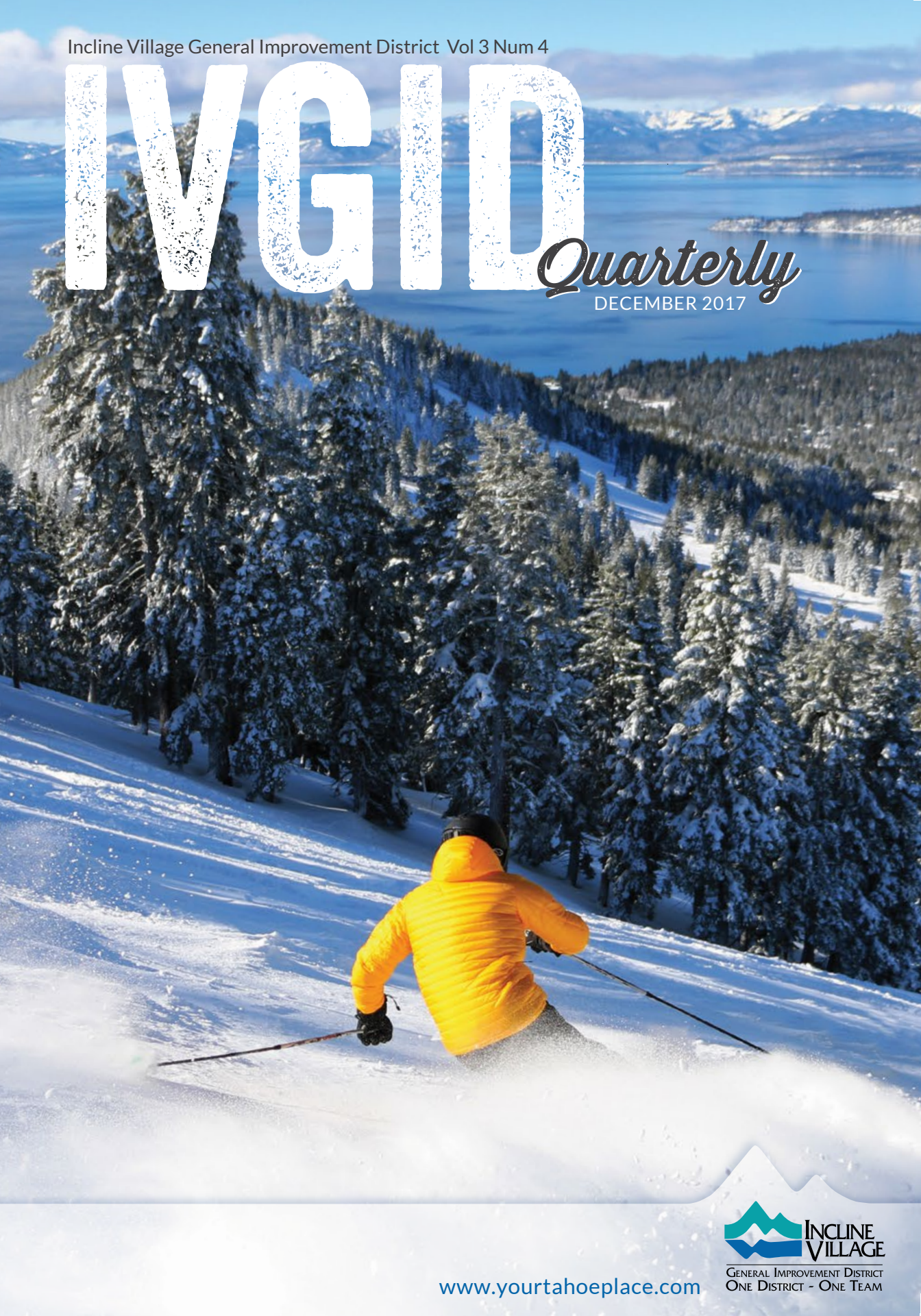


Incline Village General Improvement District Vol 3 Num 4

# IVGID

*Quarterly*  
DECEMBER 2017



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*Doug Miranda Photography*

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## EDITORIAL STAFF

Managing Editor  
Misty Moga

Contributors  
Paul Raymore  
Indra Winquest  
Susan Herron

Copy Editor  
Susan Herron

## CONTACT US

893 Southwood Blvd. Incline  
Village, NV 89451  
info@ivgid.org

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## COVER PHOTO

Jaclyn Ream  
"Diamond Peak Pow Turn"

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## IVGID FACILITIES INFO

Aspen Grove Community Center	960 Lakeshore Blvd.	775.832.1240
Burnt Cedar Beach	665 Lakeshore Blvd.	775.832.1232
Championship Golf Course	955 Fairway Blvd.	775.832.1146
Diamond Peak Ski Resort	1210 Ski Way	775.832.1177
Incline Beach	967 Lakeshore Blvd.	775.832.1233
Incline Elementary School	7915 Northwood Blvd.	775.832.4250
Incline High School	499 Village Blvd.	775.832.4260
Incline Middle School	931 Southwood Blvd.	775.832.4220
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Preston Field	700 Tahoe Blvd.	775.832.1310
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Village Green	960 Lakeshore Blvd.	775.832.1310



## WELCOME BACK

### Diamond Peak Ski Resort General Manager Mike Bandelin

Welcome back for another incredible season on the slopes. Last winter, I was honored to spend my inaugural year as the General Manager celebrating the resort's 50th anniversary, which was a great success, filled with reminiscing about the good old days as well as creating new memories. This milestone was made possible with the help of our supportive community, loyal pass holders, and dedicated staff.

Additionally, last season, we experienced a near-record snowfall, which was the perfect way to commemorate our golden anniversary. With significant snowfall comes strain and stress on our infrastructure, revealed by the spring runoff. Our staff has worked diligently to repair and improve our resort in time to welcome the new ski season.

We have been busy planning the this season's activities and events, and we look forward to hosting our ever-popular events such as the 55+ Ski Clinic Series, Diamond Peak Ski Team's annual

Ullr Fest celebration/fundraiser, Last Tracks Wine/Beer Tastings, Moonlight Snowshoe Hikes, the new Luggi Foeger Uphill/Downhill Festival, and of course, the highly anticipated Dummy Downhill, which returns for its 18th year this spring.

When you visit, be sure to check out what's new on the mountain...

- **New Terrain Park** Skiers and riders looking to progress their park skills will have a new, beautiful venue to practice in as Diamond Peak is relocating the small to mid-sized progression park from Popular up to the Lakeview run. This new park will allow enthusiasts to build confidence and prepare safely for Diamond Peak's larger features in the Spillway terrain park.

- **Increased Snowmaking Productivity** This season, Diamond Peak's Snow Surfaces team has added additional pedestals/hookups around the mountain for the resort's HKD high-efficiency tower snow guns, allowing for more strategic usage of these very productive pieces of snowmaking equipment.

- **New Burton Rental Fleet** The Diamond Peak Rental Shop has upgraded its entire snowboard rental fleet for the 2017-18 season with new, progression-focused Learn to Ride snowboards, boots and bindings from Burton.

- **On-mountain Guided Interpretive Tours** In partnership with the Incline Village General Improvement District's Waste Not conservation staff, Diamond Peak will offer a series of guided interpretive ski/snowboard tours of the mountain this winter.

- **Season Pass Perks** If you haven't purchased your season pass yet, don't delay. The new season passholder perks are incredible and get better every season.

As a community-owned ski resort – something that is extremely rare in this industry and something we take great pride in at Diamond Peak – we strive to offer affordable options for locals and their guests to experience the fun of skiing and snowboarding. With that in mind, we offer programs and discounts such as: Kids 6 and under and seniors 80+ ski free; Bring Your Other Pass discounts; interchangeable parents' tickets; the Locals Lunch program; discounted Beginner lift tickets, affordable Learn to Ski/ Ride programs; free lift tickets on your birthday (with an UnBirthday Celebration for all those with non-winter birthdays); and of course discounts for Firefighters, Police and Military members and their families.

So whether you are new to Incline Village/Crystal Bay, or a long-time Diamond Peak season passholder, we welcome you to enjoy all that we have to offer this winter.

# INCLINE VILLAGE'S NATURAL LEGAL RESOURCE

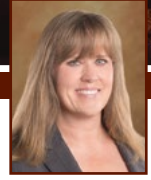
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# Welcome to the Neighborhood!

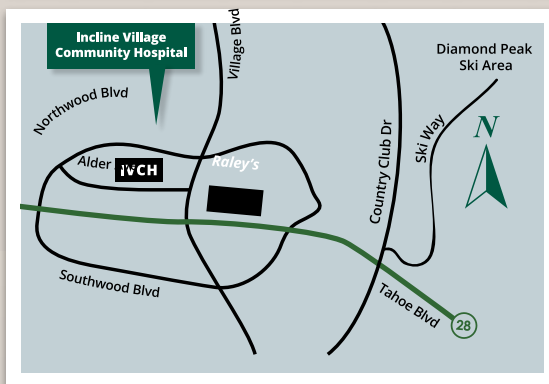


Located in the heart of Incline Village, **Incline Village Community Hospital** offers 24-Hour emergency care to the North Lake Tahoe area, and a wide range of high-quality healthcare services.

- 24-Hour Emergency Care with Board Certified Physicians, Registered Nurses, and Medical Technicians
- Outpatient Surgery
- Diagnostic Imaging and X-Ray, with state-of-the-art CT Scanner
- Incline Village Health Center, offering primary, pediatric, and internal medicine. Monday through Friday, 9 am to 5 pm. Walk-ins accepted based on provider availability.
- Laboratory Services
- Physical Therapy and Medical Fitness
- Sleep Disorder Center
- Health, Wellness, and Community Education Programs
- Hospice and Home Health Services
- Charitable giving and volunteer opportunities available through the IVCH Foundation and Hospital Auxiliary



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## **NEW SNOW SURFACES STAFF AND EQUIPMENT**

The slopes of Diamond Peak Ski Resort are in for an upgrade for the 2017-18 ski season as the resort has added a new PistenBully 400 ParkPro 4F grooming machine to its fleet and has reoriented its Child Ski Center magic carpet lift to allow for increased uphill capacity in the dedicated children's learning area.

