

Incline Village General Improvement District Vol 7 Num 1

IVGID

Quarterly
FEBRUARY 2021



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Represented the Seller - SOLD FOR \$4,100,000



1072 Sawmill, Incline Village
3 BD | 2 BA | 1,392 SQ FT
Represented the Seller - SOLD FOR OVER ASKING PRICE \$1,648,000

Information deemed reliable but not guaranteed. MLS figures as of 1/20/2021

JEFFREY CORMAN ~ CORMAN GROUP

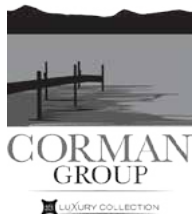
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Parks & Recreation programs and services are operating on a limited basis this winter. Visit InclineRecreation.com for details.

INCLINE VILLAGE GOLF COURSES
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Shop, play virtual golf or take a lesson at the Championship Golf Shop this winter. The shop is stocked with apparel and a variety of Incline Village souvenir and gift items.

Lessons utilize the state of the art simulator and new hitting net. Golfers can also practice their swing on their own or play a virtual round of golf. Contact the Golf Shop to book or visit GolfIncline.com for information.

INCLINE VILLAGE WEDDINGS & EVENTS
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The Chateau has plenty of space to spread out for your family gathering, bridal shower, retirement party or employee celebration this winter. Let our team handle the logistics of planning for current health and safety requirements and enjoy your celebration. View rates and fill out an inquiry form at InclineFacilities.com.

Measures have been implemented to reduce touchpoints and adhere to state and local regulations. Please visit the COVID-19 news pages on our website prior to planning your visit to any IVGID venue so we can remain open and operate safely for our community. YourTahoePlace.com/News



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Each Incline Village/Crystal Bay parcel owner receives one subscription to a domestic address.

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COVER PHOTO

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WHAT'S INSIDE

- 06 Welcome Message
- 08 Diamond Peak Pass Holder Appreciation Week Recap
- 10 Diamond Cut Video Competition & Virtual Awards
- 11 Tip: Layering for a Day at Diamond Peak
- 12 Staff Spotlight: Diamond Peak Host Program
- 14 Name the Glades Contest
- 15 Tree Well & Deep Snow Safety
- 16 Diamond Peak History & Sustainability
- 20 Volleyball Legends Coached Local Youth This Fall
- 22 Winter Sports Conditioning
- 23 Santa Stop Recap & Photos
- 24 Parks & Recreation Programming Updates
- 26 Aquatics: Let's Beat This Statistic Together
- 28 Personal Trainer Tip: Walk This Winter
- 30 Winter Golf Lessons & Indoor Golf
- 31 Incline Village/Crystal Bay Neighborhood Map
- 32 Heart of Incline Village/Crystal Bay Map
- 34 Tahoe Water Suppliers Association Wins TRPA Award
- 36 IVGID's New Board of Trustees
- 38 Facilities & Banquets: Wine Pairing Tip

IVGID FACILITIES & COMMUNITY INFO

Aspen Grove Community Center	960 Lakeshore Blvd.	775.832.1240
Burnt Cedar Beach	665 Lakeshore Blvd.	775.832.1232
Championship Golf Course	955 Fairway Blvd.	775.832.1146
Diamond Peak Ski Resort	1210 Ski Way	775.832.1177
Incline Beach	967 Lakeshore Blvd.	775.832.1233
Incline Elementary School	915 Northwood Blvd.	775.832.4250
Incline High School	499 Village Blvd.	775.832.4260
Incline Middle School	931 Southwood Blvd.	775.832.4220
Incline Park	939 Southwood Blvd.	775.832.1310
Incline Skate Park	Tahoe Blvd. & Southwood	775.832.1310
IVGID Administration	893 Southwood Blvd.	775.832.1100
Lake Tahoe School	995 Tahoe Blvd.	775.831.5828
Mountain Golf Course	690 Wilson Way	775.832.1150
Preston Field	700 Tahoe Blvd.	775.832.1310
Public Works	1220 Sweetwater Rd	775.832.1203
Recreation Center	980 Incline Way	775.832.1310
Sierra Nevada University	999 Tahoe Blvd.	775.831.1314
Ski Beach	967 Lakeshore Blvd.	775.832.1156
Tennis Center	964 Incline Way	775.832.1235
The Chateau at Incline Village™	955 Fairway Blvd.	775.832.1240
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WELCOME MESSAGE FROM MIKE BANDELIN



Dear Diamond Peak Skiers and Riders, and Incline Village/
Crystal Bay Community Members,

It has been an interesting year to be in the ski industry. We've been encouraged by our community's response to the new health and safety measures we put in place this season, so "thank you" for doing your part to ensure we continue to have a ski season.

I'm very proud of the work our entire District and Diamond Peak team has done so far this winter. Because of everyone's efforts and the excellent snowmaking temperatures that Mother Nature provided in November, we were able to open the resort a week early to season pass holders and IVGID Picture Pass and Punch Card holders for our Pass Holder Appreciation Week December 3 - 9. Opening early is always fun, but this year was especially nice given how socially isolated we've all been throughout the last year. Seeing so many familiar faces enjoying the great outdoors on our slopes is one of my favorite parts of the job.

As we entered into the traditionally busy periods of school breaks for the holidays and Martin Luther King, Jr. weekend, we were pleased to see that the measures we put in place to limit overcrowding at the resort worked well. With lift lines spread out to ensure physical distancing between parties, the lines sometimes looked longer than usual, but they moved quickly and wait times were no longer than normal during those holiday periods. I'm proud of our staff for their patience and their willingness to enforce our new health and safety rules, and I'm proud of our skiers, riders and community members for their understanding. This season more than any other, we're all in this together!

Looking ahead, we have President's Day weekend, and hopefully many more powder days to come. While we have had to cancel most of our traditional spring events due to COVID-19 restrictions, we will still be hosting our Diamond Cut Video Edit Contest, with a virtual awards ceremony. So if you or your kids/grandkids would be interested in submitting a short, 2-minute video edit to the competition, please get involved! You can find details under the Events section of the Diamond Peak website.

This winter our Ski & Ride Center is also collaborating with IVGID's Parks & Recreation team to bring some new weekly ski clinics to the mountain. For many years our Wednesday 55+ Ski Clinics have been a big hit, and this year we've added clinics aimed at moms (the Moms On Mountain Ski Clinics) and women (the Skeesters Women's Ski Clinics) - both of which will focus on skill improvement, skiing tactics and personal feedback from our professional instructors in a fun and supportive environment.

If getting more involved at the ski resort sounds like fun to you, we're still hiring select positions for this spring! So if you are looking for a fun job - whether you want to make a very competitive wage (minimum starting wage is \$14/hour for most positions), or just get out of the house and work with the friendliest group of folks anywhere - we've got a great selection of indoor, outdoor, part-time, full-time and weekends-only positions still available. Check out DiamondPeak.com/about/employment for more information.

Thank you for being part of the Diamond Peak family! We hope to see you on the slopes very soon.

Sincerely,

Mike Bandelin

Mike Bandelin, Diamond Peak General Manager

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atlantiscasino.com/dining



As our way of saying “thank you” for your support, Diamond Peak Ski Resort opened a week early for IVGID Picture Pass and Punch Card holders and Diamond Peak season pass holders! We hope everyone got to enjoy our Pass Holder Appreciation Week of early access from Dec. 4 - 9, 2020. Hopefully everyone can join us for IVGID Community Appreciation Week Feb. 1 - 7, during which IVGID Picture Pass and Punch Card holders receive free lift tickets.







