

INCLINE VILLAGE RECREATION CENTER CORPORATE MEMBERSHIP PROGRAM

Keep your employees happy, healthy and productive by encouraging them to enroll in the affordable, personalized Incline Village Recreation Center Corporate Membership Program! Your corporate membership includes access to the 37,000 sq. ft. Incline Village Recreation Center and the amenities listed below.

Hours of Operation

6:00am-8:00pm Monday-Friday; 7:00am-7:00pm Saturday & 7:00am-5:00pm Sunday

MEMBERSHIP SERVICES

- ~ Eight lane indoor pool with diving board
- ~ 40 Group and Water Fitness classes (no reservations-seven days a week):
Yoga, Cardio Cycle, Zumba, TRX Suspension Training, Strength Conditioning, Cardio/Strength Conditioning, HIIT-Tabata Cardio/Strength, Flexibility/Core/Balance, Liquid Cardio, Combo Water Fitness and H2O Basics
- ~ Gymnasium for basketball, soccer, volleyball and other activities
- ~ Drop-in lunch-time basketball
- ~ Co-ed Sauna
- ~ **Newly remodeled** locker rooms with private showers
- ~ Computer access with internet options
- ~ Facility orientation
- ~ Cardiovascular/Strength Conditioning Room including:
Free-weights up to 100 pounds; Cardio Machines including: VersaClimber, LifeFitness Powermill Climber, Matrix Climbmill, treadmills, stationary bikes, elliptical machines, arm ergometer, spinning bikes, recumbent bikes and elliptical, rower, steppers. Plus Matrix Circuit Strength, LifeFitness Dual Pulley System, Lifefitness SYNRGY360 system, Freemotion Squat Rack, LifeFitness Dip/Chin Assist and more

OPTIONAL SERVICES

- ~ Personal Training
- ~ Snack Bar and Pro Shop Merchandise
- ~ Towel and Locker Service

980 INCLINE WAY, INCLINE VILLAGE, NV
InclineRecreation.com • 775-832-1310 



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RATES

Corporations who purchase five or more **memberships** receive 15% off the rack rate membership fees. Available corporate memberships are as follows: Annual, Ongoing Monthly, 3 Month and 6 Month. Plus employees or the employer can purchase Single, Senior Single, Couple, Senior Couple, Family and Senior Family memberships. Five or more memberships need to be active at the same time to receive your corporate discount. If your corporate account drops below 5 memberships; all corporate memberships will return to the regular rates. Please see attached rate sheet.

MEMBERSHIP OPTIONS

The Incline Recreation Center offers 3 options for your company's membership:

- ~ A totally paid company membership (the company pays the entire amount).
- ~ An employee only paid company membership (employee pays entire amount).
- ~ A split of the fees between the company and employee.

QUALIFICATIONS

To qualify for a corporate membership, all applicants must be current employees of the same employer and show a current pay stub. If a corporation drops below the minimum number for the discounted corporate rate, there is a 30 day grace period to replace that employee membership. After thirty days, the rate will be adjusted to standard rates.

THE BOTTOM LINE ON CORPORATE WELLNESS

A healthier workforce means a healthier business. A membership to the Incline Village Recreation Center could be the first step to greater productivity, less absenteeism and a reduction of long-term health care costs. Whether you own a small family-run business or are the CEO of a large corporation, the health of your workforce is important. According to the *Wellness Councils of America*, there are a number of tangible benefits associated with corporate sponsored wellness programs.

- ~ Improved Morale
- ~ Reduced Turnover
- ~ Increased Recruitment Potential
- ~ Reduced Absenteeism
- ~ Health Care Cost Containment
- ~ Improved Employee Health Status

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