The new 400 ParkPro 4F grooming machine is the second ParkPro groomer in Diamond Peak's fleet of five snow cats.

Diamond Peak is also pleased to announce the hiring of Matt Melilli as the resort's new Slope Maintenance Manager, along with Tim Hay as the new Assistant Slope Maintenance Manager. Together,

Melilli and Hay will oversee the resort's snowmaking, grooming, terrain parks and summer slope maintenance operations. Both Melilli and Hay come to Diamond Peak from Boreal Mountain Resort, and both have extensive experience in slope maintenance, grooming operations and terrain park management at many different ski resorts throughout the world.

Over the course of his career, Melilli has been deeply involved in planning and constructing boundary pushing terrain park features for events such as the Burton U.S. Open and the Dew Tour as a contractor for Snow Park Technologies.

Hay has also been recognized for his innovation in terrain park design and construction, most recently with an invitation to Snowboarder Magazine's Superpark 21 event as part of the Woodward Tahoe build team. Be sure to welcome Melilli and Hay when you see them on the slopes or working around the base area.



# SEASON PASS RATES

Since 1966, Diamond Peak Ski Resort has been North Lake Tahoe's hidden gem. Located in Incline Village, Nevada, the affordable, family-friendly resort offers 655 acres and 1,840 vertical feet of skiing and snowboarding, with incredible views of Lake Tahoe, terrain for all levels, and some of the best tree skiing in the Tahoe Basin. For more information or to check the snow report, visit [DiamondPeak.com](http://DiamondPeak.com) or call 775.832.1177.

	Regular	IVGID Picture Passholder
<b>FULL PASS</b> – No Blackouts		
Adult (24-64)	\$479	\$349
Youth (13-23)/College	\$259	\$189
Child (7-12) & Senior (65-69)	\$189	\$149
Super Sr. (70-79)	\$169	\$49
6 & under / 80+	Free	Free
<b>Midweek Pass</b> - Blackouts apply		
Adult (24-64)	\$339	\$299
Youth (13-23)/College	\$219	\$149
Child (7-12) & Senior (65-69)	\$169	\$119
Super Sr. (70-79)	\$149	\$40
6 & under / 80+	Free	Free

**Prices subject to change without notice.**

**Midweek Passes not valid during the holiday periods** (Dec. 23, 2017 – Jan. 7, 2018; Jan. 13-15, 2018; Feb. 17-25, 2018) but valid on weekends starting March 1, 2017.

**College Pass** must present current college ID & full-time course schedule (12+ units)





# SEASON PASSHOLDERS PERKS

This winter, Diamond Peak Ski Resort season passholders will receive a total of 44 complimentary non-holiday bonus days at partner resorts – four days at each of: Boreal Mountain Resort, Homewood Mountain Resort, Bogus Basin, Lee Canyon, Red Lodge Mountain Resort, Whitefish Mountain Resort, Purgatory Resort, Arizona Snowbowl, Pajarito Mountain Ski Area, Sipapu Ski & Summer Resort and Hesperus Ski Area.

Special discounts and privileges on the mountain are also available to Diamond Peak season pass holders, including:

- Four (4) discounted \$44 Bring-A-Friend Tickets (valid on non-peak days)
- 10% off food and non-alcoholic beverages in the Base Lodge and at Wild Bill's BBQ at Snowflake Lodge

- 20% off equipment tuning at the Diamond Peak Rental and Repair Shop
- \$5 off Last Tracks event tickets

Diamond Peak also offers Passholder appreciation events at the beginning of the season and in the spring. This year's events will be on December 15 and March 11. Check the Events Calendar at [DiamondPeak.com/events](http://DiamondPeak.com/events) for details.

Every Diamond Peak season pass comes with our Peak Pledge, our promise of a 100% refund on unused 2017-18 season passes when requested by January 15, 2018 – no insurance or doctor's note needed. Passholders just need to visit Guest Services by January 15, 2018 to request a full refund.

Some restrictions apply. All perks expire at the end of the season, unless noted. Visit the Season Passes Page at [DiamondPeak.com](http://DiamondPeak.com) for details and full description of perks.



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11:30am – 1:30pm, Sat

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## COOKING CLASSES

Jan. 12 Date Night	Feb. 14 Couples- Love Bites
Jan. 18 Cooking for Health	Feb. 15 Couples- Love Bites
Jan. 19 Ravioli & Tortellini Workshop	Feb. 16 Chinese Takeout Favorites
Jan. 20 Culinary Boot Camp	Feb. 21 Cast Iron Cooking
Jan. 25 Douglas Dale - Wolfdale's	Feb. 22 Taste of Thailand
Jan. 26 Taste of Southern Italy	Feb. 23 Gumbo, Jambalaya & Beignets
Jan. 27 Killer Winter Recipes	Feb. 24 Artisan Bread Workshop
Jan. 29 Teens Cook!	Mar. 02 L.A. Mexicano
Jan. 30 Techniques Series Begins!	Mar. 3 Egg Skills Workshop
Jan. 31 Chris Nealon-Winter Beer Pairing	Mar. 8 Fried Chicken Workshop
Feb. 01 Paella	Mar. 10 Family Bagel Workshop
Feb. 07 Knife Skills	Mar. 20 Josh Berreman- Spring Sm Plates
Feb. 08 Crepes of France	Mar. 21 Ramen & Asian Dumplings



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## WINTER JOBS

Looking for a winter job? Diamond Peak is hiring! If you want to work this winter, start the process now. Here are a few tips to help you start on the right path:

View positions at [YourTahoePlace.com/jobs](http://YourTahoePlace.com/jobs). Are you thinking full-time or part-time? Inside or outside? Talk to employees, friends and contacts to find out what jobs might be a good fit.

Next, create an online profile so you can apply for multiple positions without having to re-enter your information. If you don't have computer access, you may use the public computer at the IVGID Administration building at 893 Southwood Blvd., Incline Village.

Your profile is your first impression, so make it count with complete information, reviewing for typos, and not just putting "see resume."

If you are struggling with the employment section or have just entered the job market, think of when you volunteered for events, babysat, or did community service.

Attaching a cover letter and resume provides another opportunity to show how your experience fits the position. Make a positive impression by following up in a courteous manner.

Follow up with a phone call if you don't hear back after a week. Let the manager know when you are available for an interview. You don't need to wear a suit, but look presentable. Dressing business casual or wear a polo shirt or blouse is appropriate.

Think about questions the managers may ask pertaining to the job or your experience. Most jobs at Diamond Peak involve customer service, so think of examples of when you provided exceptional customer service.

Come up with a few questions you want to ask about the expectations to make sure it's a good fit.

Seasonal jobs can be a great opportunity for high school and college students, adults and weekend warriors. Join us at Diamond Peak Ski Resort where work style and lifestyle meet!

Visit [YourTahoePlace.com/jobs](http://YourTahoePlace.com/jobs) or call 775.832.1100 for more employment information.

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# MOUNTAIN STATS

## Elevation Base

6,700' (2,042 m) - summit 8,540' (2,603 m)

## Vertical Drop

1,840' (561 m)

## Skiable Acres

655

## Average Snowfall

300" - 350" (7.62 - 8.89 m) per year

## Snowmaking

75% of developed terrain has snowmaking capabilities

## Lifts

1 high speed quad, 2 quads, 3 doubles, 1 surface lift (Child Ski Center only)

## Runs

30 named trails, plus open bowls and tree skiing areas

## Longest Run

2.5 miles

## Terrain

18% beginner; 46% intermediate; 36% advanced

## Season

Mid-December to Mid-April (weather permitting)

## Ski & Snowboard School

Group and private ski and snowboard lessons available for ages 7+

## Child Ski Center

Group ski lessons for ages 4-6; private lessons for ages 3-6

## Shuttle Service

Free daily shuttle service throughout Incline Village including the Hyatt Regency Lake Tahoe

## Directions

From State Route 28 or Hwy 431, turn on Country Club Drive to Ski Way and follow the signs to Diamond Peak - 30 minutes from Reno, NV; 2.5 hours from Sacramento, CA; 3.5 hours from San Francisco

## Major Airport

Incline Village is a scenic 35-mile drive from the Reno/Tahoe International Airport



# CONTACT INFO

## Address

1210 Ski Way, Incline Village, NV 89451

**General Information** 775.832.1177

**24-hour Snow Conditions** 775.831.3211

**General Fax** 775.832.1281

**Group Sales** 775.832.1132

**Private Lessons** (ages 7 & up) 775.832.1135

**Private Lessons** (ages 3-6) 775.832.1130

**Website** [www.diamondpeak.com](http://www.diamondpeak.com)

**E-mail** [info@diamondpeak.com](mailto:info@diamondpeak.com)

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[www.ipm-tahoe.com](http://www.ipm-tahoe.com)

775.832.0284



Photo Credit: Shelley Faust

## **NEW TERRAIN PARK**

### **Take your terrain park skiing or riding to the next level in Diamond Peak's new Lakeview Terrain Park**

Terrain park skiers and riders looking to progress their park skills will have a new, beautiful venue to practice in as Diamond Peak is relocating the small to mid-sized progression park from Popular up to the Lakeview run. The benefits for riders include an incredible Lake Tahoe backdrop – making for Instagrammable moments on every feature in the new park – plus the ability to quickly ride laps in the park when the Ridge chairlift is running.

Accessible via the Crystal Express and Ridge chairlifts, the new Lakeview terrain park will offer creative features and a flowing layout focused on maximizing fun, building confidence and preparing safely for Diamond Peak's larger features in the Spillway terrain park..

All this talk about terrain parks, but how do you ski/ride a terrain park?

Mastering the terrain park is one way to take your skiing and riding to the next level but can also be intimidating. When starting out, begin with smaller features and then work your way up.