DIAMOND CUT VIDEO COMPETITION & VIRTUAL AWARDS

Diamond Peak's video edit contest is back for a third year of community-generated stoke. Last year's video edit contest highlighted the incredible local talent we have right here at Diamond Peak, and year three looks to be bigger and better. So grab your cell phone or video camera, get your crew of friends together, and go film yourself having fun at Diamond Peak.

Video submissions will be accepted through mid-March and the top videos, the Diamond Cut Final Cut, will be shown during the screening and virtual awards ceremony this spring. Submissions can be made in the following categories:

- All Mountain - Capture what makes Diamond Peak special with amazing views, steeps, stashes and more!
- Terrain Park - Show off some style and class in the Village Terrain Park.
- Grom (15 years old & under) - Kids and teens, this is your chance to show off your skills and get noticed.
- Mini-Grom (6 years old & under) - The youngest rippers get to show off their skills too. (Mom and Dad can help with the filming and editing for the Mini-Groms)
- Viewer's Choice Award: Audience choice of any entry that did not win one of the other grand prizes.

Tips & Tricks

- Edit to the music.
- Videos that feature Diamond Peak logos or signature views/features will have a better chance of being chosen.
- Select royalty-free music that flows with your video and conveys your vision.
- Use creative filming & editing. Avoid repetition.
- Two minutes is the maximum length but shorter is often better.

View official rules, tips and details at DiamondPeak.com/Events.





LAYERING FOR A DAY AT DIAMOND PEAK

By Jon Tekulve, Director of Skier Services, Diamond Peak Resort

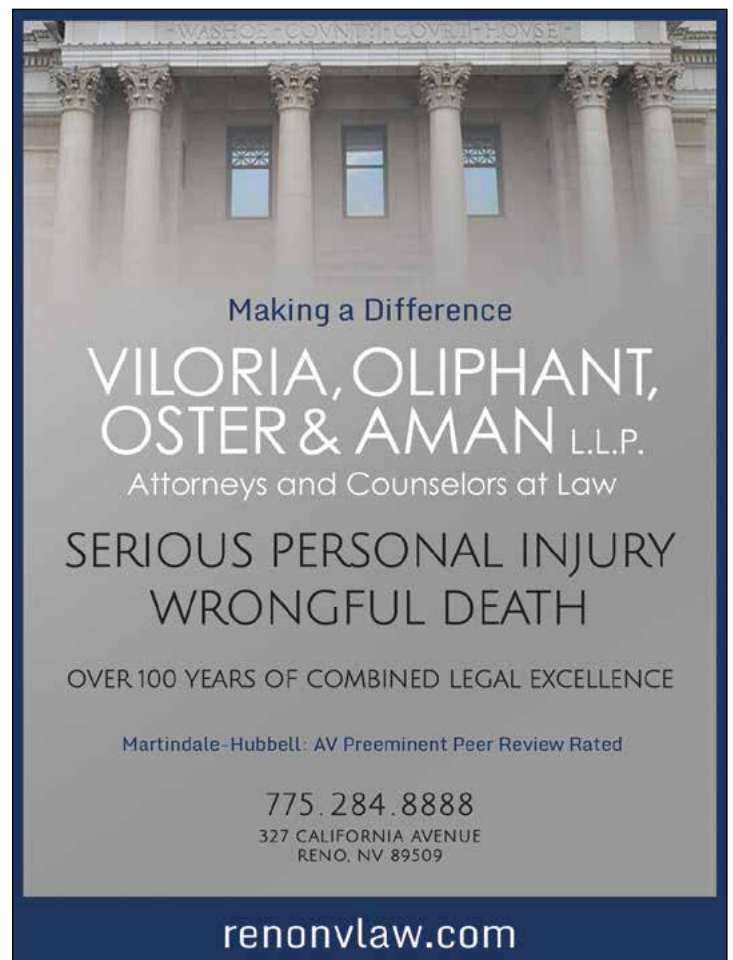
We all know the saying about weather, “Wait 5 minutes and it will change.” Nowhere is that more true than spending a day in the mountains where morning temperatures can be in the teens, then warm up to the high 30s by noon and then drop back down into the 20s by the time the lifts close.

Preparing yourself for a day at Diamond Peak involves more than just remembering to grab your season pass on the way out the door. If you really want to enjoy the full day on the mountain (especially with restricted indoor access at the moment), you will need to have a layering system. If you are too hot you can always take layers off, but if you don't have them with you and you get cold, there is no way to add more layers.

A good layering system can be broken down into 4 parts:

- Base Layers – should wick moisture away from the body
 - Mid Layers – should trap body heat
 - Outer Layers – should keep out the wind and snow
 - Face Covering - required throughout the resort
1. Base layers will include socks, thermal top and a thermal bottom. Base layers should be made from a material that will wick moisture away from your body - merino wool is one of the best materials and synthetics like polyester and nylon are also good. Base layers should fit closely to your body for maximum effect. Only wear one pair of quality socks to avoid bunching inside of your boot which is a quick way to make your day miserable.

2. Mid layers normally will only include a top and material will vary from wool sweaters, thin down jackets or fleece. This layer will depend on your personal preferences and temperature, but you should choose a material that will keep your heat trapped close to your body.
3. Outer layers should most importantly be waterproof. There are many styles of jackets, pants and other outerwear available; waterproof technologies are widely used in the snow-sports industry. Remember to invest in good gloves to keep your hands warm all day. If you are like myself and prefer leather gloves, remember to treat them an all season leather protectant before hitting the slopes.
4. Face Covering – It's a good idea to bring an extra face covering in case one gets wet. Make sure you wear a warmer one on cold days, and that it's comfortable and secure so it doesn't blow off when you are skiing.



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DIAMOND PEAK MOUNTAIN HOSTS GROUP Q&A

The Diamond Peak Mountain Hosts are often some of the first folks you'll encounter at the ski resort, whether that's in the parking lot, as you're walking up to the ticket windows, or out on the Base Lodge sundeck. They are also some of the friendliest people you are ever likely to meet. So the next time you're at the resort, say hi to the folks in green jackets wandering around the base area, especially if you have any questions about the resort.

For this edition, we did a group Q&A session, asking each host one question about their experience on the job.



Q: What is the best thing about being a Host?

Gary Faucher: The best part about this job is really the camaraderie of the team and the public that we get to work with. Everyone's here for fun, and that's the best part.



Isabelle Carey: The best part about this job is the family feel. We see the same faces year after year, whether that's within our own team or our guests here at Diamond Peak.



Left to Right: Melissa Goodman, CSR; Tracie Chambers, CSR; Heather Shook, CSR; Larry Peyton, Agent; Michael Peyton, Agent; Stephanie Howat, CSR; Sarah Shulman, CSR / Office Manager; Tracy Peters, Administrative Assistant

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Q: What's the most common questions you get as a Host?

Bruce Morgan: Probably the most common statement that I hear is, "Why can't I park there?" Usually they're talking about the 5 minute loading/unloading zone.



