing experience.

This year the Mountain Course is scheduled to close on October 12,

and the Championship Course is scheduled to close on October 16. We have started working on some projects and maintenance procedures before closing to be able to properly finish in time for winter. Here is the tentative maintenance schedule of activities that may slightly impact play for the rest of the playing season:

Championship Course

Week of September 19: Aerate and topdress approaches

Week of September 26: Aerate and topdress approaches

Week of October 3: Aerate and topdress tees

Week of October 10: Aerate and topdress tees, Verticut greens

Mountain Course

Week of September 19: Aerate and topdress tees

Week of September 26: Aerate and topdress tees

Week of October 3:

Aerate fairways, **Bunker renovations**



After the golf courses close, a lot of work takes place to prepare for the winter and next season. All greens are aerated twice, amended, and heavily top-dressed with sand. Irrigation systems are drained and blown out, tree removal and pruning commences, and preventative plant protectants are applied to protect against winter diseases such as snow mold. For more details on our fall golf maintenance projects, watch a brief video at https://bit.ly/ivgolffall (note: link is case sensitive).

Thank you for your patience and understanding as we work to improve the golf courses and prepare them for winter!

Couthier

Jeff Clouthier, CGCS, **Grounds Superintendent**



LEAVE ONLY FOOTPRINTS: LEAVE TAHOE CLEANER THAN YOU FOUND



TAHOE BLUE CREW INCLINE VILLAGE & CRYSTAL BAY **2022 CLEANUP EVENTS**

Volunteers are needed to pick up litter in our community.

Great Sierra Beach Cleanup

Saturday, Sept. 17 at 9am Check in at the Incline Village Recreation Center: 980 Incline Way, Incline Village

Waivers are required for formal participation in this event. All children must be accompanied by an adult. Pickup tools, bags, buckets, safety vests, disposable masks and gloves will be available. Please wear sturdy shoes, work clothes, a long-sleeved shirt, wide-brim hat and work gloves. Dates and details are tentative and subject to change. For more information call us at 775.832.1284 or email us at wastenot@ivgid.org

TAHOE FOREST HOSPICE

893 Tahoe Blvd, Ste 1500, Incline Village, NV

On the corner of Tanager Street and Enterprise Street next to the underground parking lot.

Shop: Tues - Sat, 10am - 5pm (closed 1 - 1:45pm)

Donate: Tues - Sat, 10am-4pm (or until full)

We accept clean, cared for clothing, shoes, accessories, household goods, and current books. We are unable to accept furniture or large items.

Contact: (775) 298-7901

Volunteer: Interested in volunteering?

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DIAMOND PEAK SKI RESORT





LODGEPOLE CHAIRLIFT ROPE REPLACEMENT

In late April, the Lodgepole Chairlift haul rope (aka the wire cable that the chairlift carriers are attached to) was replaced with a brand-new haul rope supplied by Fatzer, LTD - a specialty steel wire rope manufacturer based in Switzerland. The process of replacing the haul rope is a complicated one, requiring an all-handson-deck approach from the resort's summer maintenance staff, as well as expert outside consultants.

First the chairlift carriers - what skiers/ riders sit on - must be removed. Then the old rope is detensioned and taken off a number of lift towers so it can

be accessed. The new rope is then temporarily spliced into the old, and a special system is rigged on the ground to pull the new rope around all of the lift towers, using the old rope as a guide. Finally, the temporary splice is undone, and the new rope is permanently spliced together, rehung on the lift towers, and retensioned to its operating tension.

Extensive testing is conducted throughout the process and after to ensure the new rope is functioning properly before the chairlift carriers are reattached and the chairlift is fully load tested and certified as ready for passengers for next winter season.

JOIN THE SEASON PASS FAMILY

Diamond Peak season passes for the 2022-23 season are currently on sale at preseason rates through October 31, 2022. Season passes come with plenty of perks like on-mountain discounts, discounts on lift tickets for friends, bonus tickets to partner resorts and more. If you plan to ski multiple times (and don't want to wait in the ticket line), a season pass is the way to go.