Look for progression parks and features, like Diamond Peak's new Lakeview Park, to learn the basics or work on new tricks and keep in mind the below tips:

Familiarize yourself with the specific terrain park and each feature before you try anything. Observe the layout, signage, take-offs and landings on your first run. Watch experienced riders to see how the features are riding and plan your approach, speed and position.

For boxes and rails it's important to keep your weight centered and knees bent. While sliding, look at the end of the box or rail, not at your feet. Start small with something you can ride onto, then progress to something with a gap that you ollie or jump onto.

When hitting jumps, break it down into zones; the approach, take-off, maneuver, and landing (ATML). On the approach, pick your line and set up your trick. During take-off, focus on control. Relax your mind and control your body during the actual maneuver. Bring your knees to your chest or grab one of your edges. Land in an athletic position to absorb the landing, especially as the day progresses and landing zones get packed down.

Always warm up, wait your turn and respect others to try to avoid injuries and have fun.

We look forward to enjoying the Lakeview & Spillway Terrain parks at Diamond Peak.

# MOUNTAIN MAINTENANCE



One of the goals of the Incline Village General Improvement District is to maintain, renew, expand, and enhance District infrastructure to meet the capacity needs and desires of the community for future generations while ensuring safe and accessible operations for the public and the workforce.

## The Diamond Peak Culvert Repair

In the 1960s, Boise Cascade installed a 72-inch in diameter corrugated metal pipe culverts in order to facilitate the construction of the base area of Ski Incline. Within the Diamond Peak base area, Incline Creek runs through the culvert that extends approximately 1,800-feet from the upper parking lot to the Schoolhouse Lift. Another culvert branches off the 72-inch culvert approximately 4,000-feet from the Diamond Peak Skier Services Building, up the Lodgepole run, to mid-way up the Spillway run.

Starting in 2011, the District began planning and design as part of a multi-year capital improvement project to rehabilitate the 1,800-feet of 72-inch culvert along with major sections of the branch culvert. This project is currently in the final design and permitting process with construction of rehab improvements planned for 2018.

Diamond Peak experienced heavy run-off starting in early June 2017 from the near record snowpack. This run-off caused areas of significant surface erosion throughout the lower mountain and damaged portions of the branch culvert beneath the Lodgepole run.

A section of approximately 100-feet of the branch culvert was exposed, undermined, and damaged and a number of additional sink holes appeared along the culvert alignment. Diamond Peak staff completed immediate repairs. Subsequent inspections conducted over the course of June and early July have indicated substantial portions of the branch culvert need immediate replacement.

The Board of Trustees declared an emergency, consistent with the Nevada Revised Statute (NRS) 338.1444, for the repairs to the damaged culvert section. The damaged culvert was repaired prior to the

Tahoe Regional Planning Agencies grading deadline of October 15. District Staff worked with the Federal Emergency Management Agency (FEMA) to qualify the repair work for 75% federal reimbursement. The culvert repairs addressed public safety, stopped further damage to the District's infrastructure, and prevented harm to the environment of Lake Tahoe.

In addition to the culvert repair, the winter damaged the mid-mountain Maintenance Building which was repaired this Fall via funds supplied by both the District's insurance provider and FEMA.

The Diamond Peak crew worked long hours this summer repairing slopes and ensuring the mountain infrastructure was ready for the 2017/2018 ski season after a near record snow year also known as 'Snowmageddon 2017'.



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## MY FUNDAMENTAL MOVEMENT TRIFECTA

**With ski season upon us, we're excited to share the following winter sports conditioning tips from Lila Lapanja, a professional ski racer who grew up racing on Diamond Peak's slopes. Want to learn more about Lila's accomplishments and follow along as she attempts to qualify for the 2018 Winter Olympics? Follow Lila on Instagram @lilalapanja**

I am a ski racer. I love the feeling of going fast down a mountain. I also love the feeling of being at the top of Diamond Peak, perched over Lake Tahoe like a cat watching over her kingdom, feeling strong, feeling powerful and trusting my body. This is one of my "happy places."

Your body is a sacred vessel that gives you freedom to move. Although we may not always honor it the way it deserves, we do have a chance to surrender old outlooks of "training" in return for new physical rewards when doing the activities we love.

I'd like you to remember three fundamental themes as you prepare to ski, snowboard, hike, bike, play, explore or do any physical pursuit:

### Hips don't lie

Yes, Shakira was on to something! The hips are the powerhouse of your ability to move. Do some self-analysis: take a lacrosse ball or softball, sit on the floor and roll the ball into and around your gluteus area – front, back and center. Which parts hurt or are tight?



*Workout photo taken at the Incline Village Recreation Center*

That is tight fascia – vital connective tissue that either makes you feel like you can do a backflip into the water or makes you feel stiff and stuck. When we sit for long periods of time, our hips get lazy.

To wake them up, keep rolling on that fascia with a foam roller or ball, and find deep stretches that feel good. Find ways to move your hips (I like to do hip circles). You will begin to feel loose, supple and free.

### Keep your posterior chain strong and long

Posterior chain is a fancy term for the entire back of your body. Your posterior chain drives you forward. It also has a tendency to weaken from sitting or from bad habits of movement. Most of my strength training is focused on my posterior chain.

Eventually, it's wise to lift weights in ways that demand recruitment of the backside (deadlifts, Romanian deadlifts, sliding hamstring curls with slide discs, etc.) but there are a few easy daily things you can do.

After you work on your hips, find a chair or couch and put your head and upper back on it with your leg's facing out, feet planted on the floor. Slowly lift your hips from the ground until you feel your low back begin to extend. That is your current range.

Play within this range with your movement: shift your weight from one leg to another (no need to lift the foot). What do you feel? Hamstrings? Glutes? Good. You're waking up your posterior chain! Do this for 2-3 sets of 1-minute holds. This is another version of a hip bridge and will help keep your posterior chain activated so when you're skiing or even walking you have more support.

What about long part? Standing, reach your hands over your head to a full body stretch. Keep that length but drop your arms. Next, pretend there is a string pulling you up from the crown of your head (upper-back part of your head). This usually makes me feel inches taller but also gives my body length and space. Open up your body and breathe deeply. Enjoy this new space.



Workout photo taken at the Incline Village Recreation Center

### Play on-the-floor-core

When we were babies, we learned how to use our core to move around on the floor. We could rotate, roll over and stand up without using our hands or much of our legs. This is an important idea. To do fun things and have less back pain, this mid section must be strong. Although "core" technically includes everything from your upper back to your knees, focus on your center for these two exercises.

The first exercise is a rolling pattern. Lie on your back. Take three deep, relaxing breaths. Then grab a short foam roll or a big ball or anything sturdy about a foot in length and stick it between an opposite knee and elbow, other leg and arm long and extended. Start to

roll left to right, until you fall to one side (keep pressing into the object between your knee and elbow). Now you are on either your left or right side. Can you roll back to your back without using your free arm or leg?

This is core, my friend! Your goal is to roll back and forth for a minute while using as little of your extremities as possible.

The second exercise is a crawl. Go to your hands and knees and put a foam roller lengthwise on your back. Slowly crawl forward on your hands and knees (I like to pretend I'm moving like a cat). If the foam roll falls off, take a deep breath (this WILL test your patience) and put it back on your back. After a while, you can hover your knees off the ground and do the same thing. Then crawl backward.



Workout photo taken at the Incline Village Recreation Center

This is one of the most frustrating exercises I've ever done. But once you understand how your core works, you can work up to a minute crawling backward and forward. This exercise has helped me more than any other.

My fundamental movement trifecta is: Hips don't lie, keep your posterior chain strong and long, and play on-the-floor-core. I like to keep these concepts simple and do something small everyday under each theme.

Give yourself a gift for the upcoming season – give back to your body so you can move forward, feel free and have more fun!



## CHAIRS & TRAILS

It's another beautiful bluebird day at Diamond Peak Ski Resort and you click in and head to Lakeview Quad. As you gaze at Lake Tahoe from the chair there's no doubt why this chair was named Lakeview. But what about the other chairs and trail names? Here's a little history from current and former Diamond Peak employees.

### Chairlifts

In 1966 Ski Incline opened with four lifts – one T-bar (in the location where the School House chairlift is now) and 3 double chairs: Blue Chair (now Lodgepole), Red Chair (was renamed Coyote then taken out), and Yellow Chair (now Lakeview). “It was very common to name chairs by colors or numbers back then,” said General Manager Mike Bandelin.

Two more lifts were added in 1969: Upper Yellow (now Ridge) and Upper Blue (where Spillway trail is now located). In the late '70s the T-bar was removed and replaced with B Chair and Red Fox was added. All the other lift names were changed to animal names including Yellow Bird (now Lakeview), Blue Bell (now Lodgepole), Blue Dolphin, Coyote, and Yellow Jacket (now Ridge).

In 1987 the Crystal Quad was installed to the top of Crystal Ridge and the resort renamed to “Diamond



Peak at Ski Incline” because of all the advanced black diamond terrain added. All existing lifts were also renamed at that time to what they are called today.

### Ski Trails

**Penguin** – This trail was “Bunny” from the late '70s to late '80s when all the trails were named after animals. It was renamed “Penguin” in 1987 because the Child Ski Center was built and their new mascot was a penguin. “It was a penguin because Bee’s heritage is





New Zealand and it's overwhelmed with Penguins! Bee loved penguins," said Lee Koch, former Sales & Marketing Director. Bee Ferrato was the Child Ski Center Director at the time.