Vince Hourigan: The most common question I get is, "Where's the ticket booth?" (He says while standing directly in front of the ticket windows.)



Q: Why did you choose to become a Mountain Host?

Caribe Hourigan: The reason I picked this job is I wanted to meet new people, and it's been fun doing that.



Q: What is the strangest question a customer has ever asked you?

James Haverkorn: It was 8:30 a.m. and a woman asked me who she could complain to in order to get the resort to open early because she wanted to go skiing right then.



Q: In your interactions, where was the customer who traveled the farthest to ski at Diamond Peak from?

Rich Thomas: It would have to be Moscow, Russia.



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NAME THE GLADES CONTEST

Diamond Peak offers 655 skiable acres, and almost 500 acres of that is gladed tree runs. Thanks to a partnership with the U.S. Forest Service, TRPA, local fire crews and our summer maintenance staff, we've cleared out many of the smaller trees and brush in these zones, making them healthier forests, less prone to wildfire, and as an added bonus, incredibly fun for skiers and riders.

Diamond Peak's glade zones, the areas of tree skiing off the main trails, are the place to be on storm days. This advanced terrain is a playground for experts filled with natural obstacles like pillows, rock drops and more. If

you've ever skied the glades on storm days or right after a storm, you know that snow piles up here and you can often find powder days after a storm, if you know where to look.

These areas can also be a respite from the wind and other skiers on a stormy or busy day. Solitude Canyon is named Solitude Canyon for a reason. There is just something special about picking your own line through the glades and popping back out onto the trail. Needless to say, we think Diamond Peak has some of the best glade skiing in the area but the only areas with official names thus far are The Glades (real creative) and Solitude Canyon.



We know a lot of locals have nicknames for certain zones, but it's time to officially name these areas and put them on the map. Next time you are skiing through any of the tree zones marked on the map to the left, take a break and see if a name calls out to you, because we're asking for your help in naming these fun areas this winter. Just be careful not to get too distracted and find yourself hugging a tree unintentionally!



TREE WELL & DEEP SNOW SAFETY

Visit the Diamond Peak website to submit your ideas and help us name the DP Glade Zones this winter: www.diamondpeak.com/mountain/steeps-stashes

Although skiing in the trees is very exciting, don't forget about being safe and always ski with a buddy. There are increased risks of colliding with obstacles and deep snow immersion suffocation when leaving groomed terrain. Skiers and riders can fall into

areas of deep snow, or into a tree well, get stuck and suffocate so it's important to stay a safe distance from trees and keep your partner in sight. Visit DeepSnowSafety.org to learn more about the risks and prevention of deep snow and tree well immersion accidents.

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DIAMOND PEAK HISTORY & SUSTAINABILITY

Diamond Peak Ski Resort began in 1966 as Ski Incline, the brainchild of Incline Village developers Art Wood and Harold Tiller. Wood had a master plan for a year-round, resort community at Lake Tahoe – Incline Village was to become the “Pebble Beach of the Sierra” – and in 1966, Wood and Tiller hired Austrian ski consultant Luggi Foeger to design and build Ski Incline.

Initially proposed on the slopes of Rose Knob Peak (the flat-topped peak to the north of Incline Village), Foeger recognized immediately that Rose Knob Peak would never work as a ski area due to its lack of beginner and intermediate level terrain and the south-facing orientation of the slopes (meaning it received too much sun during the winter for a dependable ski season). After exploring the peaks and

ridges around Incline, Foeger chose the current location of the resort because it had an excellent variety of terrain, faces north-northwest, is easily accessed from the center of Incline, and offers beautiful views of Lake Tahoe.

The one drawback to the resort’s location – its relatively low elevation and proximity to the air-warming waters of Lake Tahoe – was addressed by installing the first snowmaking system in the western United States. And on November 19, 1966, after

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only four months of construction, Ski Incline opened its doors. That first season turned out to be a great one, with the resort operating for its longest season on record to date – 170 days from November 19, 1966 until May 7, 1967.

In 1987, Ski Resort Manager Jurgen Wetzstein led the development of the upper mountain and the addition of the mile-long Crystal Quad chairlift to reach the top of the peak. This expansion doubled the resort’s skiable acreage and added more advanced terrain. With the increased acreage, the resort extended the snowmaking system to cover the upper mountain along with adding more grooming equipment. Since most of the new trails were black diamonds, Ski Incline

was renamed Diamond Peak. 1987 was also when the Child Ski Center was developed and the resort added a free shuttle service throughout the community.

With the turn of the century, Diamond Peak embarked on a two-part, \$8.5-million-dollar capital improvement project. In 2002, it again expanded and improved the snowmaking system to permit snowmaking capabilities on 75 percent of developed terrain. The outdoor seating at the mid-mountain Snowflake Lodge was also renovated and expanded with a new wrap-around deck featuring panoramic views of Lake Tahoe and the Sierra Nevada mountain range. In 2003, Diamond Peak replaced its old Crystal Quad

with a new high-speed detachable Crystal Express quad to the top of the mountain.

In 2008, Diamond Peak spent \$4 million dollars renovating the base lodge which included an expanded rental shop, Loft Bar, and 300-square-foot outdoor patio, in addition to the existing wrap-around sun deck, a 300-square-foot meeting room, new restrooms, fixtures, siding and more. In the summer of 2009, Diamond Peak upgraded its snowmaking system to allow for more efficient snow production. In 2010, Diamond Peak

Continued on page 18

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completed a large renovation project with a new Skier Services Building, featuring a plaza area, ticket windows, Child Ski Center, Ski Patrol, and offices. In 2014, Diamond Peak added electric vehicle charging stations, two new snowcats, and upgraded its grooming fleet with SNOWsat grooming technology.

During the spring of 2018, Diamond Peak was recognized for its sustainability initiatives as the first ski resort in Lake Tahoe to become STOKE Certified. As one of the early adopters of the STOKE Snow certification program during the 2015/16 season, our community-owned ski resort has been diligently following our Roadmap Report to achieve best practices in snowmaking, interpretation,

waste diversion, and community development. STOKE Certified – the Sustainable Tourism and Outdoors Kit for Evaluation – is the world’s first sustainability certification body with standards built specifically for surf and ski tourism operators. The mission of the organization is to assist resorts in developing systematic approaches to sustainability, environmental responsibility, customer loyalty and staff retention.

During the 2017/18 ski season, Diamond Peak was evaluated against the 110 criteria in the STOKE Snow standard by an independent evaluator. The ski area achieved an overall compliance score of 78% across all four categories of sustainability performance, making it the second STOKE Certified ski area worldwide, behind Oregon’s Mt. Ashland Ski Area.

Diamond Peak continues to make improvements to snowmaking – including the purchase of four new TechnoAlpin high-efficiency TR8 snow guns during the 2019-20 ski season – and is continually assessing the system for upgrades to maximize snowmaking capacity and efficiency. Diamond Peak has also upgraded its grooming fleet with the addition of new PistenBully

400 ParkPro snowcats during both the 2017-18 and 2019-20 seasons.

Diamond Peak Ski Resort is one of many resorts that recognizes global warming and the effects that pollutants have on our environment. These are a few things that Diamond Peak has done and continues to do to join the cause in helping our winters stay cool:

- Installed two ChargePoint electric vehicle charging stations at Diamond Peak (upper lot) and two down the road at the Incline Championship Golf Course (955 Fairway Blvd).
- Installed automated thermostats in our facilities, thereby reducing our energy use by at least 20%.
- Continually upgrade our snowmaking system to use newer, more energy-efficient technology including advanced TechnoAlpin fan guns and low-energy HKD snow guns.
- Installed Evolution (EVO) boilers for more efficient heating in the Skier Services Building.
- Encourages carpooling by offering two shuttles that pick up in and around the Incline Village community.