Don't just take our word for it though, ask your friends and other locals who choose to support their communityowned resort and make Diamond Peak their home mountain. Below are just some of the reasons our pass holders choose to buy a Diamond Peak season pass:

"This is a complete ski resort with all the things that you need as a skier. The lifts, the slopes, the food, and a shuttle into Incline Village. Upscale and great views."

- Thomas V. (Trip Advisor review)

"Great resort! Nice variety of runs. Shorter lift lines! Staff is super nice. Good for families with children! - Bart C. (Google review)



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DIAMOND PEAK SKI RESORT

"I love Diamond Peak. I have been skiing here since I was 5 and I'm 47 now. Very family friendly and not too big like some other resorts around Lake Tahoe."

- Anonymous pass holder from customer survev

"Great family oriented local resort, food is great for a ski resort. Not crowded even on holidays." - Dr. N. (Yelp review)

"We love Diamond peak. My children grew up on this mountain and learned to ski here. I love that it is a small mountain, easy to find kids, run into friends. Hoping full service returns to the snowflake soon." - Chris M. (Google review)

"Family friendly and every run funnels toward the bottom so you can't lose your kids. Also, the Crystal Quad never has much of a line." - Anonymous pass holder from customer survey

"Diamond Peak is a great independent ski resort and I will always choose to support local and independent resorts. Especially those that invest in their Terrain Parks such as with The Village." - Anonymous pass holder from customer survey

If you have not already hopped online to purchase a new 2022-23 season pass or renew your existing pass, we hope you do so soon. We always look forward to welcoming back our loyal pass holders and inviting new members to the pass holder family.

TIPS FOR **PASSHOLDERS:** LOAD PASSCASH ONTO YOUR PASS

Did you know that you could load funds onto your Diamond Peak season pass to use at the resort? PassCash is a convenient option for children or those who don't like to carry their credit card with them on the slopes.

How to add PassCash: Login to the online store using the same account you used to purchase your season pass. Click "My Account" in the top right then select "Stored Value (aka PassCash)." Type in the amount you want to add to each family member and then click "Add to Cart" to proceed to the checkout process.





How to use PassCash: Just let our cashiers know that you would like to use your PassCash when you are paying for food, drinks and other products at the resort. You will have to scan your pass at the register so make sure you have it handy at checkout.

Purchase 2022-23 season passes online at DiamondPeak.com.





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HUMAN RESOURCES





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Seasonal & Year-Round Jobs Part-Time, Full-Time, Flexible options Both Indoor & Outdoor Jobs with Great Locations & Perks! Free/discounted venue access & food beverage discounts

Championship & Mountain Golf Courses

- Facilities Ops. Staff (Events)
- Golf Shop
- Grounds Maintenance
- Outside Services

Parks & Recreation

- Food & Beverage (Cook)
- Lifeguards
- Swim Instructor
- Assistant Parks & Rec. Clerks
- Fitness Instructors

Diamond Peak Ski Resort (winter is on the way...)

- Cashier/Tickets
- Food & Beverage (Cook, Cashier)
- Lift Operator
- Parking Attendant/Property Operations
- Rental Shop
- Shuttle Driver (CDL)/Tram Driver
- Ski/Snowboard Instructor (Child Ski & Ski Ride Center)
- Ski Patrol
- Snowmaking/Grooming



DIAMOND PEAK JOB FAIRS

Diamond Peak offers a huge range of fun jobs this winter, whether you want to work outside on the mountain, inside the lodge, in the parking lot, or acting as a host helping our guests wherever they might be. We've got great options for full-time, part-time, weekend-only jobs, plus great perks and a community-oriented vibe that can't be beat.