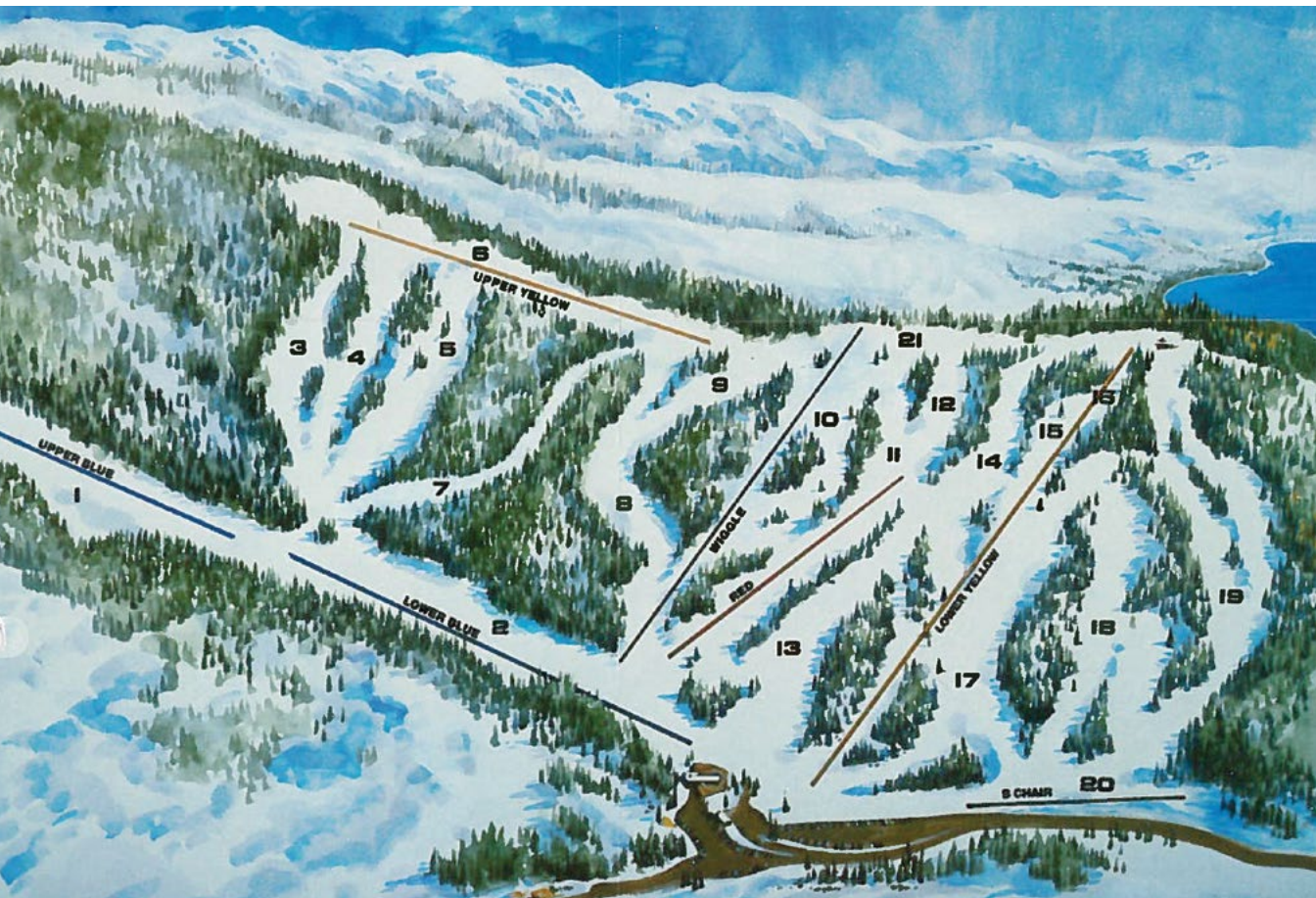
**Dusty's Delight** – In the early '90s the trail known as "Delight" was renamed "Dusty's Delight" to honor the late Dr. Dusty Trembley, a former ski patroller.

"He was one of the original patrollers," said Dennis Griffiths Ski Patrol Director. "Dusty was also a sailor. He sailed around the world by himself. "Seven times he sailed around the world and between the ages of 65-80. He also had five master's degrees and was the most humble guy I've ever met," said Lee Koch

**Battleborn** – This trail was named after Nevada's state slogan, "The Battle Born State." Nevada achieved statehood during the Civil War and the words "Battle Born" also appear on the state flag.

**Diamondback** – Was named after the Western Diamondback, one of Nevada's five venomous snakes. "The name actually came from my brother, Ed Weber, who was the F&B (food and beverage) Manager at the time. He recognized the snake of the run and thought of Diamondback," said Lee Koch

*Continued on next page*





**Golden Eagle Bowl** – “Every so often we had sightings of the majestic Golden Eagle when we were cutting trails up there,” said Bandelin. “You might still see some up there to this day.”

**Thunder & Lightning** – During construction of the upper mountain, all the new trails were referred to by number... number one to five. “Thunder and Lightning were named after a thunderstorm that rolled through the area during the expansion. Lightning actually struck several trees on the run. The trails split left and right so we thought it was perfect,” said Lee Koch.

**Luggi’s** – Luggi Foeger, the original designer and Ski School Director for Ski Incline, was known as “one of the true complete mountain men”. When they brought Luggi to the originally planned site of Ski Incline, way above Mt Rose Highway, he said “the business of skiing is to provide a fun, pleasurable experience in the wintertime for the whole family. And if you take a housewife on top of a cliff and ask her to ski that, I’ll leave it to your imagination to hear her reply.” Luggi then studied the Incline area by plane, snowmobile and on foot and chose the present location of Diamond Peak, just above the northeastern shore of Lake Tahoe in Incline Village. Luggi was an icon in the ski industry and had the foresight to develop the first snowmaking system in the west. “He found old

army surplus invasion pipe that had been unused to build the snowmaking system. It was installed during the initial development in 1966. They laid the pipe in the natural ravines and covered them up,” Said Marty Koch, former Mountain Manager.

**Sunnyside** – In the late ‘80s and early ‘90s Diamond Peak hosted the Collegiate National Championships on Crystal Ridge and Sunnyside. The G.S. and super-G races took place on these trails.

**F.I.S** – F.I.S is short for Fédération Internationale de Ski, or International Ski Federation. This trail has a strong racing heritage with a world class slope angle and length, perfect for FIS races. It was one of the few runs in the United States that met the standards for official FIS competitions at the time.

**G.S.** – “Ski racing was in its heyday when all of these trails were named,” said Bandelin. G.S. stands for “giant slalom,” a technical event in alpine ski racing.

**Corkscrew** – Named for its winding terrain, this trail can be really fun on a powder day.

**Popular** – “Popular was a very popular trail, and to this day is still the most popular trail on the mountain,” said Bandelin.

**Freeway** – This is the easiest way down on the lower

mountain and the only beginner trail accessed from Lakeview Chair. The one caveat is that you have to ski down Ridge Run, an intermediate trail, to get to it. “The Master Plan includes a re-grading of Ridge Run to make it a green run and allow beginners to enjoy Snowflake Lodge,” Bandelin said. Once this happens you really can cruise all the way down the Freeway. Freeway is also the summer road for mountain access.

**Crystal Ridge** – This iconic trail made the “World’s 100 Best Ski Runs” list by CNN Travel and Red Bull’s “9 Most Stunning Places to Ski on Earth.” Skiers often comment that it feels like you are going to ski right into the lake since Crystal Ridge has somewhat of an infinity pool effect. “We ran a community contest to develop names for the ski resort and the two of the top names that were selected were Crystal Peak, because it overlooked Crystal Bay and Diamond Ridge because of the diamond runs added. Marty Koch actually suggested those two names,” said Lee Koch. The ski resort was named Diamond Peak and then the ideas were merged together to call the ski trail Crystal Ridge.



**Flume** – “A lot of the trails, including The Great Flume, were named to capture the spirit of the Comstock era, the environment and the heritage of the land” said Bandelin. When they were building the upper mountain (by hand) they found a collection box from the flume and a lot of parts of the flume were still intact.



**Powder** – Because of the exposure of the trail it’s a “great bowl on a powder day. That’s where it collects,” said Lee Koch

**Cappy’s Corner** – Cappy Cook was the Mountain Manager in the 1970s. “One of the greatest bosses anyone could have who inspired the staff everyday to be innovative and have fun,” said Marty Koch.

**Spillway** – All the upper mountain runs filter into this run.

**O.God** – Oh god, this is steep! O.God is the steepest trail on the mountain. It starts off with the steepest pitch but after you dive down into the terrain you’re rewarded by beautiful views of Lake Tahoe.

**Show-Off** – This trail faces the Base Lodge so you can ski down and show-off to everyone at the lodge or in the chairlift lines. If you see a group of green jackets arching perfect turns down this run it may be Ski School doing clinics.

**Lodgepole** – The Lodgepole Pine is a predominant tree in the Tahoe Basin and many were logged out during expansion of the upper mountain.

# DIAMOND PEAK 2017-18 EVENTS

## DIAMOND PEAK SIGNATURE EVENTS

### February 2-3 | 9th Annual Ullr Fest

The 9th annual Ullr Fest, to raise funds for the Diamond Peak Ski Team, will be held February 2-3, 2018. The action-packed weekend kicks off Friday evening with a torchlight parade, bonfire and live music. The party continues through Saturday with other events including competitions, food, entertainment and more. Come dressed in your Ullr attire as prizes will be given for best costumes.



### Saturdays, February 10 – April 14 | Last Tracks Wine/Beer Tastings

Every Saturday, February 10 through April 14 (no event Feb. 17), enjoy beautiful views of Lake Tahoe from Snowflake Lodge while tasting fine wines or craft brews paired with tasty appetizers. At the end of the event, ski or snowboard down a freshly groomed run at sunset. Last Tracks tickets are \$54 (\$49 for season pass holders) and include a lift ticket valid from 2-4 p.m. Participants must be 21 years old to attend and ski or snowboard at an intermediate level. Tickets are available for purchase beginning in January at Guest Services or online at [DiamondPeak.com](http://DiamondPeak.com).

### February 9 & March 2 | Moonlight Community Snowshoe Hikes to Snowflake Lodge

Hosted by the Incline Village Parks & Recreation Department, this award winning event encourages exercising in an intergenerational social setting for ages 9+. There will be light fare available for those who would like to purchase dinner at the top. Meet at Diamond Peak's upper parking lot at 5 p.m. The group will return around 9 p.m. Visit our website or call (775) 832-1310 for information. Pre-registration is required.