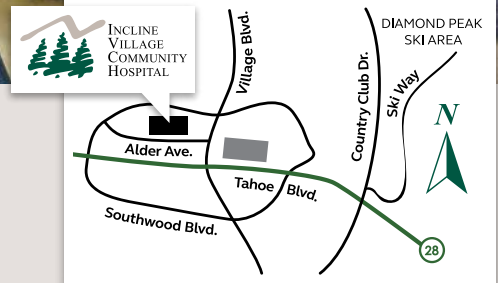
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face coverings required (even on chairlifts)



- Installed dual-flush toilets, thermal windows, and new lighting to conserve water and energy.
- Installed hydration stations with sensors to encourage the use of reusable beverage containers, which are sold in the food court.
- Educate employees and the community through IVGID's WasteNot programs, orientation and signage in the Base Lodge.
- Encourage recycling by making recycling bins readily available.
- Participate in "Take Care Tahoe" regional sustainability campaigns.
- Control soil erosion through slope maintenance, BMPs, and water bars

to help protect Lake Tahoe water clarity.

- Completed STOKE evaluation and received STOKE Certification in 2018.
- Use environmentally-safe, recyclable and biodegradable containers and utensils in food and beverage outlets.
- Print trail maps using mineral-based "stone paper" resulting in more durable/reusable product and no trees being harvested to produce paper.



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Located in the heart of Incline Village, **Incline Village Community Hospital** offers year-round, 24/7 emergency care to the North Lake Tahoe area and a wide range of high-quality healthcare services.

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- Laboratory Services
- Physical Therapy and Medical Fitness
- Sleep Disorder Center
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- Charitable giving and volunteer opportunities available through the IVCH Foundation and Hospital Auxiliary

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INCLINE VILLAGE COMMUNITY HOSPITAL



VOLLEYBALL LEGENDS COACHED LOCAL YOUTH THIS FALL

By Tim Kelly

Volleyball has always been a very popular sport in Incline Village. From our adult indoor leagues to residents playing on our beautiful sand courts, volleyball has a great history in town.

The crazy COVID fall of 2020 saw the popularity of volleyball explode even more with our youth when new Incline residents Casey Jennings and Kerri Walsh-Jennings moved to town and started our first-ever grass volleyball camp program at Incline Park.

Casey, a former national champion indoor player at Brigham Young University and retired professional 2-man beach volleyball player, was the head coach. Winning over 10 titles in his beach career, Casey taught the fundamentals to our Incline residents while showing the kids how much fun volleyball can be.

Kerri is already the most decorated beach volleyball player (male or female) of all time, is currently training for her sixth Olympic Games, and is universally recognized as one of the greatest volleyball players ever to play the sport. Married to Casey for 16 years, she served as his assistant coach at the Incline Village camp when she could make it. Kerri was



definitely a highlight of the amazing program when she brought her three Olympic Gold Medals and took pictures with all the players. She became even more famous with the kids when she showed up with pizza one day!

Roxanne Reed, a Senior at Incline High School and team captain of the volleyball team had this to say about the program, "It was amazing and so much fun. Casey is an amazing player and coach. I play a lot of volleyball, but to be able to learn from Casey was great. Then, to have Kerri show up and talk to us and give us any time was a dream come true. It was a really great program."

The Incline Village Parks & Recreation team is so excited to welcome the Jennings family to Incline Village and welcome them to our IVGID family. We look forward to seeing what is next for the volleyball program with Casey. Finally, our village is very excited to join the Kerri Walsh-Jennings fan club as we cheer her on at the upcoming Olympic Games.

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- Kelly K., Incline Village, Lake Tahoe, NV



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**Staff Spotlight:
Kristen Ferrall**

Kristen is up every day before the sun. She is a firm believer that the pace and spirit of the day is set the minute she awakes. Spiritual and physical fitness are her top priorities. She believes that nurturing those allows a “yes I can” positive attitude that spills into every other aspect of life. Kristen has a love for the Tahoe outdoors and every season it has to offer. She calls getting outside to play, “superfood for the soul.” Although she treasures her quiet time on a faraway trail way up high in the mountains, she also loves sharing that which inspires her, which is what led her to start teaching fitness classes. Kristen has taught group fitness classes for 16 years. To her, it’s more than just the physical workout. She weaves in a strong psychological inspiration to her style of teaching as well. She’s known to tell her classes, “Don’t you dare leave here asking yourself, ‘what if I had given everything?’”

Kristen teaches Winter Sports Conditioning, Cardio Cycle and Strength Conditioning. If you know Kristen, you’ll know her motto is, “Never waste a day.”



**WINTER SPORTS CONDITIONING
IS A CLASS AND A TRIBE** By Kristen Ferrall

Isn’t it incredible that we have a year-round playground right outside our back door! Each season offers so many different ways to get outside and recreate. The snow has arrived, welcoming winter and with that, an opportunity to renew and refresh. There is just something special about stepping outside into the purity of crisp, cold mountain air.

We start getting excited about winter early on here at the Recreation Center. Winter Sports Conditioning group fitness class begins each season as the days shorten and start to cool off. This class is held on the courts of the Recreation Center. The extra room allows the space for more people to attend and train. We feel it’s important to belong to a squad, a tribe, a pod, a cohort. Training together holds us accountable and helps push us out of our comfort zone. And after all, energy is contagious.

In a world where so much is changing so quickly, Winter Sports Conditioning offered members a bit of consistency in expectation. Show up. Do the work. Welcome the journey. Four days a week, for about an hour, “easy” and “average” got left in the dust and traded

in for “earned” and “exceptional.” Winter Sports Conditioning is one of the Incline Village Recreation Center’s more difficult classes. The cool thing about it is it’s still for everyone. No matter where you are in your fitness, you CAN show up. You CAN set a goal. It’s as easy and hard as that.

We’re in this together but it’s personal. No one shows up to be average. Anywhere. This season’s training was full of building on to the uncomfortable; step by step, level by level. Strength. Balance. Endurance. The ever dreaded squats started off at 30 seconds and we ended up holding at 3 minutes just a few weeks later. Have you ever danced in a deep squat? On a bosu? Oh yes we did! In that whole big space on the gymnasium, there was no room for, “I can’t.” There was plenty of room for, “ok, I’ll try.” And we did. We absolutely crushed it. Every class offered something a little different. Each instructor brought their “A” game every time.

There is no doubt our Winter Sports Conditioning squad, tribe, pod, cohort, is ready to play this season with strength and confidence. We are stronger together than we are apart.

SANTA STOP RECAP

Santa and Mrs. Claus scheduled a special stop in Incline Village this past December to gather letters from Incline Village/Crystal Bay children. Over 150 local families drove through IVGID's Winter Wonderland at The Chateau where they saw Santa and Mrs. Claus (from a distance), picked up a free Santa Kit (cookies for Santa, Reindeer food, hot cocoa mix and other holiday

goodies), and dropped pre-written letters for Santa in the North Pole Express Mailbox.