Explore your options and speak directly with hiring managers at these upcoming Diamond Peak job fairs:

Wednesday, Oct. 12

3:30pm - 5:30pm Diamond Peak Ski Resort Main Lodge (upper building) 1210 Ski Way, Incline Village, NV 89451

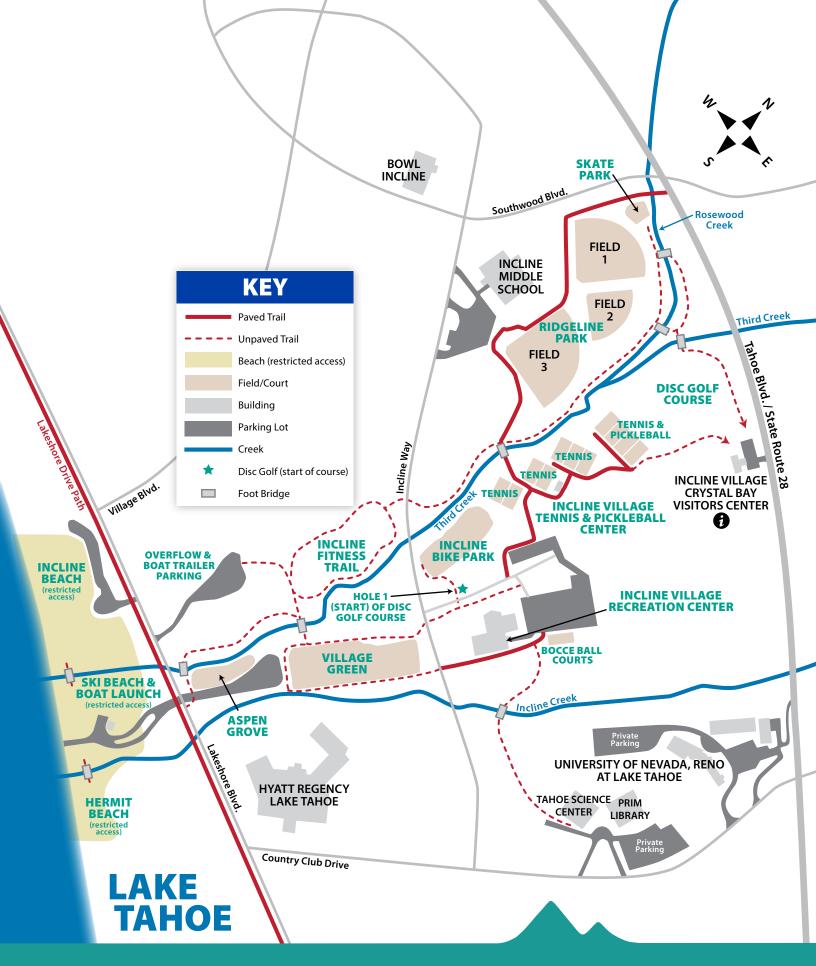
Saturday, Nov. 5

9am - 11am Diamond Peak Ski Resort Skier Services Building (lower building) 1210 Ski Way, Incline Village, NV 89451

View the full list of available jobs online at www.YourTahoePlace.com/jobs or contact jobs@yourtahoeplace.com, call 775.832.1100 (EOE)



Access to IVGID Beaches (Ski Beach, Incline Beach, Hermit Beach and Burnt Cedar) is restricted to IVGID Picture Pass holders, their guests, and Recreation Punch Card holders with beach access.



Access to IVGID Beaches (Ski Beach, Incline Beach, Hermit Beach and Burnt Cedar) is restricted to IVGID Picture Pass holders, their guests, and Recreation Punch Card holders with beach access.

NEW & PROMOTED STAFF

IVGID would like to welcome these new staff members who've recently joined our team, and congratulate those existing team members who have recently been promoted into new positions within the District. If you see any of these staff members' smiling faces around the District, please say hello and/or congratulations!

New Hires

Welcome! We're excited to have you a part of our community!