### March 25 | 18th Annual Dummy Downhill

Join us for the 18th Annual Dummy Downhill where participants build a dummy on skis or snowboards that get launched off of a big jump. Watch as unique characters fly down the hill or crash hard. This is Diamond Peak's signature spring event and biggest party of the year. Even non-skiers will want to come watch the madness! Dummies will be judged on creativity on the Base Lodge deck, followed by the jumping and an awards ceremony. Prizes and certificates will be awarded for creativity, best crash, furthest distance, and more.

### March 30 – April 1 | Luggi Foeger Uphill/Downhill Festival

What used to be simply the Diamond Peak Uphill/Downhill Dash is being expanded into a full weekend of fun! Race to the top of the mountain using whatever human-powered method you prefer: skins, snowshoes or running shoes. Then ski, snowboard, snowshoe or run back down to the finish line. For those less competitive, a recreational course will be available. Prizes will be awarded for both categories. The weekend will also include backcountry workshops, avalanche education and more.

### April 1 | Easter Egg Hunt

The Easter Bunny will be on the slopes for photos and hugs, and the big egg hunt starts right when the lifts open at 9 a.m., so you'll want to get here early. Eggs are hidden all over the mountain, including golden eggs with special prizes in them. Participants must have a valid lift ticket for the day of event or a season pass. At 2 p.m. there will be Easter service at the top of Lakeview Chair led by Tahoe Resort Ministries.



## DECEMBER

- 12|14 Projected Opening Day
- 12|15 Kickoff Party - Northern Lights & Season Pass Holder party
- 12|20 Interpretive Ski Tour
- 12|23 Peak Period through Jan. 7
- 12|23 Child Ski Center Theme Days through Jan. 7
- 12|24 & 25 Santa & Penguin Pete Visit Diamond Peak

## JANUARY

- 1|10 55+ Ski Clinics begin (Wednesdays through April 11)
- 1|12 Peak Period through Jan.15
- 1|22 Learn to Ski & Ride Week , through Jan.25
- 1|24 Interpretive Ski Tour

## FEBRUARY

- 2|02 9th Annual UllrFest (Torchlight Parade Fri, Party, Races) + live music through Feb.3
- 2|05 IVGID Community Appreciation Week (live music Sat 2/10) , through Feb.11
- Wednesdays Through closing day: 55+ Ski Clinics (no clinic Feb. 21)
- 2|09 Community Snowshoe Hike to Snowflake Lodge
- Saturdays 2/10, 24 Last Tracks Wine & Beer Tastings (Saturdays through April, no event 2/17)
- 2|10 Interpretive Ski Tour
- 2|17 Peak Period through Feb.25
- 2|17 Child Ski Center Theme Days through Feb.25

## MARCH

- 3|02 Community Snowshoe Hike
- Saturdays 3/3, 10, 17, 25: Last Tracks Wine & Beer Tastings (Saturdays through April)
- 3|11 Season Pass holder Party & Live Music
- 3|11 Village Ski Loft Demo Day
- 3|23 UnBirthday Celebration
- 3|25 18th Annual Dummy Downhill
- 3|30 Luggi Foeger Uphill/Downhill Festival through 4/1

## APRIL

- 4|1 Easter Egg Hunt & Services
- 4|7 Diamond Cup Challenge
- 4|30 2018-19 Early Bird Season Pass sale deadline



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### SEASON RECAP

#### Michael McCloskey Director of Golf

The 2017 season, in general, was a challenging success. We had to overcome a number of difficult changes, from weather and winter impacts that were out of our control, to new software systems which were planned for well in advance. Regardless of the changes and challenges we faced this season, I am personally pleased to see how our teams have overcome the hurdles to provide another great season of Tahoe golf.

In general, rounds of golf at each course had a big void to fill by opening as late as we did in May/June. Through the middle of September, the Champ Course rounds exceeded our same season-to-date total from last year. The Mountain Course did its best to overcome opening 20 days later than in 2016, and (through the middle of September) is only 350 rounds short of their same season-to-date mark in 2016. Overall revenues through the month of August showed an 8% increase at the Champ Course and a 4% increase at the Mountain Course.

From a programming standpoint, it was a strong season for our programs, which introduce and promote the game of golf. Our Junior Golf Program was sold out every week from late June to the middle of August, graduating 148 kids through the program. The Get Golf Ready Programs introduced 142 golfers to the sport and to our operation. The normal programming at the Mountain Course, including Nine & Wine, Thrill & Grill, and Sunday Family Fun Days were all well attended throughout the season.

We continually focus on appropriately scaling our labor force within our golf operations to assure that we can provide the necessary services to our residents and guests while also maintaining a measured labor expense. Within the golf service areas of our operation the Champ was 4% down on our labor expense compared to budget and 1.5% down at the Mountain. We saw the same trend in Food & Beverage that we saw the past couple years, which is a result of supply and demand. As a result of doing more business and generating more revenue, we are seeing our costs increase as well.

Both Golf Courses have certainly been through thick and thin this year with conditions but I certainly applaud Jeff Clouthier, our Golf Grounds Superintendent, and his teams for doing what they could after one of the harshest winters on record and the impacts of play on top of the sensitive conditions.

Additionally, congratulations to Jeff Clouthier and his Maintenance Crew at the Championship Course for their retained designation as a “Certified Audubon Cooperative Sanctuary.” The certification from Audubon International is a very prestigious accolade that Jeff, Shaun Riley, and their crews strive to maintain at both of our courses (the Mountain is also certified) every year. There are more than 30,000 golf facilities in the world and only 911 maintain this environmental award.

Jeff and his team are now focused on the coming year. We shut down portions of the golf course in the fall in order to get aggressive with fall projects. Time in the fall season always seems to be short with potential weather, imminent dormant conditions, and area restrictions. We started the projects a little earlier than normal, but we have listened to the comments of our local golfers as well as prioritized what the course needs for the future. Completing these projects will help the course rebound for 2018.

The Golf Shop at the Championship Golf Course will be OPEN through the off-season. We hope you take advantage of the holiday merchandise sales, purchase your 2018 Play Passes, book 2018 tournaments and events, and practice on the hitting net and golf simulator this winter.

Thank you for a wonderful golf season. We look forward to seeing you on the courses next summer. Until then, enjoy the slopes!



## WINTER GOLF & 2018 PASSES

Stop by the Incline Village Championship Golf Shop this winter to play a virtual round, take a lesson, or do some shopping! There are also two stalls still open at the driving range if you prefer to hit outdoors (weather permitting). Golf Shop hours are 10am - 5pm Tuesday through Saturday. Call 775.832.1146 for more information.

### Play Golf Indoors This Winter

Our FlightScope X2 Elite launch monitor and indoor hitting net are setup in the Championship Golf Shop for the off-season. Back by

popular demand, this golf simulator is available to keep your swing in top performance during the winter months. You can now play a selection of different golf courses using our virtual golf simulator software. The FlightScope captures an accurate reading of your swing with Doppler radar, which provides feedback regarding ball flight, swing path and launch angles.

Our golf pros are able analyze results from the flight scope and give swing lessons based on those results. Keep your game alive during the winter, and transport yourself to a tropical course and play 18 holes in about an hour. Only \$20 (\$15 w/IVGID Pass) for

30 minutes. Call 775.832.1146 to book a tee time or lesson with the virtual simulator.

### 2018 Golf Play Passes Are Now Available

IVGID Picture Pass holders enjoy special discounts on Play Passes. Call 775.832.1146 to order. Restrictions apply for all Play Pass types, see website for details.

# HOLIDAY HULLABALOO

Led by Miss Joan, these classes are all about fall fun, holiday happiness and wonderful winter! Weekly activities include stories, songs, science, games, art, crafts, holiday gift making, creative snacks & more.



# WACKY WEDNESDAYS

For preschool aged children 3 - 5 years old, must be able to take themselves to the toilet. Mature 2 year olds may be accepted subject to approval by Miss Joan. Includes a supervised lunch time. Snacks are provided but children bring a nut free lunch.

Minimum and max class sizes apply—Min 5, Max 10

## Schedule

Wednesdays 9:30am - 12:30 pm at Aspen Grove. Session B - Wednesdays January 17, 24, 31, February 7, 14  
5-Week Sessions

## Fee

Cost \$220; \$175 with IVGID Pass



# INDOOR PICKLEBALL

Indoor pickleball is back at the Incline Village Recreation Center Gymnasium beginning Saturday, November 19th.

## Schedule

Tues 7:30-8:30am  
Thurs 7:30-8:30am  
Thurs 9:30-11:30am  
Fri 5:30pm-7:30pm  
Sat 8:30am-10:30am  
Sun 8:30am-11am after Dec 24

## Fees

\$3 per session for IVGID Passholders. \$4 for non-residents  
No charge for Rec Center Members.

Ask about the holiday schedule.

# 55+ SNOWSHOE HIKES & LUNCH

Trekkers of all abilities are welcome to join IVGID Senior Programs for weekly light to moderate level snowshoe hikes at various locations throughout the beautiful Tahoe area. Following the hikes, relax and socialize with fellow snowshoers, and enjoy a delicious lunch in the dining hall on the Sierra Nevada College campus. Snowshoe treks are weather dependent.

# SKI CLINICS

Don't miss this great opportunity to hone your skills, master safe skiing, and meet fellow skiers at Diamond Peak! Diamond Peak's PSIA Certified Instructors provide beginner (Lodgepole), intermediate (Lakeview), and advanced (Crystal) level instruction in these weekly ski clinics.



# A NEW YEAR, A NEW YOU

Create lifelong healthy habits and improve your overall well-being with support from a personal trainer. Certified, trained professionals who will evaluate your individual fitness needs, design a plan of action, and motivate you to reach your fitness goals provide personal training. Your personal program will include an individualized format and instruction, continuous program progression (if desired), strength and cardiovascular endurance exercises, pre- and post-operative conditioning, and proper stretching to improve flexibility.

A personal program can teach you correct form, help with recovery from injury or illness, train for a specific sport, or just get you acquainted and comfortable in the fitness room. Our trainers come from diverse backgrounds and bring with them a unique set of specialties and skills. They are certified by a nationally recognized organization and hold current CPR and first aid certifications.