The Community Services Team is grateful we were able to share some holiday cheer with this amazing community. A big thank you to our generous sponsors including: Incline Tahoe Foundation, Diamond Peak,

North Lake Tahoe Fire Protection District, Tahoe Family Solutions, Pat Thompson, and community donors.

Donations make events like this possible. To support Incline Village/Crystal Bay community events visit: inclinetahoe.org and donate to the Community Events and Programming fund.





PROGRAMMING UPDATES

55+ Ski Clinics

Although these clinics will be different from years past and will solely focus on skiing, we are pleased that we can still offer this healthy outdoor program. Participants will be coached by Diamond Peak's PSIA certified instructors and will focus on skill improvement, skiing tactics and personal feedback for all participants. Groups will be limited to a 5:1 student to coach ratio, allowing for more time and attention to be devoted to each participant.

Days: Wednesdays

Dates: January 6 - April 7, 2021
(no clinic on 2/17)

Times:

- 9:30 - 10am: Outdoor socially-distanced meet-and-greet on the Diamond Peak Base Lodge sundeck.
- 10am - 12pm: Join PSIA Certified Instructors for on-the-snow instruction.

Fee: 10 clinics- \$250, \$200 w/ IVGID pass; 5 clinics- \$150, \$125 w/ IVGID pass; 1 clinic* - \$45, \$35 w/ IVGID pass (If space is available, participants can reserve a spot within 24 hours of clinic.)

Registration: Registration required.

Call 775-832-1310. If space is available, participants must reserve a spot at least 24 hours before the clinic.

55+ Snowshoe Hikes

Dashing through the snow with IVGID Senior Programs. Trekkers of all abilities are welcome to join IVGID Senior Programs for weekly light to moderate level snowshoe outings at various locations throughout our beautiful region. Following the hike, relax and enjoy a delicious lunch at an Incline Village eatery. Participants should bring a day pack, water, snowshoes, goggles or sunglasses, winter apparel and a camera. If you don't own snowshoes, rentals may be available at the Village Ski Loft. Please check with their staff for inventory by calling 775.831.3537.

Days: Tuesdays; ongoing through March 30 (weather permitting)

Time: 10am - 2pm

Location: Hikes take place in various locations. Meet in the back of the Recreation Center parking lot for departure.

Fee: \$20 per person, \$15 w/ IVGID pass (includes hike, guides and lunch)

Registration: Registration required.

Please register by 5pm on the Monday preceding the hike you wish to attend. Call 775.832.1310 or come by the Recreation Counter (980 Incline Way)

Moms On Mountain - (M.O.M.)

Are you always trying to catch up to your kids? Can your family out ski you? Get your ski groove back and have fun with other like-minded moms this winter at Diamond Peak. Clinics will include skill improvement, skiing tactics and personal feedback; as well as a good amount of fun and fresh Tahoe mountain air. Groups will divide by ability, with no more than a 5:1 student to instructor ratio.

Days: Thursdays, Jan. 28 - April 8
(no clinic Feb. 18)

Times: 9:30 - 10am warmup on Base Lodge Deck, 10am - 12pm clinic.

Fee: \$500 for all 10 weeks (\$400 with IVGID Pass), or \$65 per day for drop-ins* (\$50 with IVGID Pass)

Registration: Online at InclineRecreation.com or call 775.832.1310

**If space is available, participants must reserve a spot at least 24 hours before the clinic.*



Skeesters Women's Ski Clinics

Clinics focus on skill improvement, skiing tactics and personal feedback focused on the specific needs of female skiers in a safe and fun environment. Groups will divide by ability, with no more than a 5:1 student to instructor ratio. Diamond Peak's female PSIA Certified Instructors provide beginner (green), intermediate (blue), and advanced (black) level instruction.

Days: Tuesdays, Jan. 26 - April 6
(no clinic Feb. 16)

Times: 9:30-10am warmup on Base Lodge Deck, 10am-12pm clinic

Fee: \$500 for all 10 weeks (\$400 with IVGID Pass), or \$65 per day for drop-ins* (\$50 with IVGID Pass)

Registration: Online at InclineRecreation.com or call 775.832.1310

* If space is available, participants must reserve a spot at least 24 hours before the clinic.

Community Snowshoe Hikes

Join us for a series of fun Snowshoe hikes this winter. This community-favorite event, led by the Incline Village Parks & Recreation Department, encourages exercising in an intergenerational social setting for ages 10 and older is part of the Community Health and Wellness Initiative.

Please visit our website at <https://www.yourtahoeplace.com/parks-recreation> for the most up to date information.



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LET'S BEAT THIS STATISTIC TOGETHER

By Meagan Ballew

For most of us, the last thing on our mind amidst the crisp air and snowy days is swimming; however, the Incline Aquatics Team has been hard at work developing and implementing year-round programs to help our community beat a worrisome statistic. In 2020, drowning was the fifth leading cause of unintentional injury death for people of all ages, and the second leading cause of injury death for children ages 1 to 14 years*. In fact, more children 1-4 years old die from drowning than any other cause of death besides birth defects.

In 2020, the Aquatics Team taught over 726 children and adults water safety and swim skill classes in programs including private and group lessons, Swim Team Programs, Junior Lifeguard Camp, and Splashes and Glasses (Women's Swim Program).

According to Debbie Hesse, executive director of the USA Swimming Foundation, "Formal lessons can reduce the risk of drowning by 88%."

Although our lessons look and feel different right now, our goal is to continue to teach life safety skills to as many community members as possible.

Throughout the COVID-19 pandemic we have experienced growth in Pre-Swim Team and Swim Team Programs. During these trying months, 11 youth athletes graduated from swim lessons to Pre-Swim Team while nine swimmers moved up into more advanced swim team groups. We have also welcomed 11 of our newest residents to be part of our team. This could not be accomplished without the support of our wonderful and knowledgeable coaches and instructors.

In the absence of so many other youth activities, swimming has allowed our community's youth to connect, form

friendships and build character in a safe and friendly environment. Throughout the next year, our goals include making swim lessons more accessible, build dynamic programming that fits the needs of our community and help to make certain that our community is not part of those terrible statistics.

We thank our coaches and instructors for showing up, giving back and being an inspiration throughout the pandemic. Thank you: Gwynne Cunningham, Meagan Ballew, Ryan Whelan, Larry Spear, Kate Rye, Chia Rowan, Ken Reese, Fiona Lundie, Nick Finne, Moses Munez, Paloma Nolan-Bowers, Lena Soli, Nick McDonald, Madison Catagnola, Chloe Caustrita, Sam Davetas, Trinity Nunez, Serena Faulkner, Daisy Fanter, Hunter Johnson, Jackson Manship, Skyler Petrilla, Emma Schuyler and Olivia Schneider.

**Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System. URL: <http://www.cdc.gov/injury/wisqars>*



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Bistro at Edgewood Tahoe, 180 Lake Pkwy, Stateline
Beaujolais Bistro, 753 Riverside Dr, Reno
Carson Piazza Bar, 224 S Carson St, Carson City

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Raley's, 930 Tahoe Blvd, Incline Village
Whole Foods Market, 6139 S Virginia St, Reno
Lee's Discount Liquor, 8165 S Virginia St, Reno



PERSONAL TRAINER TIP: WALK THIS WINTER

By Sue Jenkins

As we enter the depths of winter, with the pandemic causing so many of us to be homebound and sometimes isolated, it is often very hard to keep motivated and on course to exercise. I think the best tip for staying fit and healthy, particularly if you can't get to the gym or enjoy the regular sports you play, is to WALK.