Nick Holligan

Head Golf Professional

Golf Courses

Jesse Malsam

Maintenance 1

Public Works

Benjamin Owen

Mountain Course Golf Shop Lead

Golf Courses

Kaylen Prior

Chief Chemist

Public Works

John Williams

Sustainability Technician

Public Works

Promotions

Congratulations on your promotion and continued contribution to our community!

Chad Smith

Sr. Parks & Recreation Clerk

Parks & Recreation

Greg Merritt

District Merchandiser

Community Services



Tori Cook

Revenue Office Technician

Community Services

Bill Biggers

Assistant Slope Maintenance Manager

Diamond Peak

Diana Robb

Administrative Manager

Public Works

Daniel Swift

Irrigation Technician

Parks & Recreation

Bill Vandenburg

Director of Food & Beverage

Food & Beverage

Evan Carsman

Executive Chef

Food & Beverage

Brvan Kambitsch

Sr. Flectrician Instrumentation Tech

Public Works

Shelia Leiion

Director of Parks & Recreation

Parks & Recreation

Rob Bruce

1st Assistant Golf Professional

Golf Courses

Returning Seasonal Managers

Congratulations on returning in your lead role!

Kari Brandt

Ski Patrol Director/Safety Coordinator

Diamond Peak



INCLINE VILLAGE FACILITIES





964 Incline Way, Incline Village, NV 89451 775.832.1235 inclinetennis.com

The Incline Village Tennis & Pickleball Center, located next to the Recreation Center, offers a multitude of tennis and pickleball courts in a picturesque alpine setting along a year-round creek. Tennis rackets, pickleball paddles, balls, shoes, apparel and logowear are available in the Pro Shop. Racket stringing is available on site by our staff, with a wide variety of synthetic and natural gut string available.



CHAMPIONSHIP & MOUNTAIN **GOLF COURSES**

955 Fairway Blvd. & 690 Wilson Way, Incline Village, NV 89451 775.832.1146 golfIncline.com

The Incline Village Golf Courses offer complete facilities to meet your golfing needs. Our facilities include two 18hole golf courses, driving range, putting and chipping greens, food and beverage and special event facilities. The golf shops are stocked with full lines of men's, ladies' and kids' apparel as well as the top club and golf ball products, and shoes. PGA teaching professionals are available for private and group instruction. Incline Village and Crystal Bay residents with a valid IVGID Picture Pass can receive a discount on green fees, passes and most merchandise at the golf shop.



THE CHATEAU AT INCLINE VILLAGE™

955 Fairway Blvd., Incline Village, NV 89451 775.832.1240 inclineweddings.com

The Chateau at Incline Village™ features classic Tahoe stone and timber construction with a modern edge. This 13,500 square foot venue has vaulted timber ceilings, massive stone pillars, a spacious covered deck and offers expansive views of the mountains, the Championship Golf Course and Lake Tahoe. It is beautiful, multi-functional and flexible. It is the perfect venue for large or small wedding ceremonies, receptions, meetings, golf events, and parties. You dream up the event and we'll make it happen! Our professional Food & Beverage team provides great food, outstanding service and a wonderful experience.

INCLINE VILLAGE FACILITIES







ASPEN GROVE

960 Lakeshore Drive. Incline Village, NV 89451 775.832.1240 inclineweddings.com

Named for its beautiful location, Aspen Grove is located across the street from Lake Tahoe and nestled among the Aspen trees next to tranquil Third Creek. Outdoor amenities include picnic tables, grassy lawn and a deck. The outdoor area can accommodate up to 150 guests; inside can comfortably seat up to 50 guests.

Catering and bartending services are available through our outstanding professional food service team for your convenience. With its stunning mountain and forest views, Aspen Grove is one of the most affordable venues on the North Shore and perfect location for spring, summer and fall events.