**PAT AIELLO**

*AFAA Personal Training / Group Ex Zumba ,Zumba Step, Zumba Pro Skills, Schwinn Cycle, Mat Pilates Certified*

Patt has always been involved in something that makes her move, jump, swing, rotate and breathe hard. She believes that everything one does in the gym or with group fitness should help make their life outside the gym more enjoyable. Simply put... SHE TRAINS FOR LIFE. In 1981 she started working professionally in the fitness industry. When she started in this business she took the advice of her husband who said, "If you want to make a difference, you better get involved." 30 plus years later Patt has one hope...that she has made a difference in the lives of all those who come and play with her on "Her Field." To book an appointment, call 775.813.1692



**CHRIS CARDADOR**

*Expert Rating Certified Personal Trainer*

Chris is a graduate of California State University, Sacramento with a BS Degree in Accounting and Business Administration. He has competed in multiple sports, played collegiate baseball, and has always had a passion for fitness and overall health. Upon graduation, Chris worked in Accounting for several years before relocating to Incline Village in 2013. He currently works in Administration for our Parks & Recreation Department. Chris

maintains a versatile workout program 7 days a week and can help assist you in any area of fitness or strength and conditioning you wish to improve. The main goal in personal training is to help individuals better themselves and reach their goals, which is something Chris takes pride in. To book an appointment, call 775.420.0079.



**VANESSA DIAZ**

*Expert Rating Personal Trainer Certification*

Vanessa was born in El Salvador and relocated to Tahoe at the age of two! She graduated from Chico State with a BS degree in Computer Science and competed in Track and Field and Cross Country. She continues to compete and coach running, while expanding her fitness training repertoire. Vanessa is a certified Personal Trainer, and is currently pursuing additional certifications in TRX Suspension Training and Spin. "Fitness is about so much more than exercise. It's a catalyst for positive changes, and it affects every aspect of your life." To book an appointment, call 916.213.9656.

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**ROBIN ELLEY**

*ESA Personal Trainer, Pilates, YogaFit Levels 1,2,3, IFTA Aqua Fitness and Barre Certified Instructor*

Robin started as a fitness instructor in 2001, earning her Personal Training Certification several years later. A yoga teacher and Senior fitness instructor for many years, she incorporates a blend of core, strength training with a focus on flexibility and balance. She has extensive experience with clients of all ages, who have specific needs, including those new or returning to exercise, those rehabbing injuries and or surgeries, those with restrictive conditions, mental challenges, heart conditions, Parkinson's disease, MS, cerebral palsy, and back problems, to name a few. Her goal is to safely make strength, flexibility and balance training a fun, lifelong habit for her clients. To make an appointment, call 775.722.7253.



**SHANE GODDARD**

*Expert Rating Personal Trainer Certification*

Shane is a graduate of California State University, Chico with a BS Degree in Recreation Administration with an option in Community & Commercial Recreation. While at Chico, Shane played collegiate baseball and football. Upon graduation, he completed a well-rounded extensive recreation administration internship with Yuba City Parks & Recreation. He is currently supervises the Incline Village P&R Sports operation. Shane endorses and utilizes many methods of strength & cardiovascular training including: functional body weight, circuit, free weights, cable machines, flexibility, plyometrics, interval, TRX Suspension Training and more. Shane enjoys the personal training experience and witnessing participants maintain and improve their health. To book an appointment, call 775.220.8586.



**SUZY HUSTEDT**

*MA, ACE Personal Trainer, IFTA Aqua Fitness & Breathwalk Certified. Zumba Licensed and Member of Yoga Alliance with Certifications in Integral, Kundalini, Sivanadana, Anusara & Flow Yoga*

Suzy has a passion for play! Her energy, enthusiasm and creativity make all athletic and fitness endeavors fun! She feels that if there is joy in movement and activity it will naturally become an essential part of everyday living. Suzy encourages exploration and adventure in the outdoors and loves to take workouts to the beach or trail. If you are looking for motivation and encouragement to get moving, or need strategies for committing to a workout...Suzy will motivate you to meet your goals. She makes your workout more like play. Schedule some time with Suzy, and you are sure to feel better. To book an appointment, call 775.287.7393.



**DENISE JEZYCKI**

*NASM Certified Personal Trainer, Behavior Modification, Fitness Nutrition, and Weight Loss Specialist, TRX Certified Trainer, PSIAA Certified Ski Instructor, Titleist Performance Institute Level 1 certified, and a BA in Psychology*

Denise graduated from Incline High School in 1982 and has recently moved back to make Incline Village her home. While at IHS, Denise was a 3-sport varsity player and went on to college to play both Volleyball and Basketball at UOP. Being back in Incline allows her the opportunity to enjoy the many different activities that this wonderful place has to offer. An avid golfer, Denise is completing her certification as a Golf Fitness Specialist and is looking forward to helping men and women get to the next level in the great game of golf. Denise has been assisting people on their health and fitness journey for the last 6 years. She enjoys helping individuals reach their goals who are having a difficult time doing so on their own. Denise has the ability to analyze each client's situation and harmonize their training to match their lifestyle and goals. To book an appointment, call 916.616.4772.



**KIMBERLY KOSCHMANN**

*NASM Certified personal trainer, TRX Suspension Training Certified, ISSA: About Knee Problems Certified with Boot Camp Instructor Certified with SGT Ken, SCW Mania 2017*

Kimberly spent her childhood in Illinois until she moved to Colorado to attend the University of Denver. Following graduation from college in 2004, she moved to Lake Tahoe to pursue her love of snowboarding. Kim has been a grateful resident of North Lake Tahoe for the past thirteen years. Having gone through a personal transformation of choosing a healthy life style, Kim enjoys sharing the knowledge and passion for fitness she has gained with others. Through an analysis of posture, she is able to tell what muscles are overactive, as well as underactive, allowing her to create very individualized programs suitable for any age or fitness level. She is always continuing her fitness education and has a wide variety of exercises to keep sessions fun and fresh! Kimberly strives to make working out gratifying for each person she trains by manipulating modules (equipment), intensities and formats creating workouts that make achieving goals enjoyable. To book an appointment, call 530.448.3922.



**SANDY SOLI**

*Pilates Method Alliance Certified, Zumba & IFTA Group Strength Certified Instructor*

Peggy began teaching dance and group fitness classes in the late 1980's. She also studied classical and contemporary Pilates styles in 1998, and recently completed a two-year certification for Pilates reformer program with Pilates method Alliance. Seeing people overcome boundaries and reaching health and fitness goals always inspires her to keep learning and creating different fitness styles/formats for her classes and clients. She enjoys reminding others that fitness is FUN! To book an appointment, call 707.494.6775.

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**LOU PHILLIPS**

*BS Health Education, ACSM Certified Personal Trainer*

Lou Phillips holds a B.S. in Health Education and is currently pursuing his MA in Public Health with an emphasis on the health and fitness of older adults. Since 1992 Lou has been certified by The American College of Sports medicine (ACSM) in health assessment and exercise prescription. He is a life-long sports participant with competitive experience in events from bodybuilding to triathlon. He will guide you enthusiastically through and to your goals whether they are rehabilitation, performance or re-shaping. To book an appointment, call 775.832.1330.



**SANDY SOLI**

*AFAA Certified Personal Trainer and IFTA Aqua Fitness, Zumba & Spinning Certified Instructor*

Sandy has lived most of her adult life in Incline Village. She is an avid skier,

hiker and mountain biker. Sandy has a passion for life, fitness and overall fun. She loves to motivate people!!! Her enthusiasm for fitness is infectious and attracts people to her classes and trainings. If you choose fitness and exercise as your path to a healthy life, but need some help, Sandy will assist you on your journey! She is very creative and enjoys developing and implementing new exercise and fitness programs for the Incline Village Recreation Center membership and community. To book an appointment, call 775.848.4618.



**DANA DOSE**

*Nutritionist*

Registered Dietitian Nutritionist and Certified Adult Weight Management- Commission on Dietetic Registration, Certified Diabetes Educator - National Certification Board for Diabetes Educators, Certified Health & Wellness Coach - Wellcoaches, Certified Personal Trainer - American Council On Exercise

Dana has a passion for coaching people through change to reach their healthiest self. With Dana's help, her clients achieve their weight and chronic disease management goals, including diabetes, hypertension, high cholesterol, and more. They also gain the skills they need to manage

food sensitivities/allergies, gain strength and optimal fitness levels, plan and execute healthy menus for the entire family, navigate digestive issues, and more. Having overcome her own weight challenges in the past and being sensitive to various foods, she has both personal and professional experience with making sustainable behavior and dietary changes. Contact Dana by calling 775.832.1330.



**JILL WHISLER**

*Registered Dietitian Nutritionist and is Certified by American College of Sports Medicine*

Jill's nutrition philosophy is simple—no one "diet" fits all, but a healthy, nutritional regime is built upon whole, fresh, minimally processed foods. Nourishment is getting the right balance. Cooking, eating patterns, timing of meals, exercise, sleep and stress management all play a role in your health! Jill creatively looks at the big picture to your health. She gets it! As a working mom of three, she knows how busy life can get, so she can share tips to help you succeed! What's her passion? Weight management, sports nutrition, heart health, food sensitivities and nutrition challenges with children. Are you ready to sauce up your nutrition habits? Ready to try something new? Interested in learning more? Contact Jill by calling 775.832.1330.



## WINTER REMINDERS

### FREE Holiday Tree Recycling Program

Curbside Recycling WEEK: January 8- 12, 2018. Pick up is on your normal trash service day. Please cut your tree into 3 foot lengths.

Drop-off at Preston Field December 22, 2017 - January 29, 2018. Trees can be any size. Trees must be free of all decorations, nails, and tree stand

### Winterize to Avoid Frozen Pipes

Every winter homeowners face the damage and expense of frozen water pipes. When leaving town, take the necessary steps to help winterize your property. Go to [www.ivgidpublicworks.com](http://www.ivgidpublicworks.com) for more information. Water & Sewer Emergency? Call 775.832.1203 (24/7) to report a water or sewer emergency.