Hippocrates, the father of modern medicine, said, "Walking is man's best medicine."

He was right. It has been proven that adding as little as 20 minutes of walking a day can improve your health in so many ways. Two long term Harvard studies found that simply walking 20 minutes a day could reduce your risk of heart disease by up to 30 percent. Brisk walking combined with healthy eating can also help with weight loss. Walking can also keep your brain in shape as studies also suggest that the hippocampus (the part of the brain that is key to memory) can be expanded through regular walking.

Furthermore regular exercise releases endorphins that improve your mood and helps ease stress and anxiety. Walking out in the sunshine and soaking up Vitamin D can really help alleviate feelings of depression. Walking can also boost sleep hormones such as melatonin which help with sleeping more deeply.

Keeping fit and healthy is as easy as putting one foot in front of the other. Baby steps. Of course, it can be hard through a snow storm to get out walking, but likewise, it is so important when indoors not to sit for extended periods of time. Even if you have done an hour-long workout at the gym, experts believe

if you then sit for extended periods at your desk or watching television, you may negate the hour you did at the gym. Sitting for long periods inhibits the flow of blood and nutrients to your muscles and can cause all sorts of health problems.

Sitting is the new smoking. You should try and get up and move around every 20 minutes or so. Again, even on a snowy day, try to walk and keep active. Snowshoeing is an inexpensive option and offers a cardio workout in the great outdoors. Simply walking up and down the stairs is a workout. When you receive a phone call or text message, stand up and walk and talk/text. Don't fast forward through commercials on TV - get up, stretch and walk around. When you head to the supermarket, park in the spots farthest away from the entrance.

The Center for Disease Control and Prevention (CDC) recommends adults do 150 minutes of moderate activity or 75 minutes of vigorous exercise a week, which is roughly 8,000 steps a day. So get walking through the winter. Arrange to meet up with a friend to ensure you go! Just 20 minutes a day to start, and gradually build on this bit by bit to keep fit, happy and healthy through the winter months.

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**Staff Spotlight:
Sue Jenkins**

*Certified in:
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Trainer and ACE Weight
Management Specialist
Cert, London Central
YMCA qualified Exercise
to Music Instructor, Ibbta
Barre Certification Level
1, Yogafit Level 1, Speedo
Aqua Fitness, Step Reebok,
TRX, certified Instructor,
Zumba And Strong By*

Zumba, 55+ Fitness Certified Instructor

Sue came to Incline with her family via Northern California, arriving in the USA in 2011 from the United Kingdom. She has a son Dillon who is currently a sophomore at UNR, and daughter Millie who is a senior at Incline High. Since forcing her reluctant mom to send her

to ballet classes at age 5, she continued lessons throughout her childhood, and went on to study contemporary dance. Graduating from University College Cardiff, Wales with a four-year Bsc (Econ) degree in European Community studies, Sue spent most of her working life in London. She worked in the British Film Industry for 10 years for a small independent film production company.

She teaches cardio strength, tabata circuit, Zumba, ballet barre/flex core balance, 55+ fitness, aqua aerobics, yoga fit and stability ball classes at the Recreation Center. Although her love of fitness and health originated in dance and aerobics, Sue believes cross training is not only the way to enjoy variety when exercising, but is the clear path to building a balanced, healthful body and lifestyle. Aside from fitness, Sue enjoys spending time with her family and friends, travel, reading, hiking, paddleboarding and tennis. She currently plays singles for Incline's USTA 3.5 women's team.

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The Golf Pros are available for lessons through the off-season. Call the Golf Shop 775-832-1146 to reserve your spot or schedule a lesson.

The Golf Shop is also stocked with apparel and a variety of Incline Village souvenir and gift items.

Visit GolfIncline.com for current hours of operation.