DIAMOND PEAK SKI RESORT

1210 Ski Way, Incline Village, NV 89451 775.832.1177 diamondpeak.com

Diamond Peak is the ultimate family and kid-friendly ski resort featuring spectacular Lake Tahoe views. uncrowded terrain and affordable lift tickets with a laid-back atmosphere. Learn to ski or snowboard, or improve your skills by taking a group or private lesson. The Child Ski & Ride Center (ages 3-6) offers both one-on-one private instruction and small group lessons (ages 4-6) with no more than five children per instructor. The Ski & Ride Center is known for the popular Sierra Scout All day Adventure Package for ages 7-14 that includes morning and afternoon group lessons, rental equipment, lift ticket and a supervised lunch. Families can also take a Private "Family and Friends" Lesson special if they want to learn together.

THE ROBERT & ROBIN **HOLMAN FAMILY BIKE PARK**

980 Incline Way Incline Village, NV 89451 inclinerecreation.com

Incline Village Parks & Recreation, the Incline Tahoe Foundation, and Incline Bike Project collaborated to develop and maintain the Robert & Robin Holman Family Community Bike Park. This park offers a pump track; beginner and intermediate flow lines, and was funded through generous donations by community members and in large part by a grant from the Holman Family Philanthropies Fund held at Parasol Tahoe Community Foundation.

The Incline Bike Park Project's mission is to provide a free-to-use bike park facility that welcomes all ages and skill levels to a safe, outdoor, healthy, family friendly community-gathering venue.

For information on Phase 2, check out www.facebook.com/InclineBikeProject/

WASHOE COUNTY LIBRARY UPDATE



WASHOE COUNTY LIBRARY

Fall into the library this season for a quiet place to work or study, a storytime for children and families, or one of the many other free programs and services. Visit our website at washoecountylibrary.us to sign up for a library card, view our calendar

of events, or check out a digital newspaper. Look for Saturday hours coming soon this fall!

Family Story Time - Every Tuesday and Thursday at 10:30am. For children of all ages with a focus on enjoying

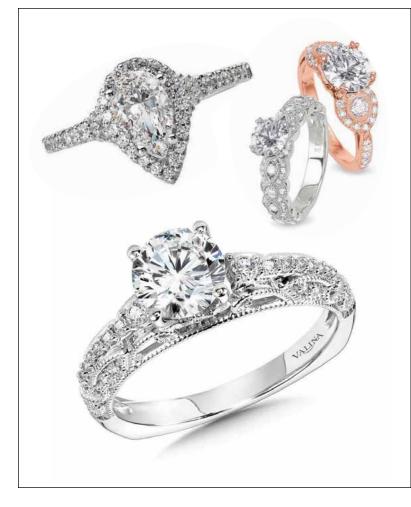
literacy and language as a family. Enjoy stories, fingerplays, and wiggle action as part of the experience to encourage a love of books, stimulate thinking, and promote feelings of self-assurance.

Teen Tuesday – Every Tuesday at 4pm. Teens are welcome come hang out in The Lounge and participate in various teen focused activities from Manga Book Club and Dungeons & Dragons to fun maker activities and virtual reality. Snacks always served.

Inclined to Read Book Group -

Third Tuesdays at 10:30 am. Come and discuss the monthly read. Coffee and pastries served.

P.J. Story Time - Last Tuesday of the month at 6:30pm - A family story time with a bedtime theme...come dressed in your pajamas and slippers.



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TWO LOCATIONS 4950 KIETZKE LANE, SUITE 301, RENO 4849 COCHISE STREET, SUITE 103, CARSON CITY DIAMONDVAULTRENO.COM

Paws 2 Read – Every 2nd Thursday at 4pm. Come read to a friendly dog and get a free book!

IV Quad Makerspace - Every 1st Thursday 3-5pm. September project: Sublimation printing on a coaster or mug. October project: make a button or magnet (limit 6 per person). November project: Vinyl stickers.

Family Movie Night - Every 2nd Friday at 6pm. Enjoy a family friendly movie and free popcorn!



Tuesday, October 11, 6:30pm

Tahoe Talks: Homelessness in the Tahoe Basin

Tuesday, October 18, 6:30pm

Tech Talk: Web 3.0. Local guest experts discuss the next decentralized iteration of the world wide web and its applications for banking, personal data, and more.