### Waste Management Hotline

Waste Management has launched a toll-free hotline 855.894.9650 to keep Incline Village residents informed of weather related changes in their collection schedule this winter. Dispatchers will continue to attempt to contact customers by text, email and phone as well. Please go to [www.inclinevillage.wm.com](http://www.inclinevillage.wm.com) to update your contact information for service alerts.

### Keep Your Info Current

Attention Parcel Owners! Have you moved recently, changed your phone number or email? Please email us your new contact information for our records: [parksandrec@ivgid.org](mailto:parksandrec@ivgid.org). Thank you!

### Washoe County Roads Winter Parking Restrictions

Washoe County Community Services Department, who maintains our roads in Incline Village/Crystal Bay, asks residents to call the Community Hotline at 775-833-5555 for current information on snow & ice conditions and on-street parking (Red/Green Day). Please note that Red Day restrictions (no on-street parking) will be in effect until snow operations are completed. Restrictions will be enforced, with possible fines and towing.

### Be Sewer Smart with Cooking Oil, Grease and Fats! Dispose Properly

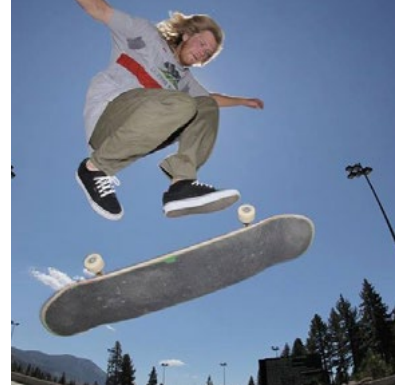
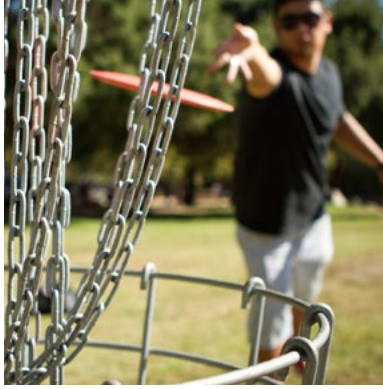
Holiday Dinners & Gatherings can be fun, but be sewer smart with your cooking oils and fats, and avoid putting them down your drain. Our customers are a vital key to ensuring the community sewer system operates properly. It is extremely important that plumbing fixtures never be used as a trashcan.

No Fats, Oils or Grease (FOG) Down the Drain! FOG can be a major problem for local water quality, as well as the sewer lines running from your home. FOG clings to the insides of pipes and travels into the sewer system infrastructure. Over time, FOG can build up and eventually block pipes

completely. When wastewater can't move freely through pipes out into the sewer system, it can back up into your home or the sewer main causing unsanitary public health conditions and damages that can be expensive to repair. It is important to dispose of FOG into a heatproof sealable container and once cooled, placed into your regular household trash. The IVGID Public Works office has FREE grease container lids as well as FREE bulk cooking oil drop off available during HHW hours. See information on reverse for information about these services.

Flushable Wipes are NOT flushable! Wastewater systems all over the country have blockages caused by flushable wipes. Despite the claim, the products are not flushable since they do not break down. They end up causing large blockages which are unpleasant and costly to repair. Wipes should always be disposed of in a trashcontainer.

Prescription and non-prescription medicine should not be flushed down the toilet. Studies have shown that 80% of US streams contain small amounts of human medicine. Sewage systems cannot remove these medicines from water. Very small amounts of medicine have even been found in drinking water. Fish and other aquatic animals have shown adverse effects from medicines in the water. Proper disposal of medication is FREE at the drug drop box inside the Washoe County Sherriff Substation at 625 Mount Rose Hwy, Incline Village. Call 775.832.4107 for hours and additional information.



## GROUP RENTAL FACILITIES

### Recreation Center, Beach Picnic Areas and Fields

980 Incline Way,  
Incline Village, NV 89451  
775.832.1310  
inclinerecreation.com

If you are looking for a place to hold a social, sporting or special event in Incline Village, we have several venues available. The Recreation Center offers year round facilities for indoor events with amenities that include a lobby for birthday parties, indoor gymnasium and indoor pool. Incline and Burnt Cedar beaches have several Group Picnic areas available to beach access pass holders to reserve for spring or summer events. The designated beach sites include barbecue grills and tables offering you and your friends an area to picnic and enjoy the beach. Two sites are available at Burnt Cedar and two at Incline Beach. These sites can only be reserved with a valid beach access Recreation Photo ID. Each guest is still responsible for beach access fees. There is also one site

available at Preston Park which is perfect for a family gathering or your child's birthday party and can be reserved by both IVGID pass holders & non pass holders

In addition, Village Green, Preston Field and Incline Park offer wide open spaces for activities and have multi-use fields for your soccer, softball and baseball needs. These sites are available to both IVGID pass holders & non pass holders. Reservations for all sites are taken on a first-come, first-served basis at the Parks & Recreation Department Counter. Payment is required with your application.

## DISC GOLF COURSE

The North Tahoe Lions Club Disc Golf course includes 18 par 3 holes in a picturesque setting located within Incline Park adjacent to the Tennis Center, Recreation Center, Skateboard Park and the Ball Fields. This is a free multi-use area to be enjoyed by all ages. Parking is available at the Recreation Center at 980 Incline Way. Parking is not permitted at the Tennis Center.

The 1st hole is located on the west side of the Recreation Center entrance road. Discs are available for purchase or rent at the Recreation Center.

## SKATE PARK

Hwy 28 & Southwood Blvd.,  
Incline Village, NV 89451  
775.832.1310

Incline Skate Park, centrally located on the corner of Tahoe Blvd (Hwy 28) and Southwood Blvd. in Incline Park, has something to offer everyone. There is an intermediate/ advanced section of the park consisting of two 5-foot side-by-side bowls connected with a spine. In the middle of the park is a 3-foot tall fun box, and the entire right side of the small end is a 2.5-foot tall bowl for beginners. The street course is laid out on top, flowing in a circle with an 8-foot long flat rail, 6-foot long down rail, a set of 4 stairs, and a 10-foot long downward ramp leading into the bowls.



## TENNIS CENTER

964 Incline Way,  
Incline Village, NV 89451  
775.832.1235 | [inclinetenis.com](http://inclinetenis.com)

The Incline Village Tennis Center, located next to the Recreation Center, offers 11 tennis and 8 pickleball courts in a picturesque alpine setting along a year-round creek. Available in the pro shop is a full line of Babolat and Head racquets, pickleball paddles, other tennis products, as well as the newest apparel and shoes from Nike. Racquet stringing is available by our staff. A wide variety of synthetic and natural gut string is available.

## FITNESS TRAIL

The Incline Village Fitness Trail (previously known as the Exercourse) is an 18-station exercise course adjacent to the Village Green. The .8 mile course winds through the forest next to Incline Creek. The course contains accessible walking, running, snowshoeing, biking and exercise trails, and is used by many residents and visitors year-round.



## CHAMPION & MOUNTAIN GOLF COURSES

955 Fairway Blvd. & 690 Wilson Way, Incline Village, NV 89451  
775.832.1146 | [golfIncline.com](http://golfIncline.com)

The Incline Village Golf Courses offer complete facilities to meet your golfing needs. Our facilities include two 18-hole golf courses, driving range, putting and chipping greens, food and beverage facilities and special event facilities. The golf shops are stocked with full lines of men's, ladies' and kids' apparel as well as the top club, golf ball products and shoes. PGA teaching professionals are available for private and group instruction. Incline Village and Crystal Bay Residents with a valid IVGID Recreation Picture Pass can receive a discount on green fees, passes and most merchandise at the golf shop.

Courses are typically open May-October but the Championship Golf Shop is open year-round.



Photo By: Ciprian Photography

## THE CHATEAU AT INCLINE VILLAGE™

955 Fairway Blvd.,  
Incline Village, NV 89451  
775.832.1240  
[InclineWeddings.com](http://InclineWeddings.com)

The Chateau at Incline Village™ features classic Tahoe stone and timber construction with a modern edge. This 13,500 square foot venue has vaulted timber ceilings, massive stone pillars, a spacious covered deck and offers expansive views of the mountains, the Championship Golf Course and Lake Tahoe. It is beautiful, multi-functional and flexible. It is the perfect venue for large or small wedding ceremonies and receptions, meetings, golf events and parties. You dream up the event and we'll make it happen! Our professional Food & Beverage team provides great food, outstanding service and a wonderful experience.



Photo by Joy Strotz Photography

## ASPEN GROVE

980 Lakeshore Drive,  
Incline Village, NV 89451  
775.832.1240  
InclineWeddings.com

Named for its beautiful location, Aspen Grove is located across the street from the stunning Lake Tahoe beaches and nestled among the Aspen trees next to tranquil Third Creek. Outdoor amenities include picnic tables and a huge barbeque grill. The outdoor area can accommodate up to 150 guests; inside can comfortably seat up to 50 guests. Catering and bartending services are available through our outstanding professional food service team for your convenience. With its stunning mountain and forest views, Aspen Grove is one of the most affordable venues on the North Shore and perfect location for spring, summer and fall events.



## DIAMOND PEAK SKI RESORT

1210 Ski Way,  
Incline Village, NV 89451  
775.832.1177 | diamondpeak.com

Diamond Peak is the ultimate family and kid-friendly ski resort featuring spectacular Lake Tahoe views, uncrowded terrain and affordable lift tickets with a laid-back atmosphere. Learn to ski or snowboard or improve by taking a group or private lesson. The Child Ski Center (ages 3-6) offers both one-on-one private instruction and small group lessons (ages 4-6) with no more than five children per instructor. The Ski and Snowboard School is known for the popular Sierra Scout All day Adventure Package for ages 7-14 that includes morning and afternoon group lessons, rental equipment, lift ticket and a supervised lunch. Families can also take a Private "Family and Friends" Lesson Special if they want to learn together.