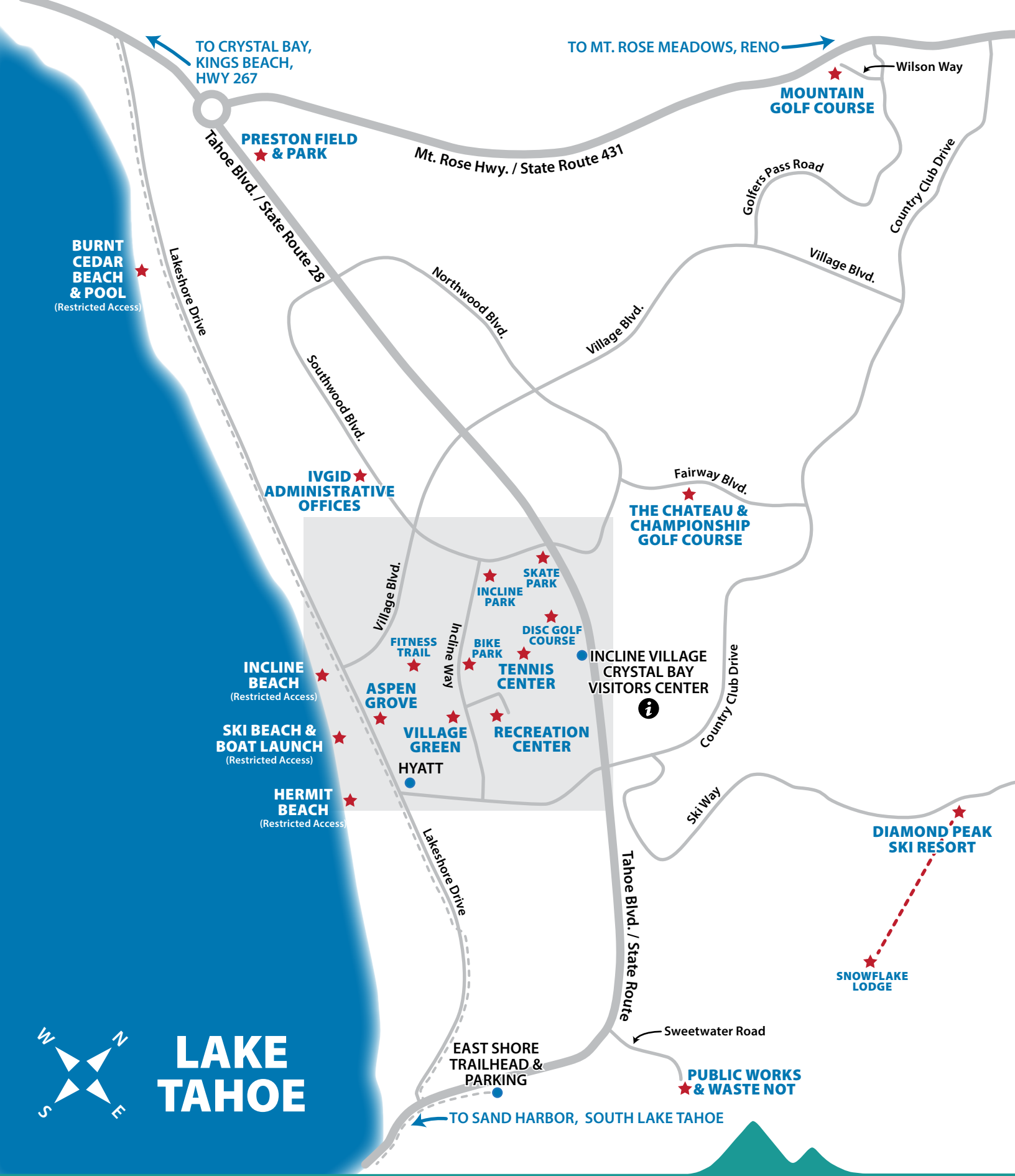
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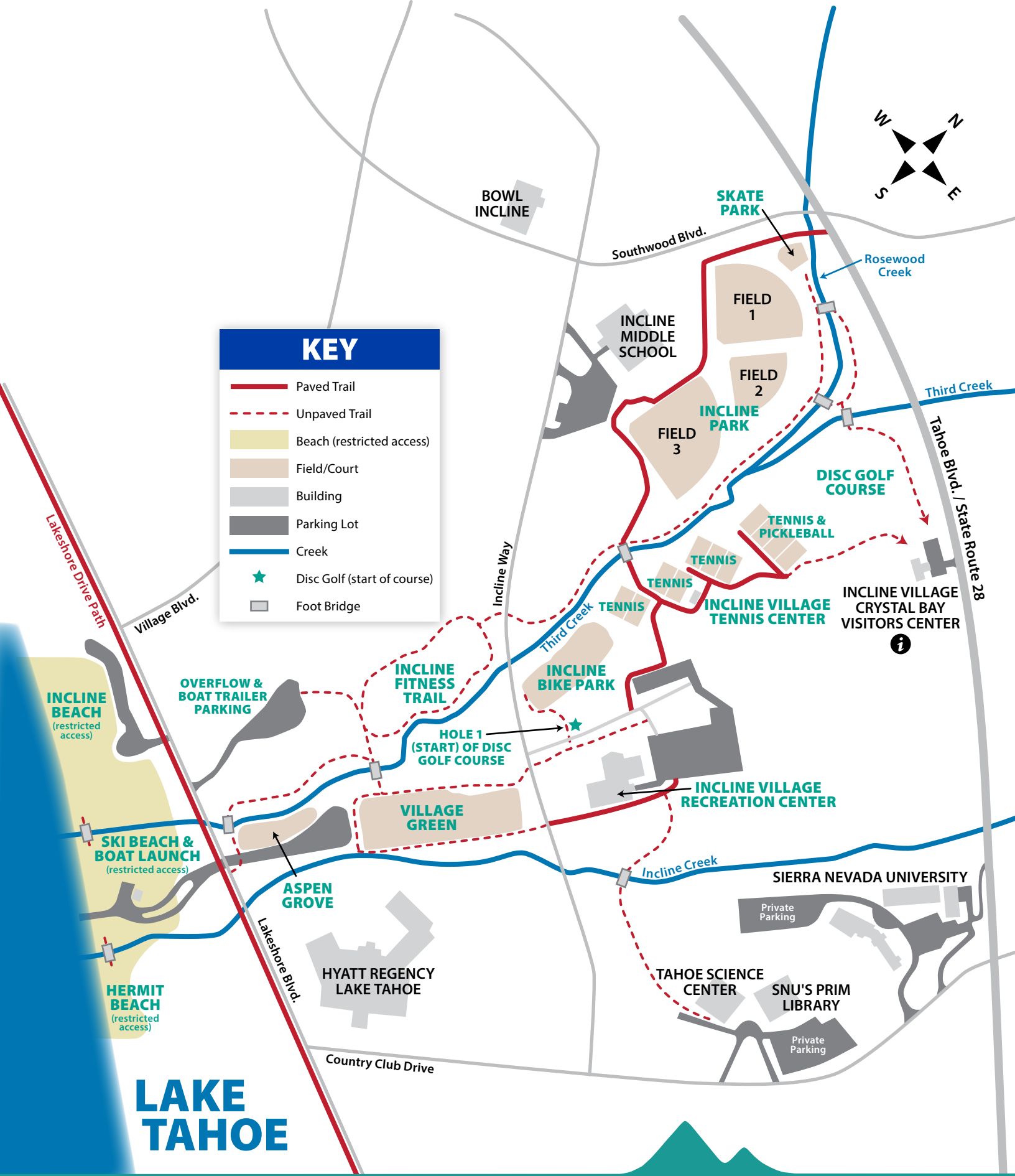
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TAHOE WATER SUPPLIERS ASSOCIATION WINS 2020 SPIRIT OF TRPA AWARD



The Tahoe Water Suppliers Association was selected by Tahoe Regional Planning Agency (TRPA) staff and board members as one of the 2020 Spirit of TRPA award recipients to

represent the group of Public Utility Districts and General Improvement Districts who work so hard to protect Lake Tahoe. All recipients were acknowledged at the virtual TRPA Governing Board meeting in November 2020. Honoring individuals by the decades – from the 1960s through present day was the line up at this 50-year celebration.

Statement from the TRPA:

The Tahoe Regional Planning Agency (TRPA) today recognized individuals who, over the agency’s 50-year history, worked tirelessly to protect the spectacular environment of the Lake Tahoe Region and to create more resilient communities.

During its online governing board meeting (Nov. 18, 2020), the agency bestowed “Spirit of TRPA” awards on scientists, agency representatives, organizations, and community and legislative leaders who embody the essence of collaboration in the basin. Reflecting on its half-century legacy, TRPA honored people who have made significant achievements through each decade, beginning in the 1960s with the work to create a first-of-its kind bi-state compact between Nevada and California.

“There is a spirit of collaboration and partnership that has resounded in the Tahoe Basin ever since these two states came together to protect one

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of the most pristine alpine lakes in the world,” TRPA Executive Director Joanne S. Marchetta said. “Through brilliance, hard work, and cooperation, these awardees and many others have made these protections possible.”

For the 1970s, the agency recognized Dr. Charles Goldman for his long-standing contributions to science-based decision-making; and the Tahoe Water Suppliers Association was recognized on behalf of all the regional water and wastewater utilities, which provide critical environmental services to our communities and protect our drinking water.

GREEN WASTE RECYCLING

<i>Year</i>	<i>Total Tons</i>	<i>% Increase</i>
2020	4,587	119%
2019	2,093	34%
2018	1,558	48%
2017	1,050	212%
2016	337	20%

2020 GREEN WASTE RECYCLING UPDATE

Pine needle collection got off to a later start than usual last year, but the program was as popular as ever. Thank you for your continued participation to make this program successful. 4,587 tons of yard debris was collected during the 2020 green waste recycling program including 79,504 stickered bags collected curbside and 12,045 stickers used at the transfer station.

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IVGID BOARD OF TRUSTEES



Tim Callicrate,
Chairman

Tim Callicrate is a business owner and full-time, year-round resident since June of 1985, having moved from his hometown of Portland, Oregon where he earned his BS in Communications Management from the University of Portland. Tim has been a professional pianist/vocalist for over

35 years. He was the staff pianist at the Hyatt's Lone Eagle Grille, Hugo's and more recently Martis Camp, and now serves as the Director of Music at St. Francis Catholic Church. Tim has also been a volunteer Docent for 18 years at the Thunderbird Lodge. Always a believer in higher education, Tim attended Sierra Nevada University

and earned a second BS in Entrepreneurship and a MA in Teaching in 2006.