Tuesday, November 15, 6:30pm

Tahoe Talks: States Rights vs. Federal Rights

Wednesday, November 16, 4pm

Join the Washoe Tribe of Nevada and California as they present a program about the Washoe Peoples and the significance of the Tahoe Basin to their history and culture.

UPCOMING EVENTS

Tuesday, September 13, 6:30pm Tahoe Talks: 1st Amendment. Join the community and guest experts as we discuss the 1st Amendment.

Tuesday, September 20, 6:30pm

Tech Talk: Drones. Local guest experts in the field of drone technology will discuss different applications of this emerging technology.



Dr. Tiffany McCormack — our onsite Medical Director — was recently named "Best Plastic Surgeon" at the Best of Reno Awards 2022 by the Reno-Gazette Journal.

McCormack







As one of few board-certified plastic surgeon-led medical spas in Reno, M Spa is fully equipped to achieve your goals with convenient, in-office treatments. Our core team of providers offer cutting-edge aesthetic services, including:

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Tim Callicrate Chairman PO Box 5663 Incline Village, Nevada 89450

775.336.9925 callicrate_trustee@ivgid.org dent_trustee@ivgid.org

Term expires 2022



Matthew Dent Vice Chairman 774 Mays Blvd. #10-573 Incline Village, Nevada 89451

775.298.1005

Term expires 2024



Michaela Tonking Treasurer

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775.225.0748 tonking_trustee@ivgid.org schmitz_trustee@ivgid.org

Term expires 2024



Sara Schmitz Secretary

932 Lakeshore Blvd. Incline Village, Nevada 89451

925.858.4384

Term expires 2024



Kendra Wong Trustee

774 Mays Blvd. #10-294 Incline Village, Nevada 89451

916.251.9664 wong_trustee@ivgid.org

Term expires 2022

- ADVERTORIAL

In today's world, there is an increasing need for mental health care. All you have to do is look around to see many people struggling from loneliness, isolation, anger, and depression. When emotional and social problems are tackled early on in life, it is easier for an individual to have a healthy relationship with one's self and others throughout the rest of their life.

At LEAD with horses, they prepare young children to become healthy adults who know how to regulate their emotions and have strong relationships through equine assisted education and counseling. They use a unique combination of mental health professionals, equine therapists, and horses to create an approach that is effective and powerful in helping children.

One such child is a 10 year boy that recently participated in a group



program. When this boy arrived at LEAD with Horses, he was reserved and shy. He was in foster care and in need of confidence and trust in himself and others. He was fearful about being around the horses, lacked confidence in the arena, and asked for one of the team members to be with him at nearly all times.

Walter the donkey came straight up to the child in the first session and nudged his head into his chest. The boy laughed, calmed down and instantly bonded with Walter. The next couple of weeks deepened their friendship and helped the child gain the courage and confidence to work with a horse. He acknowledged feeling nervous, but asked another child to work with him.

Through this process he learned to identify emotions and voice his need for help. Every time he moved into the arena and began working with the animals, his demeanor softened, and he allowed himself to act like a kid, something that did

not come naturally outside of the arena. He laughed, played, and also made space for his fear, self-doubt, and enormous amount of love in his

Toward the end of his sessions he was asked, "When do you feel the happiest?" he responded, "When I'm here at horse camp".

LEAD with horses is a non-profit organization, and depends on donations from generous people. There are many ways to help, including monetary donations, supplies, and volunteer time. With help from donors, the program can continue to assist many children in our community.

LIST OF NEEDS:

- Horse Care
- Grass pellets
- Manure cart
- Barn vacuum

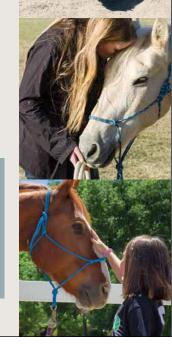
Office/Classroom

- Office Chair Printer paper
- Computer • Drawing paper









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