Group rates are available for lift tickets and you can rent the Fireside room or book a Private Last Tracks for parties or corporate events.



## ROBERT & ROBIN HOLMAN FAMILY COMMUNITY BIKE PARK

980 Incline Way  
Incline Village, NV 89451  
inclinerecreation.com

The Incline Village Parks & Recreation, Incline Bike Project, and the Incline Tahoe Foundation are pleased to announce the opening of phase 1 of the Robert and Robin Holman Family Community Bike Park. This park offers a pump track; beginner and intermediate flow lines, and was funded through generous donations by community members and in large part by the Robert and Robin Holman Family.

The Incline Bike Park Project's mission is to provide a free-to-use bike park facility that welcomes all ages and skill levels to a safe, outdoor, healthy, family friendly community-gathering venue.

Stay tuned for phase 2 groundbreaking in Spring 2018. For more information, check out [www.facebook.com/InclineBikeProject/](http://www.facebook.com/InclineBikeProject/)



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**PURPLE PARROT**



From Left: Tim Calliecrate, Philip Horan, Kendra Wong, Peter Morris, and Matthew Dent

## BOARD OF TRUSTEES

### Kendra Wong

Kendra Wong earned an M.B.A. from Arizona State University and a B.S. in Economics from UC Davis, where she also minored in Communication. She began her professional career with PricewaterhouseCoopers, LLP in their audit practice. Kendra has worked in the ski resort, medical device, and power industries and maintains an active CPA license in California. Although her educational foundation is in economics, Kendra's professional concentration since 2001 has been in accounting and finance. She has extensive experience in general ledger accounting, SEC reporting, and SOX audits. Kendra joined the Sierra Nevada College faculty as an adjunct in spring 2007. She teaches accounting, finance, entrepreneurship, and general management courses and serves as a student academic

advisor. Kendra has been recognized by faculty, staff, and students as an outstanding advisor and faculty member. Kendra was promoted to Business Department Chair in Fall 2013. Kendra was recognized as the Faculty Advisor of the Year by Nevada's Center for Entrepreneurship and Technology in 2013. In 2014, Kendra stepped up to lead Nevada's higher education institutions to put on the D.W. Reynolds Governor's Cup business plan competition. Outside of the classroom, Kendra enjoys the outdoors just as much as her students do. Kendra is an avid skier during the winter and enjoys running, hiking, and biking during the summer.

Ms. Wong is currently serving her first term on the IVGID board of trustees after being elected in 2014, and currently holds the position as the board Chairperson, and her terms expires in 2018.

916.251.9664  
wong\_trustee@ivgic.org

### Phil Horan

Phil Horan and his wife Jan and have been property owners in IVCB since September 1990 and have been full time residents since March 2001.

Trustee Horan graduated from Creighton University with a degree in Business Administration. Prior to retirement in 2001 Phil worked 28 years for Bank of America and 9 years with Perot Systems with many years of executive management experience. He also spent more than 15 years living and working internationally.

For the past 15 years, Phil has been active and participated in a variety of local and Washoe County community activities in leadership positions which currently include Washoe County Planning Commission and Washoe County Board of Equalization. Locally he is a past President of Incliners and Treasurer of Marine 9.

Trustee Horan was appointed to the Board December 3, 2015 to fulfill a vacancy. He currently serves as Vice Chairman of the Board and is Chairman of the Boards Audit Committee; He was elected to serve a 4 year term on the Board of Trustees beginning 2017.

775.544.6561  
horan\_trustee@ivgid.org

### **Tim Callicrate**

Tim Callicrate is a sole-owner proprietor business owner and full-time, year-round resident since June of 1985. Tim has been a professional pianist/vocalist for over 30 years. He has been the staff pianist at the Hyatt's Lone Eagle Grille, Martis Camp, as well as the Director of Music at St. Francis Catholic Church. Additionally, Tim has been a substitute teacher at Lake Tahoe School and a Docent at the Thunderbird Lodge. He produced two compact discs of background piano music entitled 'Serenade From Tahoe' which have been steadily climbing the charts on Pandora, iTunes, Amazon and CD Baby, to name a few.

Tim had previously served on the Board of Trustees in 1997 - 2000. Tim is currently serving his second term as IVGID Trustee after being elected in 2014, and holds the position of the board Secretary, and his term expire in 2018.

775.336.9925  
callicrate\_trustee@ivgid.org

### **Matthew Dent**

Matthew Dent was born in Watsonville, CA and moved to Nevada with his wife Tara in 2007. He earned a Bachelor's degree in Construction Management from California State University, Chico and a Master's in Business Administration from the University of Nevada, Reno.

Matthew has more than 20 years of experience in hospitality, customer service, and construction management. Over the last 10 years, he has collaborated with many local, state, and federal agencies while serving on executive teams for construction projects totaling more than \$500 million. More recently, he spends his time working on a few different businesses in real estate redevelopment, finance, and international education.

Since being appointed to the Board of Trustees in September 15', Matthew was elected in November 16' and will serve a 4-year term, which expires in 2020.

775.298.1005  
dent\_trustee@ivgid.org

### **Peter Morris**

Peter Morris was born and raised in England and immigrated to the US 25 years ago. Working for major international corporations as well as numerous start-ups, his focus has been the delivery and implementation of technology in healthcare. He has worked with

organizations and governments around the world including Europe, North America and South East Asia.

Peter owns BrightStar Care of Reno, a homecare and home health agency providing support for seniors and people of all ages to remain at home to receive care and enable to them to age in place. BrightStar serves northern Nevada including Incline Village.

An avid sportsman, Peter was a rugby player for most of his adult life. He is a passionate skier, snowboarder and mountain biker and it was in pursuit of the perfect combination of a snow and summer lifestyle that inspired his move to Lake Tahoe in 2005.

Peter is a very dedicated father with one young teenage daughter, two adult children and four grandchildren. Collectively they are all wonderful apples of his eye!

Peter is also passionate about the arts, and thoroughly enjoys being a part of our local Incline Follies' productions. Though his free time limits him to merely being in the audience of other productions these days, he still yearns to once again maybe 'tread the boards'.

Peter was elected to serve a 4-year term on the Board of Trustees beginning 2017.

775.273.8371  
morris@trustee@ivgid.org

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## Menath Insurance

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# 2017-18 WINTER CALENDAR

## ONGOING

Tuesdays & Fridays - Tahoe Tiny Timbers Gym Time through May 11, 2018

Tuesdays & Thursdays - Shotokan Karate at the Rec Center

Thursdays - Conversation Café meets at Aspen Grove

Tuesdays - 55+ Snowshoe Hikes & Lunch through March (weather permitting)

1st & 3rd Tuesdays - Incliners Potluck/themed dinners

Beginning January 10 - 55+ Ski Clinics at Diamond Peak every Wednesday morning through April 11

Beginning February 10 - Last Tracks Wine & Beer Tasting Events at Diamond Peak (Saturdays through April, no event 2/17)

## DECEMBER 2017

Youth Basketball League begins

Holiday Tree Recycling Program: Drop off site open Dec 22, 2017 to Jan. 29, 2018

12|15 Diamond Peak Kick-off Party

12|15 Happy 25th Anniversary Incline Village Recreation Center!

12|16 Northern Lights Santa Crawl – Incline Village/Crystal Bay

12|17 Northern Lights Music Concert at Crystal Bay Club

12|20 Interpretive Ski Tour at Diamond Peak

12|24-25 Santa & Penguin Pete Visit Diamond Peak

12|26 & 28 Household Hazardous Waste will not be open

12|27 -29 EPIC Base Camp

## JANUARY 2018

Incline Village/Crystal Bay Veterans Club - meetings are held the last Thursday of the month

Curbside Tree Roundup Week: Jan. 8- 12, 2018

1|08 Youth Swim Lesson Registration Opens

1|10 Digital Photography Club

1|03-05 EPIC Base Camp through Jan.5

1|14-15 SNC Ski Race at Diamond Peak (AM only)

1|16 Youth Swim Lessons - Winter Session III begins

1|21 Youth Swim Lessons – Winter Session C begins

1|22-25 Learn to Ski & Ride Week at Diamond Peak

1|24 Interpretive Ski Tour at Diamond Peak

## FEBRUARY 2018

Winter Coed Adult Volleyball Leagues begin

Annual Fitness Challenge begins!

2|02-03 DPSEF Ullr Fest at Diamond Peak

2|05 – 2|11 IVGID Community Appreciation Week at Diamond Peak (free tickets for IVGID PPH)

2|09 Community Snowshoe Hike to Diamond Peak's Snowflake Lodge

2|10 Interpretive Ski Tour at Diamond Peak

2|14 Digital Photography Club

2|19 Youth Swim Lesson Registration Opens

2|25 Youth Swim Lessons – Winter Session D begins

2|26 Youth Swim Lessons - Winter Session IV begins

## MARCH 2018

3|02 Community Snowshoe Hike to Diamond Peak's Snowflake Lodge

3|11 Diamond Peak Retro Ski Day & Season Passholder Party

3|14 Digital Photography Club

3|23 UnBirthday Day at Diamond Peak

3|24 Underwater Egg Hunt

3|25 18th Annual Dummy Downhill

3|26 Youth Swim Lesson Registration Opens

3|30 Eggstravaganza

3|30-4|1 Luggi Foeger Uphill/Downhill Festival

3|31 Interpretive Ski Tour at Diamond Peak

CALIFORNIA  
NEVADA

Lookout Rd  
Lakeview Ave  
Wassou Rd  
Tuscadero Rd  
Wassou Rd  
Northlake Dr  
Teresa Wy  
Teresa Ct  
Goshute Rd  
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Palarte Rd  
Anaho Rd  
Gonwable Rd

CALIFORNIA  
NEVADA

**INCLINE VILLAGE**  
GENERAL IMPROVEMENT DISTRICT  
ONE DISTRICT - ONE TEAM  
Unofficial District Map

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Lake Tahoe, Nevada

**LAKE TAHOE**

**Crystal Bay**



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\*Information from IVBOR is deemed reliable and accurate but is not guaranteed.  
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