Tim had previously served on the Board of Trustees in 1997 - 2000. Tim is currently serving his third term as IVGID Trustee after being re-elected in 2018, and his term will expire in 2022.

PO Box 5663 | Incline Village, Nevada 89450 | 775.336.9925 | callicrate_trustee@ivgid.org | Term expires 2022



Michaela Tonking,
Treasurer

Michaela Tonking had the privilege of growing up in Incline Village, having left to attend the University of Colorado, Boulder where she earned a B.S. and M.S. in Business Administration emphasizing in Accounting. She continued her education at Brown University where she earned a M.A. in Urban Education Policy. Michaela works with state policy makers across the country

on education funding and resource allocation.

Michaela loves the community she grew up in and is excited to be back. She enjoys all IVGID has to offer from skiing at Diamond Peak, golfing at Mountain and Championship golf courses, to taking classes at the Recreation Center.

She currently coaches the We The People team at Incline

High School and serves as a board member for the Incline Education Foundation.

Michaela was elected to the IVGID Board in November 2020 to serve through 2024.

546 Lantern Ct. | Incline Village, NV 89451 | 775.225.0748 | tonking_trustee@ivgid.org | Term expires 2024



Kendra Wong, Trustee

Kendra Wong earned an M.B.A. from Arizona State University and a B.S. in Economics from UC Davis. Kendra's professional concentration is in accounting and finance. She began her professional career with PricewaterhouseCoopers in their audit practice. Her experience at PwC exposed her to numerous industries,

including venture capital and life science. Since leaving PwC, Kendra has worked in the pharmaceutical, medical device, utility, ski resort, and higher education industries. Kendra maintains an active CPA license in California. Kendra is a Professor Emeritus at Sierra Nevada University.

Kendra enjoys everything Incline Village has to offer.

You can find her at Diamond Peak in the winter and at the Mountain Golf Course and on the beaches during the summer.

Ms. Wong is serving her second term on the IVGID Board of Trustees after being re-elected in 2018, and her term expires in 2022.

774 Mays Blvd. #10-294 | Incline Village, Nevada 89451 | 916.251.9664 | wong_trustee@ivgid.org | Term expires 2022



Matthew Dent,
Vice Chairman

Matthew Dent was born in Watsonville, California and moved to Nevada with his wife Tara in 2007. He earned a B.S. in Construction Management from CSU, Chico and a M.B.A. from the University of Nevada, Reno. Matthew and Tara have a 2-year-old son who enjoys daily walks to the beach and parks. They also enjoy spending time with friends, boating, skiing, and golfing.

Over the last 15 years, Matthew has collaborated with many local, state, and federal agencies while serving on executive teams for complex heavy civil, residential, and commercial construction projects with a value exceeding half a billion dollars. Prior to joining the construction industry, Matthew spent 10 years within customer service

while working in hotels and restaurants.

He currently serves as the Vice Chairman of the Board of Trustees and has represented IVGID as Board Member for the Nevada League of Cities since 2015. Matthew was appointed to the IVGID Board in September 2015, elected in November 2016, and re-elected in November 2020 to serve through 2024.

774 Mays Blvd. #10-573 | Incline Village, Nevada 89451 | 775.530.1345 | dent_trustee@ivgid.org | Term expires 2024



Sara Schmitz, Secretary

Sara Schmitz grew up in a small town in the Upper Midwest where she learned the value of community spirit and civic engagement. During her career as an Information Technology Executive, she led a team of 45 project managers and oversaw over \$20M of projects.

After moving from Minnesota to Danville, California in 2006, she embarked on a

second career as a Realtor. At the same time she became actively involved with the local chamber of commerce as well as town, county, and state government.

Sara and her husband spent their honeymoon in Tahoe and have been returning ever since. Since moving to the Incline Village/Crystal Bay community full time, she has volunteered with the elementary school's

Read With Me program and the Boys & Girls Club. She's also a part-time ski instructor and Washoe County Citizens Advisory Board (CAB) member.

Sara was appointed to the IVGID Board in January 2020 by the Washoe County Commissioners, and elected in November 2020 to serve through 2024.

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WINE PAIRING TIP FROM OUR RESIDENT SOMMELIER

By Jesse Howard, Banquet Supervisor & Captain at The Chateau & Aspen Grove

Although life is a bit different this year, Valentine's Day is upon us as regularly scheduled. Should my sweetheart and I decide to stay in this year, we'll likely celebrate with two of our favorite activities - cooking a delicious meal and pairing it with the perfect wine!

When talking to many of my friends and family, I hear similar stories when it comes to wine: "I only drink red," or "I hate Riesling because it's too sweet."

There is also the stigma that red meat should pair with red wine, while seafood or chicken should only be paired with white; but when it comes to pork, what do you do with "the other white meat?"

Not to worry, there's an exception to every rule! I want to share a couple of my favorite recipes paired with two wines each. That way, you can find the exception(al) wine and food pairing that works for you.

First off Shrimp Scampi: I love this dish because it has so many flavors, it's simple, and it can be made in as few as 10-15 minutes for the whole meal.

I like to sauté shallots and fresh grated garlic in olive oil until nice and golden. Add a few halved cherry tomatoes and red pepper flakes, and when they get soft, add just a few tablespoons of white wine. My rule with cooking with wine is to always use something that you would be happy to drink. Once the wine is reduced just a bit add a few tablespoons of chicken or veggie stock and thinly slice some basil.

Your sauce is finished, so set it aside while cooking linguine or your favorite pasta. While pasta is boiling, cook the shrimp. Season with some salt and pepper, a little lemon zest and sauté for about 90 seconds total. Toss everything together and the scampi is ready to pair with wine!

Two of my favorite wines to pair with this meal are a Sauvignon Blanc or a dry Riesling. Sauvignon Blanc has the citrus flavors to cut through the pungency of garlic and bright acidity to freshen your taste buds from oil between bites. When pairing with Riesling, DRY is very important. For those of you who hate Riesling because it is too sweet, make sure to try one from Alsace France or Willamette Valley in Oregon. This wine will work great with garlicky seafood dishes for much the same reason as the Sauvignon Blanc.

Another great meal is a grilled pork tenderloin seasoned with a rosemary blackberry sauce: In a saucepan reduce blackberries, rosemary, white wine vinegar, salt and pepper, garlic and a little water. This is both a marinade and a pour-over sauce after cooked, so make plenty. Marinate the tenderloin about an hour.

Next, grill the pork loin on high heat until medium and let rest until cooked all the way through. Heat the sauce you made earlier, slice the tenderloin into medallions and pour the sauce over and garnish with blackberries and rosemary leaves.

The great thing about this meal is that it can pair nicely with either an oaky Chardonnay or a rich Cabernet Sauvignon. The flavor of the berries with the earthy undertones of the rosemary and the char from the grille are an amazing match with the earthy/oaky undertones of both.

No matter what type of meal you want to prepare, remember there is a wine out there that will taste great with it. Even if you are not a wine fan, all you need is a small amount of research and you might surprise yourself with a delicious pairing!

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